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Comparative demography of a rare species in Florida scrub and road habitats

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ABSTRACT

Anthropogenic habitats can offer opportunities for expansion of rare species. The federally listed herb *Hypericum cumulicola* is virtually restricted to natural gaps within fire-maintained Florida scrub, but also occurs within and along sandy roads traversing scrub. To test the hypothesis that sandy roads provide suitable habitat for *H. cumulicola*, we compared the demographic performance of scrub and road populations at the Lake Wales Ridge State Forest and Archbold Biological Station in south-central Florida. Twice a year in February and August 1997–2006, we assessed recruitment and survival; annually in August we also measured maximum height and estimated reproductive output of tagged individuals. Scrub population dynamics were more stable than road populations. Recruitment increased with rainfall in scrub populations, but not always in road populations. Compared with scrub populations, road populations were weedier, with more variable life spans, earlier flowering, and higher fecundity. Germination rates did not differ between individuals from different habitats, but varied depending on simulated weather conditions. The weedier life history may reflect a divergent selective environment (and perhaps an evolutionary and ecological trap). Alternatively, adaptive plasticity in *H. cumulicola* may allow the species to maintain populations in anthropogenic habitats that can serve as refugia for fire-suppressed scrub populations.

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1. Introduction

Human-altered habitats expose native species to environmental conditions deviating from the natural habitats in which they evolved. By altering basic demographic, ecological and genetic characteristics, anthropogenic habitats may either enhance or jeopardize species persistence (e.g. Baker, 1974; DeWet and Harlan, 1975; MacNair, 1987; Bradshaw and Hardwick, 1989). For example, roads generally have negative impacts on the landscapes they traverse (Andrews, 1990; Evink et al., 1996; Forman and Alexander, 1998; Forman, 1995, 2000; Forman et al., 2003; Trombulak and Frissell, 1999;

Hourdequin, 2000). However, roads (and similar features such as utility easements, firelanes and railroad embankments) may also function as refugia for some species and provide corridors between natural areas (Andrews, 1990). In addition, semi-improved roads may provide habitat for native plant species whose habitat requirements are mimicked by roadside conditions (Forman, 1995; Petru and Menges, 2004).

Florida scrub ecosystems on the Lake Wales Ridge in south-central Florida are pyrogenic communities (Menges, 1999; Myers, 1990) providing habitat for 21 narrowly endemic and federally listed plants (Christman and Judd, 1990; USFWS, 1999). Although 85% of these ecosystems has been lost to

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agricultural, commercial and residential development (Peroni and Abrahamson, 1985), aggressive land acquisition by government and private agencies has created an extensive network of conservation areas along the approximately 160 km long, 30 km wide Ridge (Turner et al., 2006). Typically, managed areas are criss-crossed by firelanes, semi-improved roads, or paved roads in defunct subdivisions. Few uninterrupted areas of intact vegetation >40 ha remain.

The expansion of scrub endemics to road habitats could affect their life histories and population dynamics, but this has not been previously examined. Many of the plants endemic to the Lake Wales Ridge are herbs and subordinate shrubs historically restricted to natural gaps in Florida scrub ecosystems, particularly Florida rosemary (*Ceratiola ericoides*) scrub (Johnson and Abrahamson, 1990; Menges and Kimmich, 1996; Quintana-Ascencio and Morales-Hernández, 1997; Menges and Quintana-Ascencio, 2003). Their populations undergo both short-term and long-term density fluctuations, with increases most often occurring after fires that may release individuals from competitive exclusion by dominant shrubs (Johnson and Abrahamson, 1990; Menges and Kimmich, 1996; Quintana-Ascencio and Morales-Hernández, 1997; Quintana-Ascencio et al., 2003; Menges and Quintana-Ascencio, 2003). Today, many of these open-sand specialists also occur in mechanically disturbed sites such as sandy roads and roadsides, firelanes, and similar areas. Mechanical disturbances may release subordinate plants from competition with large shrubs (Breininger and Schmalzer, 1990; Greenberg et al., 1995). However, the apparent advantage provided by disturbed habitats may be counterbalanced by deleterious environmental (e.g., soil moisture changes and compaction, sand accretion and temperature extremes) and biological (e.g., invasion of exotic and weedy species) changes (Greenberg et al., 1997; Parendes and Jones, 2000; Larson, 2003; Petrů and Menges, 2004).

