### Seriousness and pervasiveness of impairments: Educational, Clinical, Interpersonal

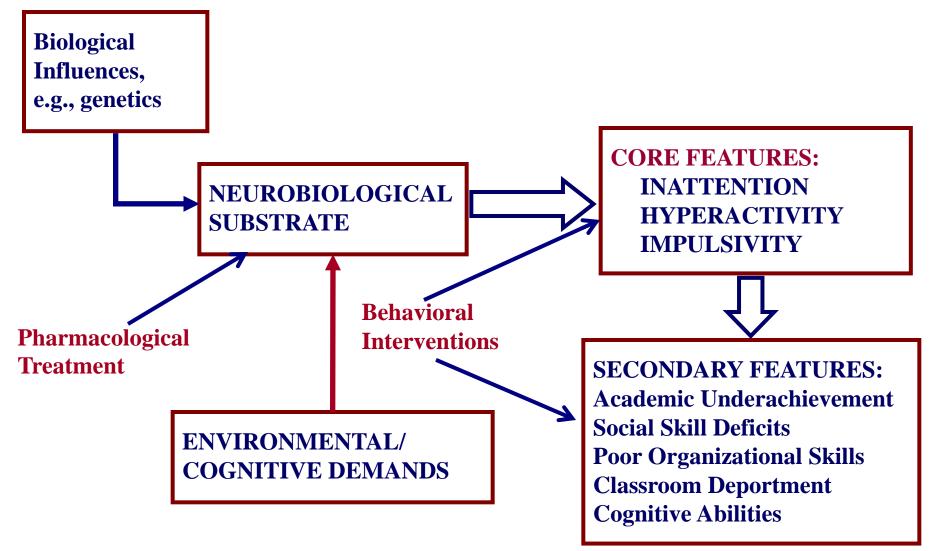
- Poor School Performance (90%+)
  - More failing grades
  - Reduced productivity (greatest problem)
  - Lower GPA (1.7 vs 2.6)
  - Grade retentions (42% vs 13%)
  - Lower class rankings (69% vs 50%)
  - Higher rate of suspensions (60% vs 19%) and expulsions (14% vs 6%)
- Low Academic Achievement (10-15 pt. deficit)
- Low Average Intelligence (7-10 point deficit)
- Learning Disabilities (10 to 70%)
  - Reading (15-30%; 21% in Barkley, 1990)
  - Spelling (26% in Barkley, 1990)
  - Math (10-60%; 28% in Barkley, 1990)
  - Handwriting (common but % unspecified)
- Academic Outcomes
  - 23% to 32% fail to complete high school
  - 22% vs 77% enter college
  - 5% vs 35% complete college

[Barkley et al. 2006 Milwaukee Young Adult Outcome Study]

## ADHD Cost of Illness (COI) in USA

- COI = Educational accommodations Mental health care Parental work loss Juvenile justice system involvement
- COI = Mean = \$14,576 annually per child (Pelham et al., 2007) Range = \$12,005 to \$17,458
- COI = \$40.8 billion annually (based on assumed 5% prevalence rate and 2.8 million school age children in the United States (National Center for Education Statistics, 2010, enrollment data)

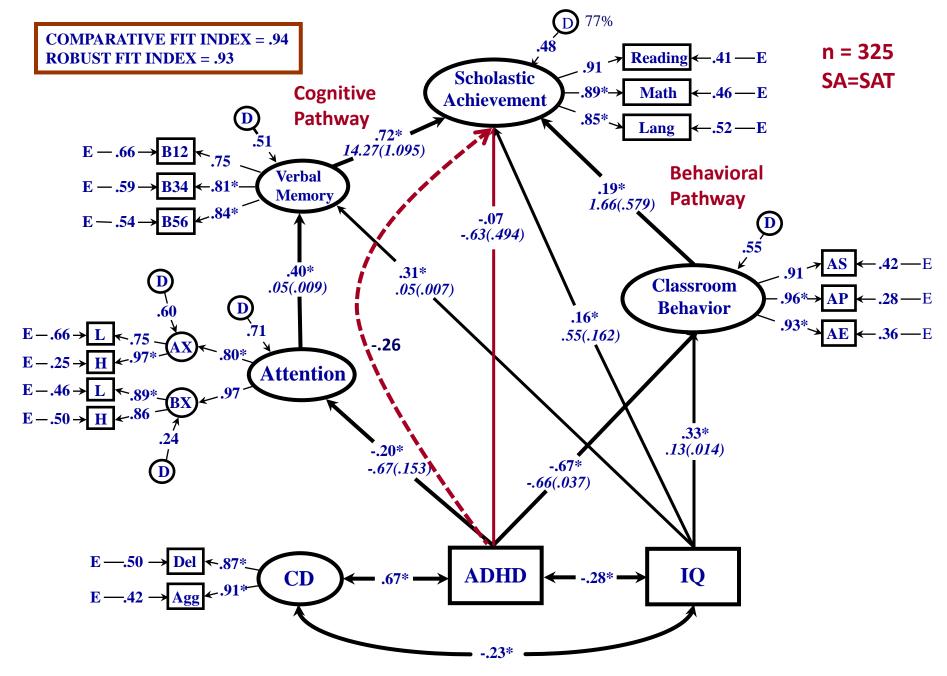
### **DSM-IV CLINICAL MODEL OF ADHD**



The enigma – why do large magnitude changes in core symptoms not translate into sustainable or generalizable changes in treated children?

