

# Kelsey L. Larsen

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Howard Phillips Hall  
Orlando, Florida 32816

## EDUCATION

Ph.D., Department of Government, Georgetown University (2018)

- Dissertation: *Warfare's wiring: Nervous system responses to combat service and the policy preferences of combat veterans* (Dissertation Chair: Dr. George Shambaugh)

M.A., Department of Government, Georgetown University (2012)

M.P.P., John F. Kennedy School of Government, Harvard University (2010)

B.S., Department of Political Science (Honors), University of Iowa (2008) *with Highest Distinction*

## ACADEMIC APPOINTMENTS

2020 - Present      Assistant Professor, School of Politics, Security, and International Affairs,  
University of Central Florida, Orlando, FL.

Dean's Faculty Fellow for Faculty and Staff Retention, College of  
Sciences (2024-present)

Associate Director, Central Florida Intelligence Community Center for  
Academic Excellence (2023-present)

2018 – 2020      Assistant Professor, Department of Medicine, Uniformed Services University of  
the Health Sciences, Bethesda, MD.

2017 – 2020      Adjunct Faculty, Public Management/Global Security Studies Programs, Johns  
Hopkins University, Washington, DC.

2015 – 2016      Visiting Instructor, Department of Political Science & Public Administration,  
James Madison University, Harrisonburg, VA.

2014 – 2015      Instructor, Department of Government, Georgetown University, Washington,  
DC.

## HONORS AND AWARDS

*2024-2025 Outstanding Scholarship, Creative Works, and Research Recognition (OSCaR)*, College  
of Sciences, University of Central Florida, Orlando, FL.

*2022-2023 Outstanding Instruction (Student Engagement) Award*, College of Sciences, University  
of Central Florida, Orlando, FL.

*2019 Innovation in Education Award*, Uniformed Services University of the Health Sciences,  
Bethesda, MD.

*2018 Excellence in Teaching Award*, Johns Hopkins University, Washington, DC.

## RESEARCH\*

### *Publications* ([Google Scholar profile](#))

*Peer-reviewed Journal Publications. Listed Impact Factors (IF) come from Journal Citation Reports (IF at year of publication is listed if available; otherwise, listed IF is from JCR 2023).*

- **Larsen, K.L.** (2025). “Measuring the unique effect of pro-military messaging on American public health behavior during COVID-19.” *Social Science Research* 129: 103193.\* (5-year IF: 3.2)
- **Larsen, K. L.** & Stanley, E. A. (2024). “How stress, trauma, and emotion may shape post-conflict environments—with implications for international peacekeeping” *International Peacekeeping*, 31(3): 332-539.\* (5-year IF: 2.2)
- Evangelista, C. B., **Larsen, K. L.**, Cervero, R. M., & Samuel, A. (2023). Corneal laser refractive surgery curriculum development in the military: Using the nominal group technique. *Military Medicine*, 188(1-2), e145-e151.\* (5-year IF: 1.4)
- Stanley, E. A., & **Larsen, K. L.** (2022). Stressed out: The missing role of stress arousal in political decision-making. *Political Psychology*, 43(4): 793-808.\* (5-year IF: 6.0)
- Meyer, H. S., **Larsen, K. L.**, Samuel, A., Berkley, H., Harvey, M., Norton, C., & Maggio, L. A. (2022). Teaching medical students how to teach: A scoping review: groundwork. *Teaching and Learning in Medicine*, 34(4), 379-391.\* (5-year IF: 2.7)
- **Larsen, K. L.**, & Stanley, E. A. (2021). Leaders’ windows of tolerance for affect arousal—and their effects on political decision-making during COVID-19. *Frontiers in Psychology*, 12: 749715 (<https://doi.org/10.3389/fpsyg.2021.749715>). \* (5-year IF: 4.426)
- Maggio, L.A., **Larsen, K.L.**, Thomas, A., Costello, J.A., Artino, A.R. (2021). Scoping reviews in medical education: A scoping review. *Medical Education*, 55(6): 689-700.\* (5-year IF: 7.422)
- Stanley, E. A., & **Larsen, K. L.** (2021). Difficulties with emotion regulation in the contemporary US armed forces: Structural contributors and potential solutions. *Armed Forces & Society*, 47(1): 77-105. (5-year IF: 1.318)
- Samuel A., Durning S.J., **Larsen K.L.** (2021). Developing academic leadership from a distance: A health professions education practicum course. *Academic Medicine*, 96(6): 854-858. (5-year IF: 8.195)
- Samuel, A., Durning, S.J. and **Larsen, K.L.** (2020). Transition to online teaching with self-compassion. *Clinical Teacher*, 17: 538-540. (5-year IF: 1.6)
- Wyatt, T. R., & **Larsen, K. L.** (2020). Making the transition: A perspective from two PhDs in the US. *Perspectives on Medical Education*, 9(3): 135-136. (5-year IF: 3.413)
- Samuel, A., **Larsen, K. L.**, Cervero, R., Maggio, L. (2020). A participatory approach to developing online course quality standards in health professions education. *Online Journal of Distance Learning Administration* [online]. (5-year IF: N/A)
- Stanley, E. A., & **Larsen, K.** (2019). Emotion dysregulation and military suicidality since 2001: A review of the literature. *Political Psychology*, 40(1), 147-163. (5-year IF: 4.019)
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\* Indicates articles authored as UCF faculty.