Our objective was to compare the demographic performance of scrub vs road populations of the narrow endemic *Hypericum cumulicola*, a gap specialist of Florida rosemary scrub and oak scrub (scrubby flatwoods) that also occurs in roads and similar disturbed habitats. We hypothesize that these anthropogenic habitats create populations with a divergent demography and life history, including earlier age at first flowering, greater fruit production and more variable densities, as compared to scrub populations.

2. Methods

2.1. Study species

H. cumulicola (Small) P. Adams (Hypericaceae); Highlands scrub hypericum) is a federally listed endangered herb, narrowly endemic to the southern third of the Lake Wales Ridge in south-central Florida (USFWS, 1999). Most *H. cumulicola* populations occur in xeric white sand habitats, mainly in Florida rosemary scrub, preferentially occupying gaps devoid of competing woody vegetation (Quintana-Ascencio and Morales-Hernández, 1997). Populations also occur in xeric oak scrub and on sandy roads and roadsides traversing its preferred scrub habitats. *H. cumulicola* is a perennial

herb <50 cm tall that may produce hundreds to thousands of flowers annually (Quintana-Ascencio and Morales-Hernández, 1997). Flowers are bisexual and self-compatible, though rates of autogamy are low, probably due to the spatial separation of male and female reproductive organs (Evans et al., 2003). Fruits are thin-walled capsules containing 10–20 seeds (Evans et al., 2003), which form a persistent seed bank (Quintana-Ascencio et al., 1998). Most germination occurs between November and March.

Three lines of evidence suggest the occurrence of meta-population dynamics in *H. cumulicola*: (1) individuals experimentally transplanted to previously unoccupied and occupied gaps in Florida rosemary scrub gaps display similar demographic dynamics (Quintana-Ascencio and Menges, 1996); (2) there is significant positive relationship between *H. cumulicola* occurrence and scrub patch size and aggregation, with lower extinction risk and higher colonization rates in large and aggregated populations (Quintana-Ascencio and Menges, 1996); and (3) isozyme analyses show high levels of population differentiation and restricted gene flow among populations ($F_{ST} = 0.73$, $N_m = 0.09$; Dolan et al., 1999; Menges et al., 2001).

2.2. Study sites

This study was conducted at two locations, one near either end of *H. cumulicola*'s distribution. Lake Wales Ridge State Forest/Arbuckle (27°40'47" N, 81°26'10" W) is near the northern limit of *H. cumulicola*'s range while Archbold Biological Station (27°10'50" N, 81°21'0" W) is near its southern limit (Table 1). At Arbuckle, we sampled eight *H. cumulicola* populations, two each in Florida rosemary scrub and oak scrub and four in roads (roadsides and berms – sand mounds running parallel to a road at slightly higher elevation). At Archbold, we studied one Florida rosemary scrub and one roadside population. Some scrub populations were prescribe-burned during the study (Table 1), but others have been unburned for at least 30 years. Of the five road sites, four were free of vehicular traffic throughout the study, while one road site (roadside 2) was occasionally driven on, possibly resulting in some additional plant mortality due to traffic.

2.3. Demographic data collection

We collected demographic data with slightly different sampling designs at the two study locations. At Arbuckle, sampling of plants regardless of life stage was conducted within 196 1 × 2 m random plots extending across occupied gaps in eight populations (20–27 plots per population; Table 1). At Archbold, we have studied 14 populations since 1994 (Quintana-Ascencio et al., 2003), but this paper includes data from complete censuses of two populations (Scrub SSR1 and near-by roadside), from 1997 to 2006 (Table 1).

At both sites, we surveyed for seedling recruitment and survival of tagged individuals each February from 1997 to 2006. Each August, we also censused tagged individuals for plant height and reproduction (number of buds, flowers and fruits). In 1994, 1995, 1996, 1998, and 2000, we counted the number of reproductive structures on each individual. For all other years, we used linear regressions predicting the

Table 1 – Populations of *Hypericum cumulicola* studied in natural and anthropogenic habitats at Lake Wales Ridge State Forest (Arbuckle Tract) and Archbold Biological Station (through 2006)