Pharmacodynamic studies reveal DA and NA activation of cortical-subcortical pathways involving the frontal/prefrontal, temporal lobe, and basal ganglia – areas that play a critical role in executive functions (EFs)

Optimal activation of structures underlying EFs and accompanying arousal is necessary but insufficient to facilitate the development of executive function processes supported by these structures and wide range of behaviors dependent upon these processes



Rapport, Scanlan & Denney (1999) J. of Child Psychiatry and Psychology

### **Overview of Executive Functions (EFs)**

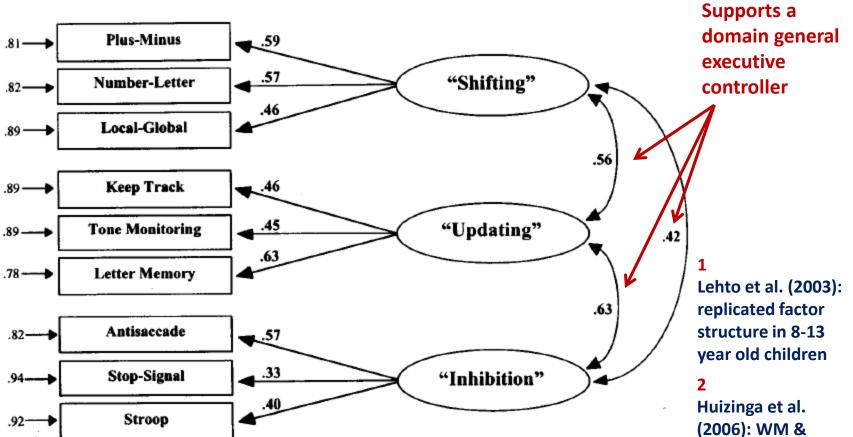
**Executive Function (EF)**: an umbrella term used to describe a broad range of 'top-down' cognitive processes and abilities that enable flexible, goal-directed behavior; and represents the dominant paradigm during the past decade following Dr. Barkley's (1997) seminal theoretical paper in 1997.

Ensuing debate focused on two alternative models:

- **1.** EF viewed as a unitary construct with interrelated sub-processes.
- 2. EF viewed as a componential model of dissociable EF processes

Accumulating evidence supports an integration of the two approaches (i.e., interrelated sub-processes governed by a domain general executive or attentional controller (e.g., Miyake et al., 2000) emphasizing **3** primary executive functions:

- Updating: the continuous monitoring and quick addition or deletion of contents within one's working memory
- Inhibition: the capacity to supersede responses that are prepotent in a given situation
- Shifting: the cognitive flexibility to switch between different tasks or mental states

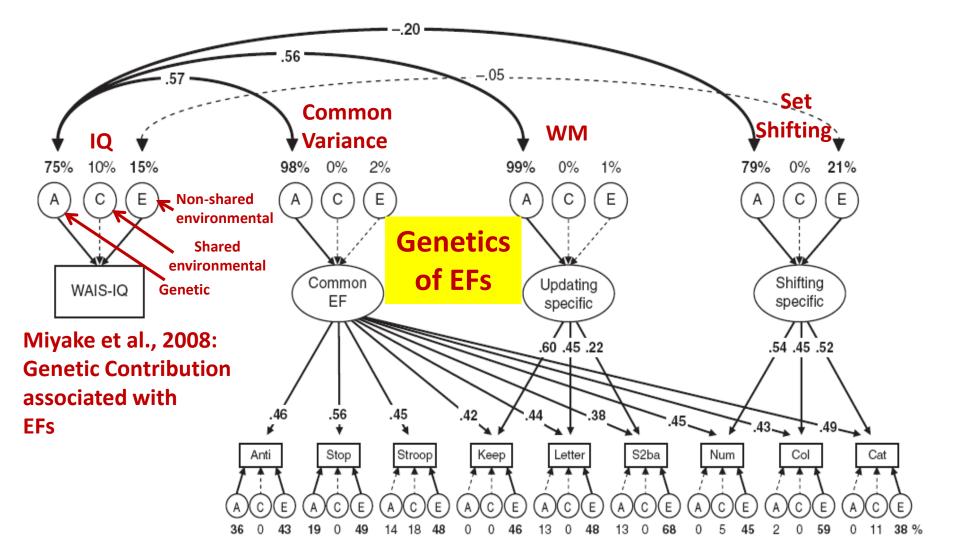


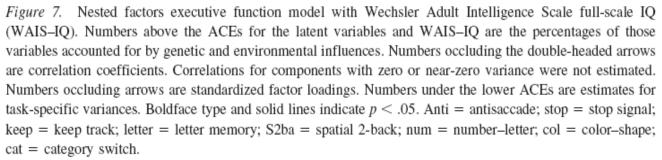
#### Miyake et al. (2000): 3-factor model of executive function based on SEM