- Sapp, J., Torre, D., **Larsen, K. L.**, Holmboe, E., & Durning, S. (2019). Trust in group decisions: A scoping review. *BMC Medical Education*, 19(1), 309-322. (5-year IF: 2.235)
- Sapp, J., **Larsen, K. L.**, Torre, D., Holmboe, E., & Durning, S. (2019). Group trust in the setting of Competency Committee decisions: A qualitative observational study. *MedEdPublish* [doi: 10.15694/mep.2019.000066.1]. (5-year IF: N/A)

### *Book Chapters*

- **Larsen, K. L.** & Stanley, E. A. (2019) “Mindfulness-based Mind Fitness Training (MMFT): Mindfulness training for high-stress and trauma-sensitive contexts,” in *The Handbook of Mindfulness-Based Programs: Every Established Intervention, from Medicine to Education* (Itai Ivztan, ed.). London, UK: Routledge, pp. 53-63.
- **Larsen, K. L.** & Stanley, E. A. (2018) “The way forward,” chapter in *Bulletproofing the Psyche: Preventing Mental Health Problems in Our Military and Veterans* (Thomas, K. and Albright, D., eds.). Praeger: Santa Barbara, CA. pp. 233-253.

### *Ongoing Projects*

- Baggio, J., Freeman, J., & **Larsen, K. L.** (2025) “An embedded model of adaptive capacity for the sustainable governance of shared resources.” Revise and Resubmit at *Ecology and Society*.
- Samuel, A., **Larsen, K.L.**, and Durning, S.J. (2025). Transition to generative artificial intelligence with self-compassion. Under Review at *Clinical Teacher*.
- **Larsen, K. L.** (2025) “Analyzing psychophysiological studies of political decision-makers.” (data collected completed, manuscript in preparation for submission to *Perspectives on Politics*)
- **Larsen, K. L.** (2025) “Public perceptions of national security operators.” (data collection completed, manuscript in preparation for submission to *Intelligence and National Security*)

## GRANTS

### *External*

- National Science Foundation: Decision, Risk and Management Sciences Grant, “Group cognition, stress arousal, and environment feedbacks in group decision making and adaptation in uncertain environments.” Co-PI (with J. Freeman and J. Baggio, PIs), 2024-2027. (\$347,829, 50%). Grant total: \$656,184..

