



PCB 4723
Animal Physiology
Fall 2023



Course Description

This course will elaborate extensively on the major topics of animal physiology. It will focus mostly on the study of vertebrate physiology and with emphasis on mammals, but examples of physiological processes in invertebrates will also be included. Topics will include neurophysiology, neurotransmission, sensory reception systems, the central and peripheral nervous systems, the endocrine, circulatory, urinary, respiratory, and digestive systems, osmoregulation, muscle physiology, motor outputs, and behavior.

This is a face-to-face lecture course with in-person and online assignments.

Prerequisite: PCB 3023 with a C or better, or C.I. Relevant topics that are covered in the pre-requisite course will be reviewed briefly in the context of the course topics but will not be covered in greater detail. Therefore, only students who have taken PCB 3023 or an equivalent should be taking this course.

Instructor: *Dr. Walter D. Sotero*

Instructor's Office: Bio 202B

Email: wsotero@ucf.edu (please indicate PCB 4723 in your messages)

Section Number: 0001 (84039)

Meeting Times: TuTh 9:30-11:20AM

Classroom: Bio 209

Office Hours: TuTh 11:30AM-1:00PM

Course Objectives

Students should demonstrate understanding of how specific organs and organ system work in different groups of animals and be able to identify parallels and distinctions. Students should also understand how the different organs interact with each other in a concerted and regulated way. The general learning goals are:

- Understand the mechanisms of electrophysiology and neurotransmission, and their importance in the physiology of all animal organ systems.
- Understand how the different sensory reception systems work and how they differ among groups of animals.
- Understand the endocrine system and how it regulates the functions of other organs and organ systems in mammals.
- Understand how individual muscles work and how the activities of groups of muscles are regulated and coordinated to produce specific animal behaviors.
- Understand how the circulatory and respiratory systems work, and the interactions between these two systems, in both air-breathing and water-breathing animals.
- Understand how the osmoregulatory and urinary systems work, and compare the osmoregulatory strategies of different groups of vertebrates.
- Understand how food acquisition, digestion, and absorption occurs in mammals.

References and Resources

The online resources for this course are on **webcourses** (your PCB4723-23Fall 0001 course on <https://webcourses.ucf.edu/>). This course is organized in a series of **Modules** (the “**Modules**” link and the **schedule of topics** are on the home page of webcourses). Each module will contain **class notes** as downloadable PowerPoint files.

Some modules will also contain links to *assignments* and other resources such as downloadable PDF files. You will also find all the downloadable resources in the “**Files**” link of webcourses. You may bring printouts of these files to class, or you may access them in the classroom from a laptop, tablet, or phone. As the modules are posted, you will be able to access their contents at any time. *Note:* the recorded lectures produced for the Covid-19 pandemic lockdown have been shelved and will no longer be available as resources for this course.

Textbook: Eckert Animal Physiology: Mechanisms and Adaptations, 5th edition, by Randall, Burggren, and French. Freeman, 2002. Not required.

Assignments and Grading

You will be taking five exams in-person, the final exam online, and all the quizzes online. Special accommodations for all the assignments will be granted to students that are approved by Student Accessibility Services (SAS, see “Course Accessibility” on page 7) for extended exam time and/or alternative testing environment. You will find the online assignments in the “**Assignments**” link on the webcourses home page. You will also see links to the online assignments in the appropriate modules. Be sure you will have reliable internet access to take the online assignments wherever you are. See “Guidelines and Policies for Assignments” on page 4 for more information. All scores will be posted on webcourses (the “**Grades**” link). You will receive a score of 0 for any exam or quiz that you miss.

Exams. There will be five in-person regular exams plus a comprehensive online final exam (see the “exams schedule” on page 3). *Only topics covered in the lectures will be included in the exams.* All the exams, including the final exam, will consist of fifty multiple-choice questions. The total for each exam will be **100** points. The lowest of your *six* exam scores will be dropped and will not count toward your final grade. For example, if you take the first five exams and do not take the final exam, you will receive a score of 0 for the final exam but that score will be dropped and will not count toward your final cumulative score. You will receive a score of 0 for any exam that you miss, but will not count if you take the other five.

Bonus quizzes. In addition to the exams, you will also be offered a series of online bonus quizzes that will be worth a total of 15 bonus points (3% of the grade bonus). The dates, topics, and instructions for the quizzes will be announced in the classroom and the links will become visible in the corresponding modules. You will not see the scores of the bonus quizzes added to your cumulative total until after the fifth exam.