Location	Habitat	Burn unit	Initial census	# Gaps	# Plots	# Plants
Arbuckle	Florida rosemary scrub 1	BC03	1996	4	27	349
	Florida rosemary scrub 2 ^a	SU14	1997	2	25	301
	Oak scrub 1 ^b	GF23	1996	7	25	510
	Oak scrub 2	BC06	1997	4	20	140
	Abandoned sandy roadside 1	BC05	1997	3	25	345
	Sandy roadside 2	GF14	1996	4	25	530
	Road berm 1	GF23-BC05	1996	7	24	602
	Road berm 2	BC03	2001	2	25	57
Archbold	Florida rosemary scrub 3 ^c	SSR 1	1994	10	– ^d	720
	Sandy roadside 3	SSR 1	1994	1	– ^e	391

Plants is the total number of plants studied in each site (total $N = 3945$). Plot area = $1 \times 2 \text{ m}^2$.

a Burned in 2002 and 2005.

b Burned in 1995 and 2002.

c The north part burned in 1999.

d In this paper, we analyze data from a complete census of a 273 m^2 area starting 1997.

e In this paper, we analyze data from a complete census of a 45 m^2 area starting 1997.

number of fruits from plant height and number of stems (logarithm-transformed data; all $r^2 > 0.75$, $n = 20$ plants per site per year; Quintana-Ascencio et al., 2003). In 3 years (1995, 1996, 1998), we collected the most distal mature fruit of 20 randomly selected individuals in each population in order to quantify seed production per fruit.

2.4. Germination experiment

To obtain data on seed germination, we conducted an experiment in a controlled environment using a Conviron (Controlled Environments Limited) double-chambered growth chamber. In August 2000, we collected *H. cumulicola* fruits from individuals in roadside and scrub populations at Archbold, Arbuckle and a third site, Lake Apthorpe Preserve. We dissected fruits under a microscope, discarded light-colored and damaged seeds, and placed intact seeds on moist filter paper in petri dishes ($n = 2400$ seeds; 20 seeds/individual/habitat/site/simulated weather condition; 10 individuals per habitat, two habitats per site, three sites, two simulated weather conditions). Seeds were exposed for four months to one of two simulated weather condition, defined by temperature and photoperiod. Simulated winter and summer temperature regimes were based on hourly mean temperatures collected by digital Hobo data loggers (Onset Computer Corporation) at Archbold in February and June 2000. We obtained photoperiod values from daily sunrise/sunset data at Archbold Biological Station (Astronomical Applications Department, US Naval Observatory).

2.5. Analysis

We used a Kruskal–Wallis test to compare the life span of seedling cohorts in different locations and a Levene test to assess their variance heterogeneity. We compared variation in height among individuals from different habitats (data pooled across cohorts) with an ANOVA for height in year one, and with three repeated measures analyses, for groups of individuals surviving from 1 to 2, 1 to 3, and 1 to 4 years.

We adjusted degrees of freedom with Greenhouse–Geisser epsilon (> 0.805 in all cases). For multiple post hoc comparisons of heights, we used a Games–Howell test because their variances were heterogeneous. The differences in number of reproductive structures (for each age) among habitats (data pooled across cohorts) were assessed with Kruskal–Wallis and Mann–Whitney U tests. We corrected the experiment-wise error rate from the multiple comparisons with the Bonferroni method (Sokal and Rohlf, 2000). To assess the relationship between annual number of seedlings and precipitation by season, we calculated simple linear regressions (1998–2005). We used SPSS 11.01 (SPSS, 2000) for all statistical tests.

3. Results

3.1. Demographic variation

H. cumulicola population trajectories varied markedly between scrub and road populations (Fig. 1). Scrub populations showed higher population stability, with plants present during all censuses, even when fires (arrows, Fig. 1) killed most plants. In contrast, three of the road habitats had no plants at least once (roadside 1, roadside 3, berm 2; Fig. 1). The numbers of seedlings found in both rosemary and oak scrub populations at both sites, and the berm populations, were positively associated with rainfall, while seedling recruitment in roadside populations was more variable and cued to rainfall in only one of two sites (Figs. 1 and 2). Considerable declines in roadside populations were associated with high rainfall during the winter 1997–1998 (558 mm during 1997–1998 at Arbuckle vs 215 mm normal winter precipitation between 1995 and 2006; 547 mm vs 184 mm, respectively, at Archbold) and, in two cases, roadside populations were eliminated by flooding. Scrub populations were largely removed by fire and increased to varying degrees post-fire.