### *Internal*

- School of Politics, Security, and International Affairs Director’s Research Grant, “Stress Responses and Secrecy.” PI, 2023-present (\$2500)
- School of Politics, Security, and International Affairs Director’s Research Grant, “Stress Responses and National Security Decisions.” PI, 2022-present (\$6750)
- School of Politics, Security, and International Affairs/COS Research Support Grant, “‘We go to war for you, stay at home for us’: How invoking the US military might increase COVID-19 social distancing behaviors.” PI, 2020-present (\$4000)

- School of Politics, Security, and International Affairs/COS Research Support Grant, “Saving lives vs. sacrificing rights: How multiple values influence public decision making.” Co-PI (with T. Dolan and K. Wright), 2020-present (\$4000)
- USUHS Education Day Grant, “Using instructor-created videos to enhance student engagement in online learning.” co-PI (with A. Samuel), 2019 (\$2500)

## CONFERENCE PRESENTATIONS

- **Larsen, K. L.** (2025) “Americans’ attitudes towards stress and trauma in national security leaders.” Paper presented at the 2025 Southern Political Science Association Conference, San Juan, PR.
- **Larsen, K. L.** (2024). “Leader-advisor stress contagion in foreign policy decision-making: An experiment.” Paper presented at the 2024 International Studies Association Conference, San Francisco, CA.
- **Larsen, K. L.** (2024). “The room where stress happens: Better understanding leader-follower affect contagion in foreign policy decisions.” Paper presented at the 2024 Southern Political Science Association Conference, New Orleans, LA.
- **Larsen, K. L.** (2024). “Public perceptions of stress and decision-making in national security leaders.” Paper presented at the 2024 Southern Political Science Association Conference, New Orleans, LA.
- **Larsen, K. L.** (2024). “Transition training: How national security professionals can cultivate professional and personal resiliency in new roles and environments.” Presentation at the Institute for National Security and Military Studies, Fort Campbell, KY. (invited)
- **Larsen, K. L.** (2023). “Public perceptions of stress and decision-making in national security leaders.” Paper presented at the 2023 Midwest Political Science Association Conference, Chicago, IL.
- **Larsen, K. L.** (2023). “How trauma responses predict the future of political resistance in Ukraine.” Paper presented at the 2023 Midwest Political Science Association Conference, Chicago, IL.
- **Larsen, K. L.** (2023). “Public perceptions of stress and decision-making in national security leaders.” 2023 Southern Political Science Association Conference, St. Petersburg, FL.
- **Larsen, K. L.** (2023). “How trauma responses predict the future of political resistance in Ukraine.” 2023 Southern Political Science Association Conference, St. Petersburg, FL.
- **Larsen, K. L.** (2022). “War against COVID-19: An Experimental exploration of how national security messaging might motivate public health adherence.” Paper presented at the 2022 Midwest Political Science Association Conference, Chicago, IL.
- **Larsen, K. L. & Stanley, E. A.** (2021) “Lingering ramifications of war-related stress, trauma, and emotions.” Paper presented at the 2021 Inter-University Seminar on Armed Forces & Society Biannual Conference, Reston, VA.
- **Larsen, K. L.** (2021) ““We go to war for you, stay at home for us”: How proximity to military installations impacts COVID-19 social distancing behaviors.” Paper presented at the 2021 Civil-Military Relations Workshop (online).

- Larsen, K. L.** (2021) ““We go to war for you, stay at home for us”: How proximity to military installations impacts COVID-19 social distancing behaviors.” Paper presented at the 2021 Midwest Political Science Association Conference, Chicago, IL (online).
- **Larsen, K. L.** (2021) “Time for a checkup? Incorporating additional lessons from medicine to expand the methods of political physiopsychological analysis.” Paper presented at the 2021 Midwest Political Science Association Conference, Chicago, IL (online).
  - **Larsen, K. L.** (2021) “Time for a checkup? Incorporating additional lessons from medicine to expand the methods of political physiopsychological analysis.” Paper presented at the 2021 Annual Meeting of the Southern Political Science Association Conference, New Orleans, LA (online).
  - **Larsen, K. L.** (2020). “Service and the service-member: Public Service Motivation within the U.S. Military.” Paper accepted for the 2020 Midwest Political Science Association Conference, Chicago, IL (conference canceled due to COVID-19)
  - **Larsen, K. L.** (2020). “Making Political Science Great Again? How Contemporary Political Events Shape Classroom Participation.” Paper accepted for the 2020 Midwest Political Science Association Conference, Chicago, IL (conference canceled due to COVID-19)
  - **Larsen, K. L.**, Meyer, H., & Samuel, A. (2019). “Introducing an online orientation module to integrate new learners in military medical education.” Paper presented at the 2019 Annual Online Learning Consortium Conference, Orlando, FL.
  - Samuel, A. & **Larsen, K. L.** (2019). “Exploring instructor created videos in a health professions education program: Applications and outcomes.” Paper presented at the 2019 Annual Online Learning Consortium Conference, Orlando, FL.
  - **Larsen, K. L.** (2019) “The seven points of learning ownership: A pedagogical partnership for academic development.” Paper presented at the 2019 Midwest Political Science Association Conference, Chicago, IL.
  - **Larsen, K. L.** (2017). “The other side of COIN: Better understanding civilian psychological trauma in war.” Paper presented at the 2017 Midwest Political Science Association Conference, Chicago, IL.
  - **Larsen, K. L.** (2016). “The neurological impact of combat trauma on policy preferences and behaviors of U.S. veterans.” Paper presented at the 2016 International Studies Association Conference, Atlanta, GA.