Grading. The following formula will be used to calculate your total score at the end of the semester: sum of your *five* highest exam scores plus your scores in the bonus quizzes, divided by **5**. The following standard grading scheme will be applied to determine your final grade from your total score: 100-90%: A, <90-80%: B, <80-70%: C, <70-60%: D, <60-0%: F. No plus/minus (+/-) grades will be used in the scale. The score of the First Quiz (see “Documenting” on page 4) will *not* count toward your final grade. *There will be no additional assignments or opportunities for extra credit.*

Exams Schedule

You are expected to take the exams on the scheduled days and times. You will have **80** minutes to finish each of the five in-person exams and **75** minutes to finish the online final exam (based on school guidelines). See the "Guidelines" on page 4 for more information about taking the exams. The following is the schedule of exams with the modules covered in each. If any changes to this schedule become necessary, you will be notified well in advance.

<u>Exam Dates</u>	<u>Modules</u>
Exam 1: September 7	1-4
Exam 2: September 28	5-8
Exam 3: October 19	9-13
Exam 4: November 9	14-17
Exam 5: November 30	18-20
Final Exam: December 5, 10AM	1-20

Schedule of Topics for the Fall 2023 semester

<u>Modules</u>	<u>Topics</u>	<u>Chapters*</u>
1	The physiology of neuronal function	5
2	Neurotransmission & the neuromuscular junction	6
3	Sensory reception & chemoreception	7
4	Mechanoreception	7
5	Vision	7
6	The organization of the nervous system	8
7	Endocrine and neuroendocrine systems	9
8	Mammalian hormones	9
9	The physiology of muscle contraction	10
10	The regulation of skeletal muscle contraction	10
11	Behavior	11
12	Sensory and motor networks	11
13	The circulatory system	12
14	Hemodynamics and the regulation of circulation	12
15	Gas exchange & acid-base balance	13
16	Breathing & the regulation of gas transfer	13
17	Osmoregulation	14
18	The mammalian kidney	14
19	The digestive tract	15
20	Digestion and absorption	15

* Eckert Animal Physiology, 5th edition. The actual pages from the textbook will be indicated at the bottom of the first slide of each unit (PowerPoint file). This schedule of topics may be subject to modifications if necessary.

Attendance

Your instructor will not keep a record of your attendance to class. Therefore, you do *not* need to provide excuses for missing classes. However, attending the lectures is

strongly encouraged. The topics to be discussed in class may not be limited to those found in the textbook or class notes.

Please show respect for your instructor and classmates by arriving on time to class and by staying until the lecture is over. Please silence your phones or any other devices during the lectures. *Do not use your phones for talking, texting, or using social media in the classroom during lectures.* No smoking or vaping is allowed in the classroom.

Documenting Students' Academic Activity

All faculty members are required to document students' academic activity at the beginning of each term. In order to comply, please take the **First Quiz** by 11:59 PM on the Friday of the first week of class. You will find this quiz in **module #0**. *Failure to do so may result in a delay in the disbursement of your financial aid.*

When taking this first quiz, make sure you can see the illustrations in this quiz. If not, try a different device. That way you will be ready to see the illustrations in the regular exams. You will be allowed unlimited attempts for the first quiz.

The questions in the first quiz will cover topics from pre-requisite courses. *Although the score will have no impact on your final grade, it should serve as a self-assessment on your readiness for this course.*

Guidelines and Policies for Assignments

- The word “**assignment**” refers to any in-person or online exam or quiz.
- You will be notified well in advance about any changes to the schedule or the format of any assignment.
- *If you will be taking the in-person exams at the Student Accessibility Services (SAS) testing center, there are special additional guidelines that you will need to be aware of (see “Course Accessibility” on page 6).*
- The five regular exams will be **in-person** and the final exam will be **online**. *You are responsible for knowing the dates and times for each exam.*
- For the online assignments, make sure you can distinguish between the day and time an assignment becomes available, and the “**due date**” on webcourses.
- ***Make sure you are using a reliable internet connection for the online assignments.*** If you know your Wi-Fi is not always reliable, consider connecting your computer directly to the internet source, having a hotspot ready, or finding a location where you can take the exam confidently. Your instructor’s ability to help you if an accessibility problem occurs during an online assignment is *very* limited, and you might not get a second chance to complete the assignment.
- ***Honor code:*** do not save or share copies in any form of the questions or answers of the online assignments. Do not disseminate the contents of the online assignments in any way.
- You will only be allowed one attempt per assignment.
- The in-person exams will be offered in the lecture classroom at 9:30AM.
- The online final exam will start at 10:00AM.
- If you are taking the in-person exams in the classroom, you will not need to bring your own scantrons. They will be provided.
- If you arrive late to the classroom on an in-person exam day, you will be allowed to take the exam, but you will be required to finish by the scheduled time.