Life span differed between scrub and road populations. Mean median life span among the five scrub populations (mean \pm std: 2.01 years \pm 0.26) was less variable than among

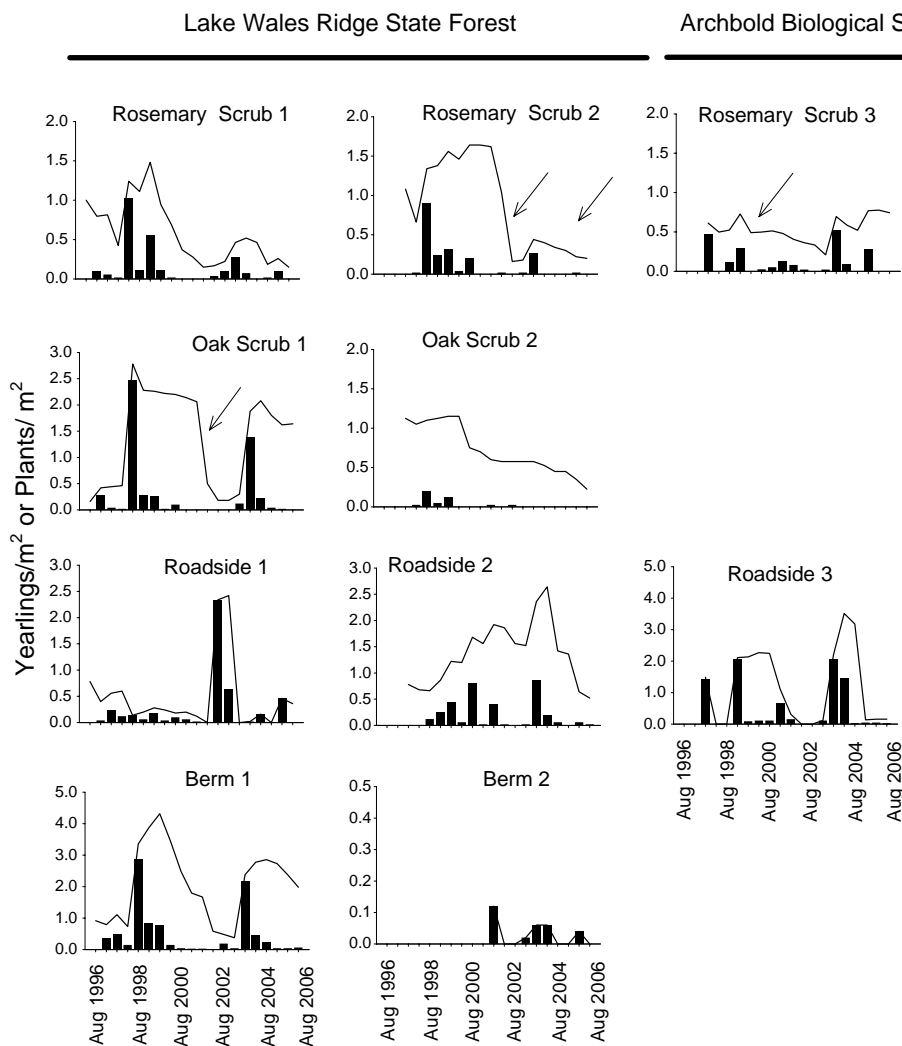


Fig. 1 – Mean plant density (black line, individuals/m²) and number of new recruits surviving to census (bars, yearlings/m²) of *Hypericum cumulicola* in scrub habitats (Florida rosemary scrub and oak scrub) and road habitats (roadside and berm). Arrows indicate the occurrence of prescribed fires. Notice different scales in the y-axes.

the five road populations ($1.65 \text{ years} \pm 0.79$; Levene's $F = 5.8$, $df = 8$, $p = 0.043$, Fig. 3). If the longest-lived road population is removed from analysis, road populations have significantly shorter lifespans than scrub populations ($z = 2.2$, $p = 0.032$, $n = 9$).