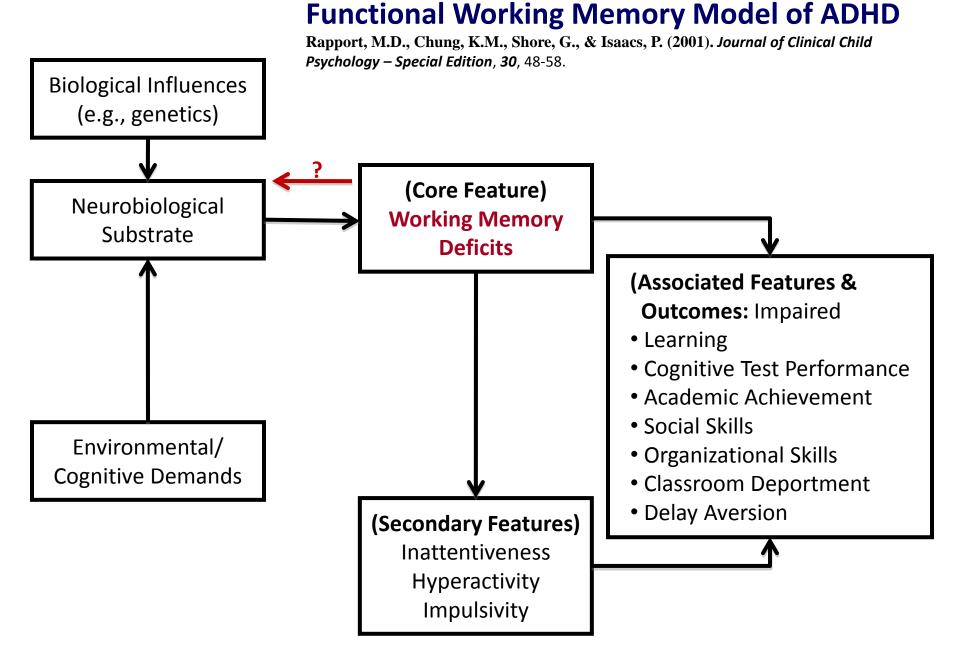
MIYAKE ET AL.

70

FIG. 2. The estimated three-factor model. Single-headed arrows have standardized factor loadings next to them. The loadings, all significant at the .05 level, are equivalent to standardized regression coefficients (beta weights) estimated with maximum likelihood estimation. The numbers at the ends of the smaller arrows are error terms. Squaring these terms gives an estimate of the variance for each task that is not accounted for by the latent construct. The curved, double-headed arrows have correlation coefficients next to them and indicate significant correlations between the latent variables. Huizinga et al. (2006): WM & set shifting are developmentally contiguous between 7 & 21 years of age