## **TEACHING**

### **University of Central Florida**

#### *Undergraduate*

- POS4206 Political Psychology  
Terms: Spring 2022, Fall 2023, Spring 2024, Spring 2025
- POS4300 Research Methods in Intelligence  
Terms: Fall 2022, Spring 2023, Fall 2023, Fall 2024, Spring 2025

- INR4912 Directed Research: Open Source Intelligence for National Security  
Terms: Fall 2023, Spring 2024
- INR4912 Directed Research: Bias and Trust in National Security Actors  
Terms: Spring 2024
- INR4363 Intelligence Analysis & Reporting  
Terms: Fall 2020, Spring 2021, Fall 2021, Spring 2022, Fall 2022
- INR2002 International Relations in Theory and Practice  
Terms: Summer 2022
- POS3703 Scope and Methods of Political Science  
Terms: Summer 2021

#### *Graduate*

- POS7337 Issues in International Security  
Terms: Spring 2023
- POS7745 Advanced Quantitative Methods in Political Research  
Terms: Fall 2021
- POS6747 Advanced Topics in Quantitative Political Analysis  
Terms: Spring 2021

### **Uniformed Services University of the Health Sciences**

#### *Graduate*

- MED400 Practicum (co-instructor)  
Terms: Year-round, 2018-2020
- MED507 Qualitative Methods (co-instructor)  
Terms: Fall 2018, Fall 2019
- MED605 Meet the Experts Seminar (co-instructor)  
Terms: Summer 2018
- MED505 Quantitative Methods (instruction assistant)  
Terms: Fall 2018

### **Johns Hopkins University**

#### *Graduate*

- 470.854 Fundamentals of Quantitative Methods for Policy  
Terms: Fall 2017, Spring 2018, Fall 2018, Spring 2019, Fall 2019, Spring 2020

## **James Madison University**

### *Undergraduate*

- POSC295 Research Methods in Political Science  
Terms: Fall 2015, Spring 2016
- POSC230 International Relations  
Terms: Spring 2016
- POSC372 Ethics & International Affairs  
Terms: Fall 2015
- POSC363 Human Security  
Terms: Fall 2015

## **Georgetown University**

### *Undergraduate*

- GOVT060 International Relations: Theory and Practice  
Terms: Summer 2014, Summer 2015

## **STUDENT SUPERVISED**

### **University of Central Florida**

#### **· PhD:**

- *PhD Dissertation Chair*
  - Shivani Persaud, 2025-present
  - Nathan Becker, 2024-present
  - Maren Mainx, 2023-present
  - Jeff Dambly, 2023-present
  - Clayton Sheffield, 2023-present
- *PhD Dissertation Committee member:*
  - Brenda Bruno, 2025-present
  - Kayla Giorgiafandis, 2025-present
  - Thomas Matthews, 2024-present
  - Kelsie Dillard, 2024-present
  - Jon Mahan, 2023-present
  - Alanna Reynolds, 2023-present
  - Angelica Yeboah, 2023-present
  - Gary Adams, 2022-present
  - Bailey Sellers, 2022-present
  - Erika Ricci, 2021-2024
  - Doreen Horschig, 2020-2021