Height growth was slower in oak scrub than for plants in other habitats, and somewhat slower in Florida rosemary scrub than road habitats over some time periods (Fig. 4). For one year old plants, heights of plants in roadside and Florida rosemary > berm plants > oak scrub (ANOVA $F = 26.5$, $df = 3$, 1824 $p < 0.001$; post hoc tests significant at $p < 0.001$). Repeated measures ANOVAs always showed a highly significant effect of habitat on growth (interaction of habitat and age; $F > 9$, $p < 0.001$ for all three analyses). Post hoc tests showed that plants grew fastest from 1 to 2 years on the berm or in rosemary scrub, as compared with roadsides. Plants in oak scrub grew slowest. From years 1 to 3, plants on the berm grew faster than either scrub habitat, while plants on roadsides or rosemary scrub grew faster than oak scrub. Finally, for years 1–4, oak scrub plants had

grown the least, while the other three habitats had similar growth.

Individuals in road populations flowered earlier than those in scrub populations. There was a higher frequency of plants flowering for the first time at ages 1 and 2 and a lower frequency of plants flowering for the first time at ages >2 in roads than in scrub (Fig. 5, $G_9 = 219.5$, $p < 0.001$). All pairwise comparisons among habitats were significant. Most roadside plants started flowering during their first year, the berm plants peaked in the second year (ages 1 and 2), rosemary individuals peaked across years 1–3, and oak scrub plants had little pattern in first year of flowering among the 4 years (Fig. 5). Average age at first flowering was 1.45 years for roadside individuals, 1.88 for rosemary scrub, 1.89 years for individuals on the berm, and 2.65 years in oak scrub (only flowering individuals considered).

Road plants also had higher fecundity as measured by median number of fruits than scrub plants (Fig. 6). The overall Kruskal–Wallis test was significant ($p < 0.003$ for all ages). At all ages, plants in oak scrub had the lowest reproductive out-