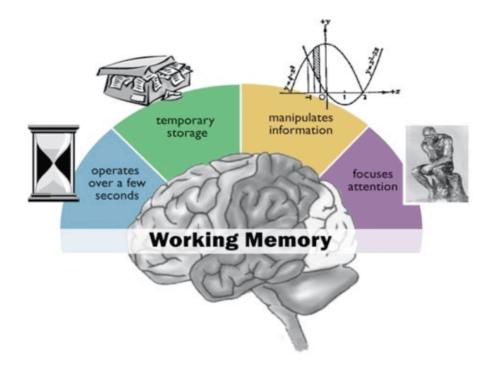






## What is Working Memory?

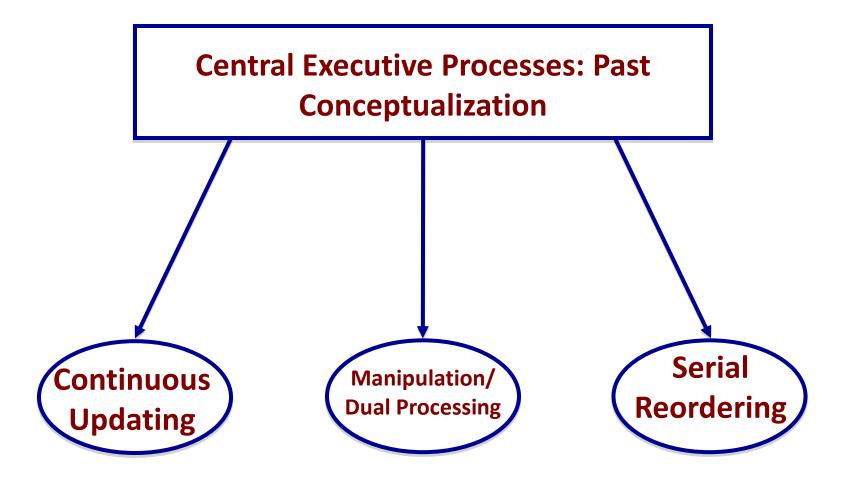
 Working memory is a limited capacity system that enables individuals to store briefly and process information (Baddeley, 2007).



#### Alan Baddeley's (2007) WM Model **Domain General Shared Variance** Central **Central Executive** Executive Phonological Visuospatial task Input ' Input task Process Process Phonological **Auditory Input Visual Input Visual Input** Visuospatial buffer/rehearsal buffer/rehearsal loop loop **Phonological** - Visuospatial Analysis Analysis Visual analysis & **STS Phonological** Visuospatial STS STS Orthographic to **Inferior parietal** phonological **Right hemisphere** lobe recoding Rehearsal Rehearsal Process **Process Phonological output Visuospatial output** buffer buffer **Right premotor cortex Broca's area-premotor** cortex

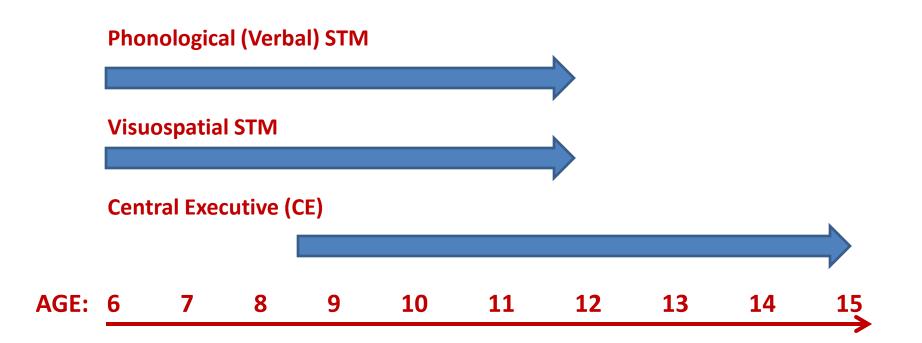
**Spoken Output** 

**Motor Output** 



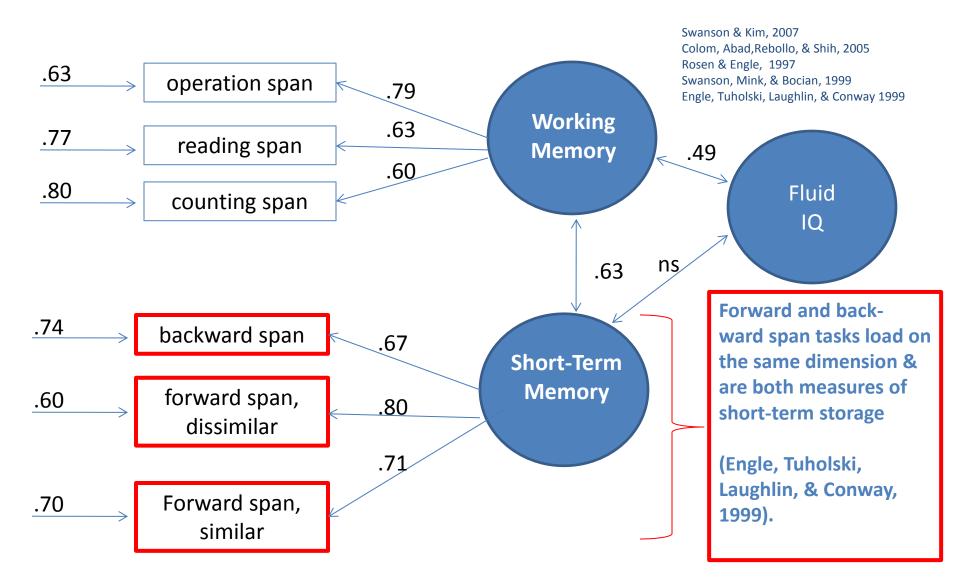
### [Baddeley, 2007]