However, *once the first student has finished the exam and left the room, no other students will be allowed in to begin the exam.*

- You may not have any visible communication devices with you during in-person exams. This includes phones, tablets, laptops, and music players. You may not have any open class notes or textbooks with you during the in-person exams.
- You may not leave the classroom before turning in your exam without authorization. This will result in the disqualification of your exam.
- Know your *Student I.D. Number* for the exams (your PID, not your NID).
- *Do not write the answer letters on the sides of the exam pages. This will be considered enabling cheating and will carry an automatic **2-points deduction** from your exam score.*
- Be sure you have finished filling all the bubbles for your answers and your I.D. number on your scantron before time expires. *You may not take any additional time to do this. Failure to follow this guideline may result in a **2-points deduction** from your exam score.* To avoid this, you are encouraged to complete the I.D. number section of your scantron before answering any exam questions.
- Failure to fill out the I.D. number section on your scantron (and without errors) may result in a delay in receiving your exam score.
- When you take an online assignment, you will see one question at a time, but you will be able to go back to previous questions.
- If the time allowed to finish your online assignment expires before you submit it, it will automatically close, and your answers will be saved.
- Once the exam scores become available on webcourses, you may review them during the regular office hours. Be ready to show a photo identification. However, you may not take any notes or photos when reviewing your old exams.
- *Note: the scores of the bonus quizzes will not be added to your total cumulative score until the scores of the fifth exam become available.*

Make-up exams and Incomplete grades

Requests for rescheduling exams and make-up exams may be granted under special circumstances such as health issues, family emergencies, attendance to professional conferences, post-graduate school interviews, job interviews, military duties, jury duties, religious observances, or any other justified reasons approved by the school. You may be required to produce evidence to justify your case.

A request for rescheduling an exam must be made by email prior to the day of the exam or on the day of the exam at the latest. The day and time to take a make-up exam must be agreed by the student and the instructor. You may not make that decision on your own. Failure to follow these instructions may disqualify you from being granted a make-up exam.

Conflicting exams schedules are not a valid reason for rescheduling exams. The only exception for this rule is if the conflict is due to an exam time extension approved by SAS, in which case you must notify the instructor to make appropriate arrangements. Do not enroll in overlapping courses if it will result in conflicts (see the schedule of exams).

Your work schedule is not a valid reason to miss exams and will not be considered an excuse for granting make-up exams. You are expected to plan your work schedule around your obligations as a student, *not the other way around.* The recent

situation due to the Covid-19 pandemic did not change that. You are expected to take the exams at the scheduled dates and times along with all your classmates regardless of your work schedule. Plan your term accordingly.

Once you take an exam, your score will be recorded and you will not be allowed to re-take it. Do not take an exam if you have an emergency that can be documented. It is important that if you become ill or have any emergency, you contact the instructor immediately and *before* attempting to take an exam.

The instructor will ultimately decide the merit of each case. It is preferable that, if justified, an exam be rescheduled for a date *before* the regularly scheduled day and time (see the schedule of exams), in which case they need to be scheduled at least one weekday in advance. A make-up exam can also be offered after the regularly scheduled exam day and time, but only if justified by properly documented reasons.

There will be no make-up bonus quizzes or the final exam. You will have a twenty-four hour window of time to take each bonus quiz. If you miss a bonus quiz *for any reason other than active duty*, you missed that bonus quiz. The university does not allow make-up final exams. However, you have the option to request an incomplete grade if you have a justifiable reason to miss the final exam.

Religious observances. According to UCF regulation 5.020, a student who desires to observe a religious holy day of their religious faith must notify all of the instructors teaching the class(es) from which the student desires to be excused *no later than the tenth business day of the term*. This includes requesting rescheduling of exams. For more information about this regulation, go to <https://regulations.ucf.edu/chapter5.asp> and click on UCF-5.020.

Active duty. Students who are deployed active-duty military and/or National Guard personnel and require special accommodations such as rescheduling of exams should contact the course instructor as soon as possible after the semester begins and/or after they receive notification of deployment to make appropriate arrangements.

Incomplete grades. If you take any assignments after the 60% of the term date, your status will be “finished the course” for the purpose of any inquiries from the school about your participation in the course at the end of the term. That means you will not be eligible for an “incomplete” grade *unless you request one before the grades due date*. If you are unable to take all the exams and wish to be granted an incomplete grade, you must request it to the instructor. You will be required to present evidence of justification and complete an agreement form before the end of the term. Otherwise, you will be given a grade according to your total score. If the agreement includes taking the final exam at a later date, it will be an in-person version. *Important:* you will not be able to access any online course resources after the course ends, so be sure to download any necessary files before the end of the term if you believe you will need them to study for exams to remove the incomplete at a later date.