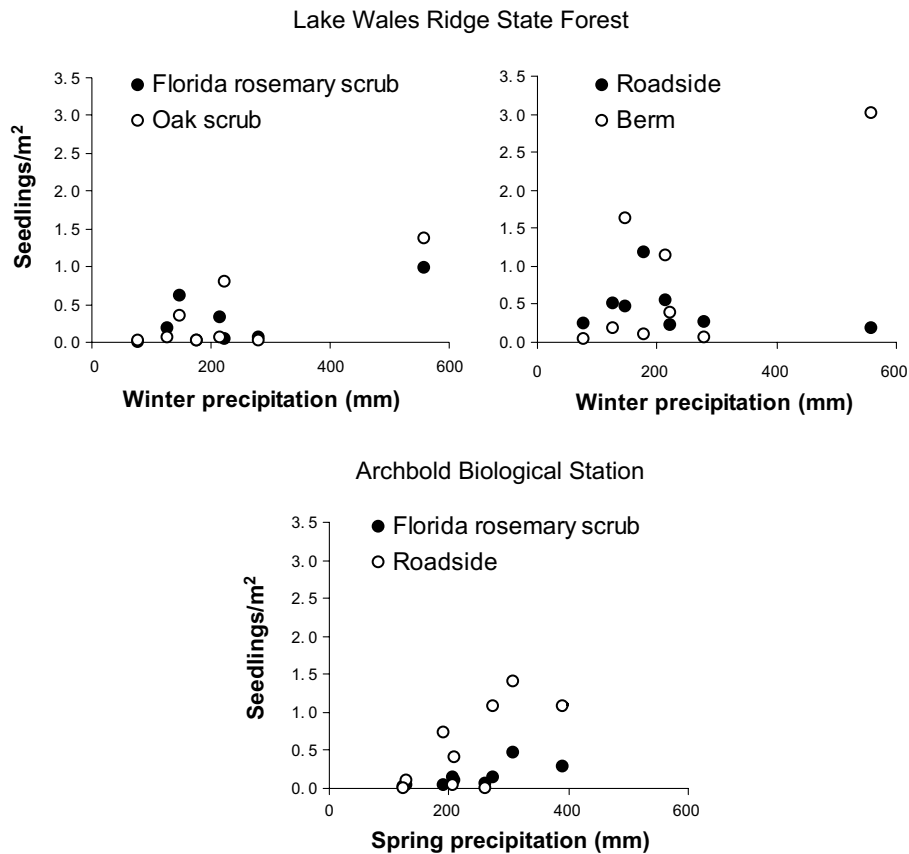


Fig. 2 – Number of *Hypericum cumulicola* seedlings per year in relation to winter (December, January and February) or spring (March, April, and May) precipitation (mm). At Lake Wales Ridge State Forest/Arbuckle, number of seedlings/year was positively correlated with winter precipitation for populations in Florida rosemary Scrub, $r^2 = 0.51$, $P = 0.047$; oak scrub, $r^2 = 0.65$, $P = 0.015$, and berm, $r^2 = 0.58$, $P = 0.029$, but was not significantly correlated for seedlings at the roadside, $r^2 = 0.10$, $P = 0.434$. At Archbold, spring precipitation was positively correlated with number of seedlings/year for both habitats: Florida rosemary scrub, $r^2 = 0.51$, $P = 0.047$, and roadside, $r^2 = 0.44$, $P = 0.030$; precipitation in other seasons was not significantly correlated with seedling number.

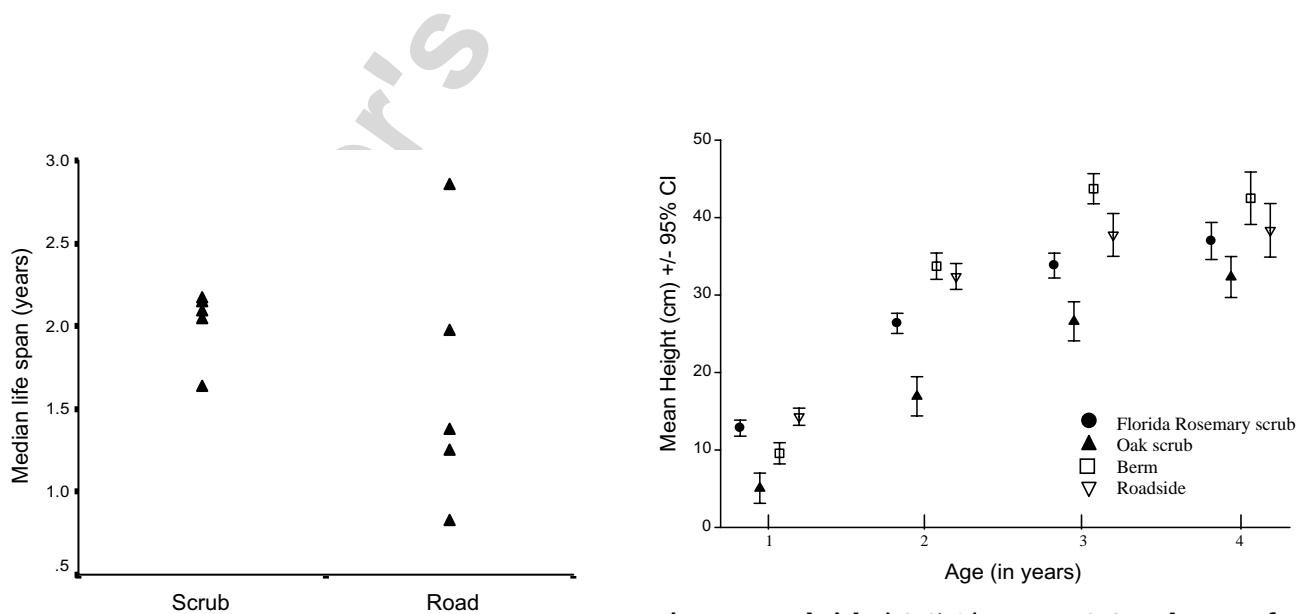


Fig. 3 – Median life spans of *Hypericum cumulicola* per site in native (rosemary scrub and oak scrub) and road habitats (roadside and berm).

Fig. 4 – Mean height ($\pm 95\%$ CI) at age 1, 2, 3, and 4 years for *Hypericum cumulicola* in native (rosemary scrub and oak scrub) and road habitats (roadside and berm). Data are pooled across cohorts and sites.