### Development of Working Memory in Children: Peak Developmental Periods



### Tillman et al. (2011). Developmental Neuropsychology, 36, 181-198

## **Forward and Backward Span Tasks**



### Working Memory, Short-Term Memory, and General Fluid Intelligence: A Latent-Variable Approach

ENGLE, TUHOLSKI, LAUGHLIN, AND CONWAY

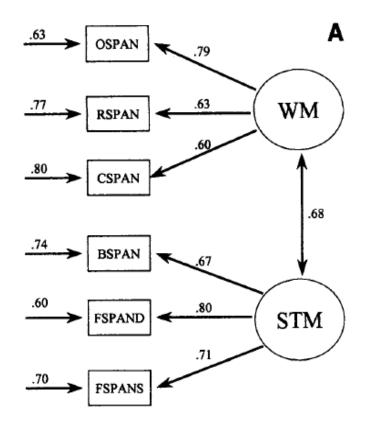


Figure 2. (a) Path model for two-factor model (A<sub>1</sub>). All paths are significant at the .05 level. (b) Path model for two-factor model with additional tasks (B<sub>2</sub>). Paths significant at the .05 level are indicated by solid lines. OSPAN = operation span; RSPAN = reading span; CSPAN = counting span; BSPAN = backward span; FSPAND = forward span, dissimilar; FSPANS = forward span, similar; KTRACK = keeping track; IFRSM = Immediate Free Recall Secondary Memory; CONTOP = continuous opposites; WM = working memory; STM = short-term memory.

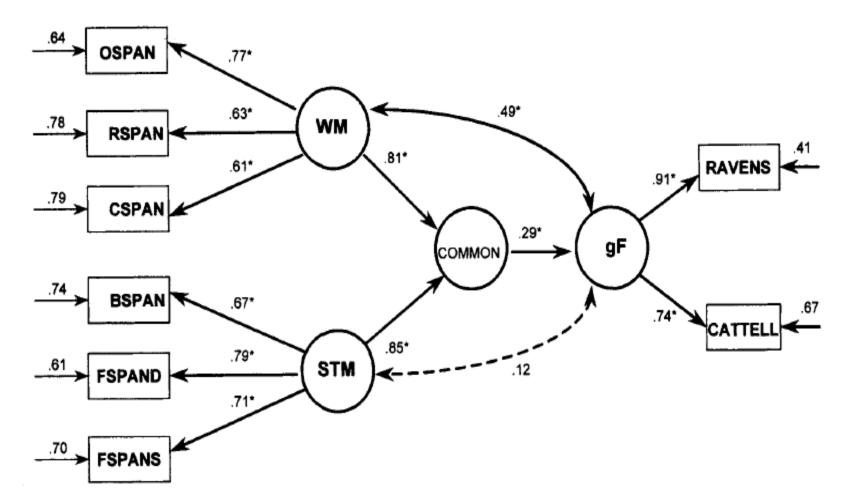


Figure 4. Path model for Model D. Significant paths are indicated by an asterisk. OSPAN = operation span; RSPAN = reading span; CSPAN = counting span; BSPAN = backward span; FSPAND = forward span, dissimilar; FSPANS = forward span, similar; WM = working memory; STM = short-term memory; gF = fluid intelligence.

# Higher –order cognitive tasks, skills, and abilities dependent on working memory components

### **Central Executive**

- General fluid intelligence
- Verbal and visual reasoning
- Vocabulary learning
- Literacy
- Arithmetic
- Reading comprehension
- Listening comprehension
- Ability to follow directions
- Note taking
- Writing
- Bridge playing
- Chess playing
- Learning to program computers
- Verbal achievement
- Math achievement
- Lexical-semantic abilities
- Orthographic abilities
- Complex learning
- Motor activity
- Attentive behavior