· **Master's:**

- *MA Thesis Chair:*
  - Sydney Snowden (2022-2023)
  - Mia Warshofsky (2021)
- *MA Thesis Committee Member:*
  - Marin Deevers (2021-2022)
  - Craig Wilding (2021)
- *MA Non-Thesis Reader:*
  - Anthony Anta, Second Reader (2023-2024)
  - Hannah Turley, Second Reader (2022-2023)
  - Jordan Soles, First Reader (2021)

· **Undergraduate:**

- *Honors Undergraduate Thesis Chair:*
  - Sydney McRae (2024-present)
  - Riley Alvero (2024-present)
  - Anna Freehafer (2024-2025)
  - Julian Cope (2024)
  - Aimee Rhodes (2023-2024)
  - Jamie Mantilla Vale (2023)
  - Isabella Dimesa (2023)
  - Jan Soto (2022-2023)
  - Angelina Conforti (2022-2023)
  - Liliana Ramos (2022-2023)
  - Anthony Anta (2021-2022)
  - Jordan Ellis (2021-2022)
  - Westley Hunter (2021-2022)
- *Honors Undergraduate Thesis Committee Member:*
  - Emily Padgett (2024-2025)
  - Shelby Dalbec (2024-2025)
  - Elyssa Barna (2024)
  - Zachary Levinson (2023-2024)
  - Daniah Jarrah (2022-2023)
  - Julia Oldershaw (2022-2023)
  - Tyler Roderick (2022)
  - Shannon Maharajh (2022)
  - Donovan Fox (2020-2021)

**External**

· **Master's:**

- MA Thesis Committee Member:
  - Maj. Charisma Evangelista, Uniformed Services University (2019-2021)
  - LTC Jason Sapp, Uniformed Services University (2018-2019)



## **SERVICE**

### ***Departmental/College/University***

- Committee member, Intelligence & Environmental Security Search Committee, UCF School of Politics, Security, and International Affairs, 2024-2025
- Committee member, Promotion and Tenure Revision Committee, UCF School of Politics, Security, and International Affairs, 2024-current
- Committee member, Workload Committee, UCF School of Politics, Security, and International Affairs, 2024-current
- Committee member, PhD Program & Planning Committee, UCF School of Politics, Security, and International Affairs, 2020-current
- Fulbright Award Interview Committee Member, Office of Prestigious Awards, University of Central Florida, 2024
- Acting Chair, Policies and Procedures Committee, UCF School of Politics, Security, and International Affairs, 2023-2024
- Committee member, Director Search Committee, UCF School of Politics, Security, and International Affairs, 2023-2024
- Committee member, Security Studies Search Committee, UCF School of Politics, Security, and International Affairs, 2023-2024
- Committee member, SPSIA Peer Evaluation Advisory Committee, UCF School of Politics, Security, and International Affairs, 2021-2024
- Member, Dean's Advisory Council, College of Sciences, UCF, 2022-2023
- Committee member, SPSIA Strategic Planning Committee, UCF School of Politics, Security, and International Affairs, 2021-2023
- Committee member, American Politics Search Committee, UCF School of Politics, Security, and International Affairs, 2022-2023
- Committee member, Faculty Cluster Initiative Cybersecurity Search Committee, 2021-2022
- Committee member, Undergraduate Scholarships and Awards committee, UCF School of Politics, Security, and International Affairs, 2020-2022
- Committee member, Awards committee, Uniformed Services University of the Health Sciences, 2019-2020
- Academic Advisor, Academic Advising program, Uniformed Services University of the Health Sciences, 2018-2020

### ***Professional***

- Referee, *International Studies Perspectives*, *Military Psychology*, *Frontiers in Psychology*, *Journal of Political Science Education*, *Frontiers in Sociology*, *Frontiers in Public Health*, *Frontiers in Medicine*, *Frontiers in Political Science*, *Advances in Health Sciences Education*; *Teaching and Learning in Medicine*, *BMC Medical Education*
- Grant Reviewer, American Psychological Foundation
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- Secretary and Treasurer, Foreign Policy Section, American Political Science Association (2023-present)
- Discussant, Annual Meetings of the International Studies Association (2025), Southern Political Science Association (2025, 2021, 2020), Midwest Political Science Association (2023, 2022, 2020, 2019)