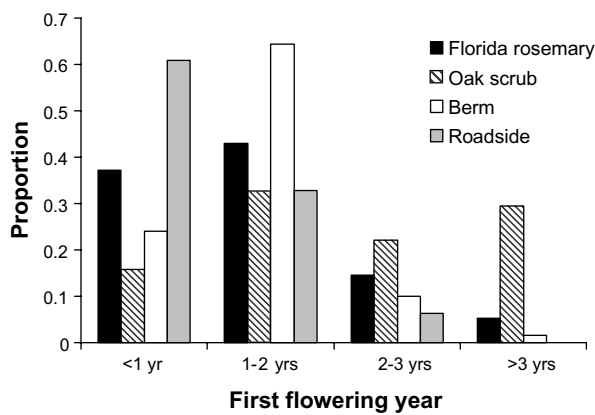


Fig. 5 – Proportion of *Hypericum cumulicola* plants first flowering at different ages in native (rosemary scrub and oak scrub) and road habitats (roadside and berm). Data pooled across cohorts and sites.

put (Fig. 6). Roadside reproduction was higher than scrub plants in years 2–4 and higher than berm plants in years 2–3.

3.2. Germination

Germination under controlled conditions did not show consistent pairwise differences between roadside vs Florida rosemary scrub populations. Overall, germination was higher under simulated winter conditions; however there was a significant two-way interaction between site and habitat, and a three-way interaction among site, habitat, and simulated weather (Table 2). Winter germination was higher than summer germination for seeds from the scrub and the roadside sites at Archbold (in scrub, 31% germination in winter regime vs 12% in summer regime; in roadside, 34% vs 23%), from the scrub at Arbuckle (71% vs 19%) and from the roadside in Apthorpe (54% vs 8%). In contrast, seeds from the roadside in Arbuckle (15% vs 22%) and in the scrub in Apthorpe (9% vs 23%) had higher germination during the summer regime.

4. Discussion

In *H. cumulicola*, road populations differ dramatically from scrub populations. Road plants have a weedier life history, with faster growth, more variable life spans, earlier reproduction, and higher fecundity. Most individuals in scrub are killed by fire but these populations recover rapidly via a persistent soil seed bank (Quintana-Ascencio et al., 2003). Road populations generally do not burn but are subject to other catastrophic events (e.g., flooding) against which scrub populations may be buffered by the surrounding vegetative community. Seedling recruitment in scrub populations is positively affected by rainfall, but rainfall has variable effects on road populations. Road population dynamics are more variable than scrub population trajectories. Most of these road population traits, particularly the variable population dynamics, earlier reproduction, and higher fecundity, are typical of weedy species (Baker, 1974).

H. cumulicola road populations had some similarities to demography in recently burned scrub, but there were also key differences. Seedling recruitment of *H. cumulicola* is high both on roads and shortly after fire in both oak and rosemary scrub. The absence or scarcity of large shrubs on the roads, and the reduction of shrub aboveground biomass after fire, may reduce competitive effects on herbaceous species like *H. cumulicola* (Quintana-Ascencio et al., 2003). However, these open conditions persist along roads, whereas scrub sites shift towards a more closed structure as most shrubs resprout and quickly recover prefire biomass between fires (Menges and Hawkes, 1998). Compared to unburned populations, *H. cumulicola* in recently burned scrub and roads had faster growth, earlier reproductive maturity, and higher fecundity (Quintana-Ascencio and Morales-Hernández, 1997; Quintana-Ascencio and Menges, 2000; Quintana-Ascencio et al., 2003). However, scrub *H. cumulicola* plants have less variable lifespan and lower reproductive output than road plants and have more subdued population fluctuations. In contrast, road populations had a wider range of density variations and different population structure, with fewer vegetative plants, than populations in scrub.

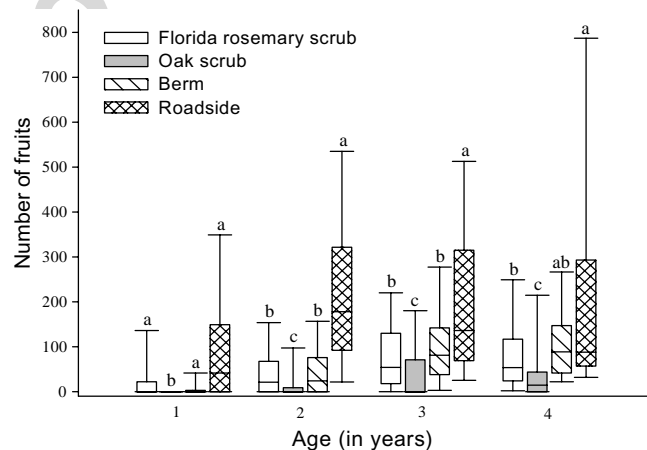


Fig. 6 – Median *Hypericum cumulicola* fruit number ($\pm 25\%$ and 75% percentiles) by age in native (rosemary scrub and oak scrub) and road habitats (road and berm). Data pooled across cohorts and sites. Letters indicate significant differences within ages using Mann–Whitney *U* test corrected by Bonferroni criteria.