### Phonological Storage/Rehearsal

- Verbal reasoning
- Vocabulary learning
- Word recognition

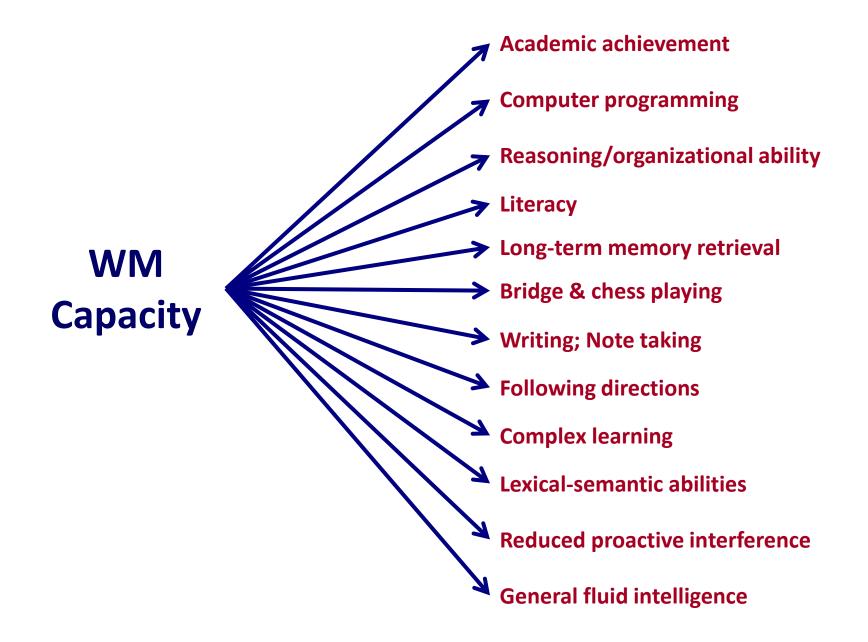
### Visuospatial Storage/Rehearsal

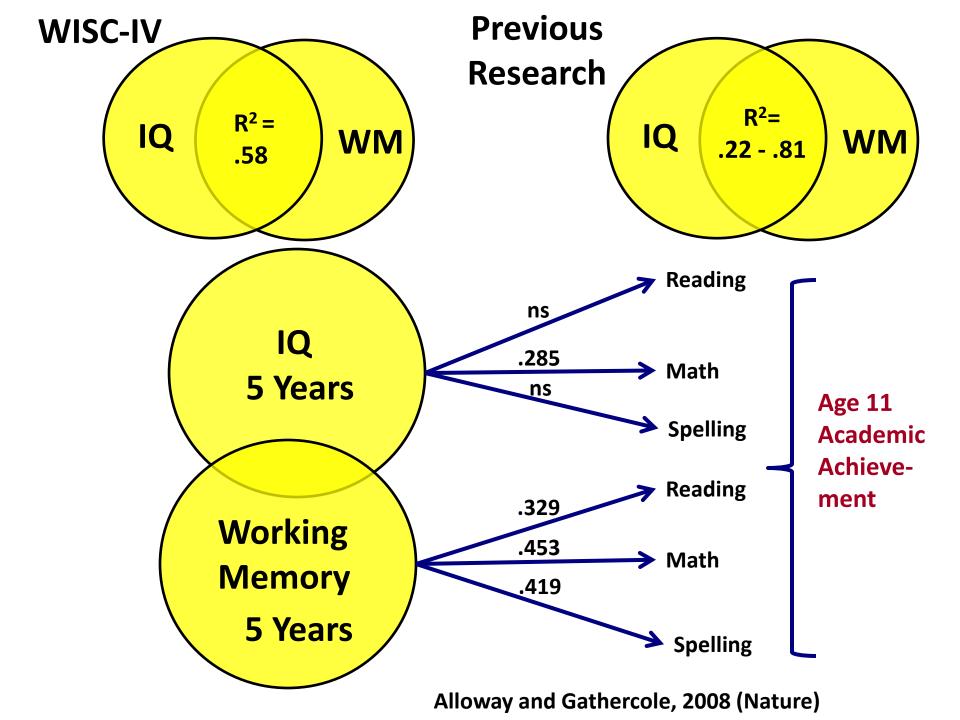
- Visual reasoning
- Speech production

- Verbal achievement
- Math achievement
- Phonological/ syntactic abilities
- Attentive behavior

Math achievement

Attentive behavior





# Working memory impairments in children with ADHD

	WM Systems		WM Components		
	VS Working Memory	PH Working Memory	VS Storage/ Rehearsal	PH Storage/ Rehearsal	CE
Meta-analyses					
Martinussen et al. (2005)			0.85	0.47	0.43-1.06
Willcutt et al. (2005)	0.63	0.55			
Brocki et al. (2008)	0.60	0.85			
Martinussen & Tannock, (2006)			0.70	0.04	0.60-1.10
Marzocchi et al. (2008)	1.00		0.74		

Trends: (a) Deficits in both systems/all three subcomponents (b) Deficits in CE > VS > PH

### **Participants and Inclusion Criteria**

### Diagnostic Procedures

- Extensive child histories (pre, pari, post-natal; early developmental; medical; educational; psychiatric; parent/family)
- K-SADS Semi-Structured Clinical Interview, Lifetime Version [parent and child interviewed separately]

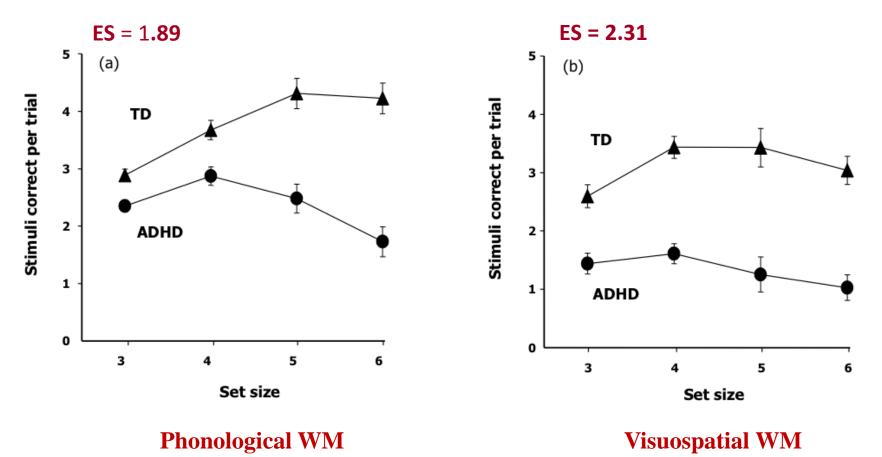
Parent Rating Scales [ADHD factor in clinical range; DSM criteria]