Course Accessibility

If you believe you would benefit from special accommodations for taking exams and quizzes because of a disabling chronic physical or mental condition, you are encouraged to contact **Student Accessibility Services (SAS)**, <http://sas.sdes.ucf.edu> at 407-823-2371 or at sds@ucf.edu to explore options about accommodations such as extended exam times or a special environment at SAS testing center to take the exams.

The SAS office and testing center is located at Ferrell Commons, room 185. Other services such as notetaking and video captioning are also available through SAS.

If you will be taking the in-person exams at the SAS testing center, you need to be aware of the following guidelines:

- You are responsible to make sure that you are approved by SAS for the right exam dates (the same dates specified in this syllabus).
- If you are allowed extra time, you have the option to begin your exams *before* the regularly scheduled times rather than to finish later, if possible. You will need to notify SAS in advance if you want to choose this option.
- The SAS testing center does not provide scantrons, so you will need to have your own. The instructor may be able to provide some during office hours.
- The SAS testing center also have special policies regarding students that arrive late for an exam that you should be aware of.

Zoom Meetings

You may request to schedule private meetings with the instructor if necessary. You can use Zoom on your mobile device (phone or tablet) or computer. You may use the “Zoom” link on webcourses. You may also use your UCF NID and password at <https://ucf.Zoom.us> to schedule your own meetings. Visit the UCF Zoom Guides at <https://cdl.ucf.edu/support/webcourses/Zoom/>, where you can also get support if you experience any technical issues.

Under exceptional situations, Zoom sessions may be used by the instructor to replace in-person office hours. Otherwise, Zoom meetings are not meant to be substitutes for in-person office discussions of course topics.

Privacy of Student’s Educational Records

The Family Educational Rights and Privacy Act (FERPA) of 1974 is a Federal law that protects the privacy of student education records. In accordance to this law, instructors may not disclose any personally identifiable information or student’s records to anyone (including parents) without the written and signed consent of the student (unless ordered by a court or in case of an emergency, if the information is necessary to protect the health or safety of the student). These include student ID number, social security number, residency status, race/ethnicity, email address, test scores, grades, GPA, academic standings, class schedule, and transcripts.

In order to comply with FERPA, instructors may not disclose information about exam scores, grades or any other personally identifiable information or records to students via email, telephone or text messages. This information can only be released to the student in-person and with a valid identification.

FERPA also gives students the right to review their educational records, the right to request amendment to records they believe to be inaccurate, and the right to limit disclosure from those records. For more information about the Family Educational Rights and Privacy Act, visit <https://registrar.ucf.edu/ferpa/>.

UCF Cares

UCF Cares is a resource available to help you with your academic success and your overall well-being. It is an umbrella of care-related programs and resources dedicated to fostering a caring community of Knights. Visit <http://cares.sdes.ucf.edu> if

you are seeking help for yourself or if you are worried about a friend or classmate. Free services and information are included for a variety of student concerns, including but not limited to substance abuse, sexual violence response, bias incidents, LGBTQ+ support, mental health concerns, financial and housing challenges, and active duty military students support and accommodations. You will find links to the Knights Helping Knights Pantry, the Just Knights Response Team, UCF Victims Services, Veterans Academic Resource Center, Housing, Health Care, Legal Services, Counseling Services, Group Counseling Resources, UCF Safe Zone, and much more. You can also e-mail ucfcares@ucf.edu with questions or for additional assistance. You can reach a UCF Cares staff member between 8 a.m. and 5 p.m. by calling 407-823-5607.

If you are in immediate distress, please call Counseling and Psychological Services to speak directly with a counselor 24/7 at 407-823-2811.

Academic Integrity

As a UCF student, you are expected to follow the standards of conduct established in the Office of Student Conduct and Academic Integrity (<https://scai.sdes.ucf.edu>). Any violations to the standards of conduct may result in judicial action, which could result in suspensions or expulsion from the University. At a minimum, violations of these rules may result in a permanent record of the infraction being placed in your degree audit.

You are responsible for knowing all course rules and policies. If any changes to the syllabus become necessary, the instructor will notify all the students about the changes in a timely manner before they are implemented. By remaining enrolled in this class, you accept the terms and conditions of the syllabus.

The instructor has the ultimate authority to determine the correct interpretation of the contents of this syllabus.

Portions of this course, including exams, may be moved to online format in case of unforeseen circumstances, in which case you will be notified promptly.

Students are required to notify the university if they receive a positive COVID-19 test result or diagnosis by calling the UCF COVID Line at 407-823-2509. This will ensure robust tracing of cases at UCF and will help the university identify and contain potentially impacted populations.

An extended version of this syllabus, which includes expanded sections on University services, resources, and policy statements can be found on webcourses.