Table 2 – Analysis of variance of *Hypericum cumulicola* percent germination (angular transformed) in relation to site (Arbuckle, Archbold, Apthorpe), habitat (roadside, Florida rosemary scrub), and simulated weather (winter, summer)

Source of variance	df	Mean square	F	P
Habitat	1	0.00009	0.002	0.967
Site	2	0.108	1.963	0.146
Simulated weather	1	1.072	19.558	<0.0001
Habitat * Site	2	0.626	11.419	<0.0001
Habitat * Weather	1	0.003	0.047	0.830
Site * Weather	2	0.008	0.147	0.864
Habitat * Site * Weather	2	1.353	24.680	<0.0001
Error	106	0.05		

Seedling establishment patterns differed between roads and scrub populations. Higher soil moisture in the roads (Quintana-Ascencio et al., unpublished data) may explain the higher germination of *H. cumulicola* in roads than in scrub gaps during the dry, winter and spring months of 2000 and 2001. In controlled environments, populations of *H. cumulicola* had significantly higher germination in simulated winter conditions, with lower temperatures and shorter daily light schedules, than in the summer simulated conditions. However during the wet El Niño winter of 1997–1998 (Buizer et al., 2000; Groetzner et al., 2000) roadside flooding was associated with fewer seedlings. During the same interval, scrub and (elevated) berm populations had the highest germination.

Road and scrub habitats may differ in other ways. For example, herbivore pressures may be different in environments resulting from human activity. Liu and Koptur (2003) found that plants at a forest edge suffered higher seed predation than plants in forest interior. In our system, the proportion of *H. cumulicola* plants with herbivory was higher in scrub habitats than in road habitats (Brudvig and Quintana-Ascencio, 2003). Roads are particularly prone to sand movements (Petru and Menges, 2004) which could affect germination and survival of established plants. Roads provided higher moisture and lower soil temperatures than scrub gaps during the driest and coldest months of the year (Quintana-Ascencio et al., unpublished data). These and other environmental differences suggest that roads may constitute divergent and highly variable selective environments. Alternatively, adaptive plasticity in *H. cumulicola* may allow the species to maintain populations in anthropogenic habitats that thereby provide refugia for fire-suppressed scrub populations.

The spread of scrub populations of *H. cumulicola*, and other gap specialists, from their natural habitats into a relatively recent anthropogenic habitat can have multiple consequences. Road environments may be “Ecological and Evolutionary Traps” (Schlaepfer et al., 2002) that can dissociate current life history from evolved traits and change extinction risks. In these circumstances, the colonization of roads by maladapted genotypes may produce population sinks (Pulliam, 1988). Alternatively, dispersal by genotypes able to survive and reproduce in the novel habitat through phenotypic plasticity, or rapid adaptation, could increase species persistence in the landscape (Allard and Bradshaw, 1964; Blais and Lechowicz, 1989; Stearns, 1989; Kingsolver et al., 2002; Sultan and Spencer, 2002). If life history differences between road and scrub

populations of *H. cumulicola* are plastic, road populations could “rescue” scrub populations lost between fires, following the re-introduction of fire.

Potential demographic and genetic changes resulting after *H. cumulicola* colonization of road habitats are particularly relevant in the context of the widespread occurrence of human disturbance and fire suppression in scrub habitats. For example, unimproved roads occupy 5.76 km/km² at Archbold Biological Station and 2.66 km/km² at Lake Wales Ridge State Forest. This estimate is as high as previous assessments of paved roads in relatively dense populated areas in the United States (Heilman et al., 2002).

Even if roads are a divergent selective environment affecting *H. cumulicola*, is this really a problem for the species' persistence? If road genotypes are able to swamp scrub genotypes, the resulting plants may be less likely to deal with conditions in the scrub. Periodic fire within Florida scrub may maintain a mix of genotypes and plastic responses that will allow *H. cumulicola* populations to persist in variable environmental contexts. Given this possibility, to assure the conservation of scrub-adapted traits in these Florida scrub species, road networks should not exceed minimal requirements for access and fire management.

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