- Child Symptom Inventory 4 Parent Form (DSM-IV criteria)
- Child Behavior Checklist Parent Form (ADHD factor in clinical range)

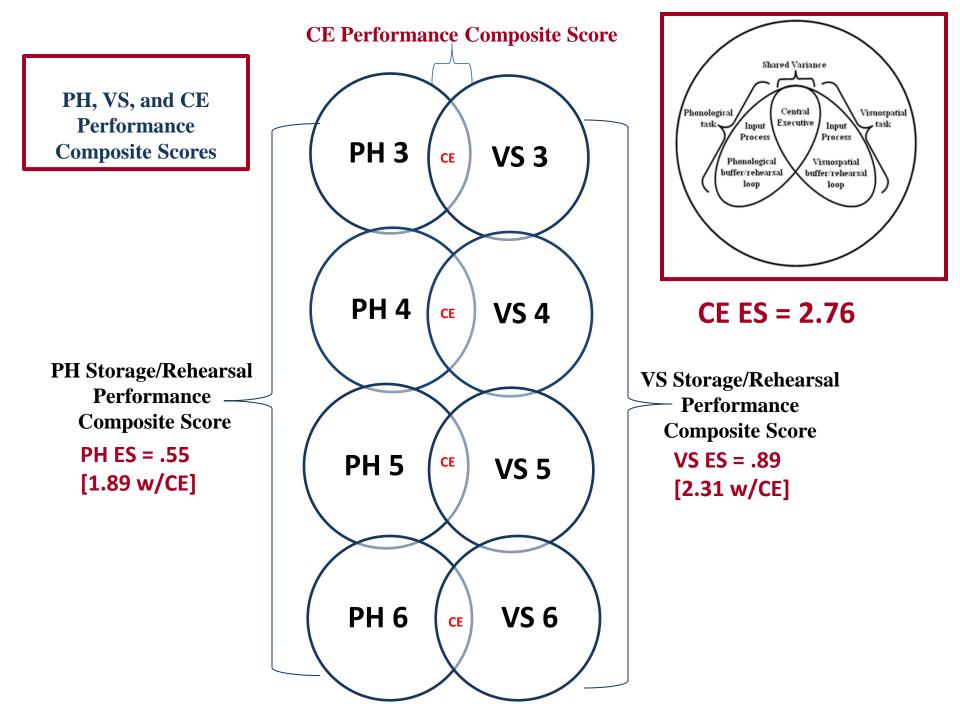
**Teacher Rating Scales [ADHD factor in clinical range; DSM criteria]** 

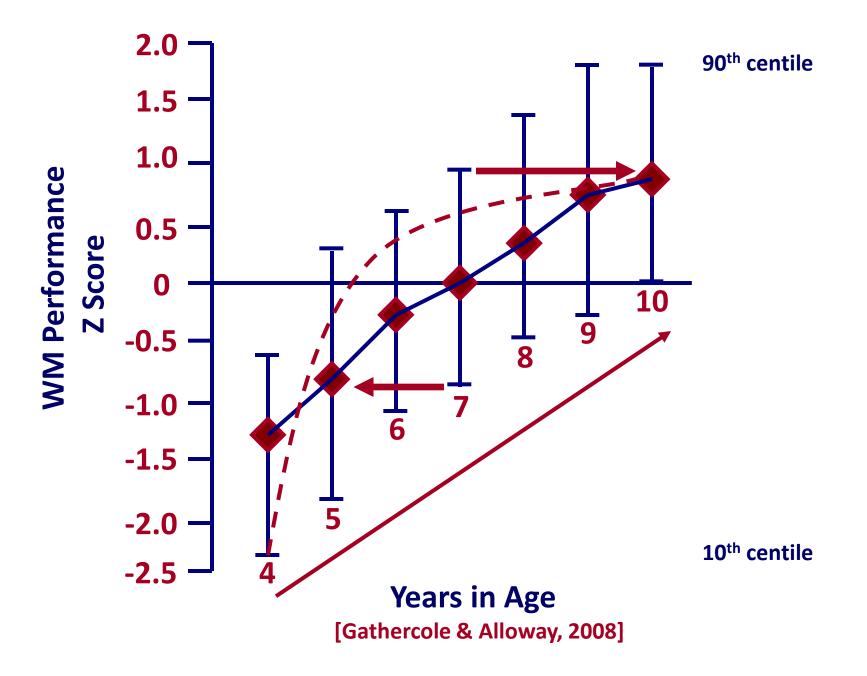
- Child Symptom Inventory 4 Teacher Report Form (DSM-IV criteria)
- Child Behavior Checklist Teacher Report Form (TRF)

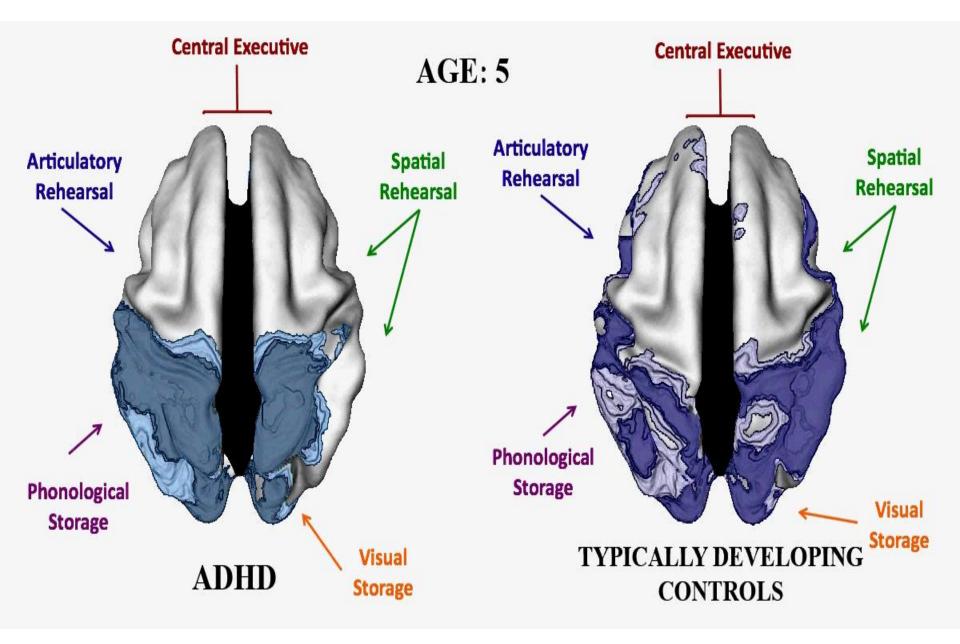
### Phonological and Visuospatial WM Deficits in boys with ADHD



Rapport, Alderson, Kofler, Sarver, Bolden, & Sims (2008). *J of Abnormal Child Psychology*, *36*, 825-837.



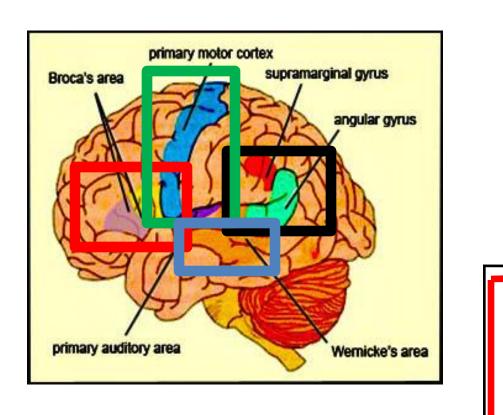




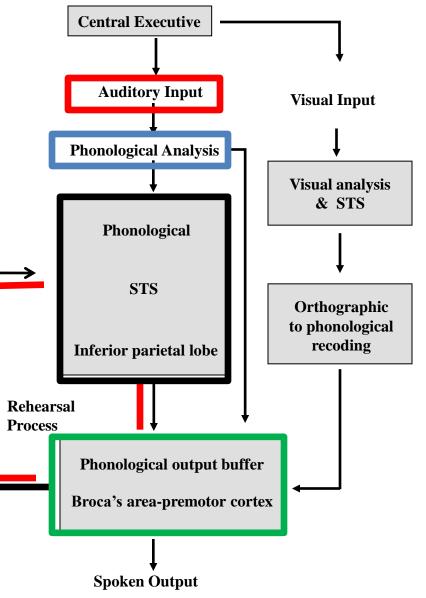
To what extent do WM related phonological (PH) deficits reflect short-term storage as opposed to articulatory (covert) rehearsal deficiencies?

Bolden, J., Rapport, M.D., Raiker, J.S., Sarver, D.E., & Kofler, M.J. (2012). Understanding Phonological Memory Deficits in Boys with Attention-Deficit/Hyperactivity Disorder (ADHD): Dissociation of Short-term Storage and Articulatory Rehearsal Processes. *Journal of Abnormal Child Psychology, 40*, 999-1011.

## **Phonological Working Memory**

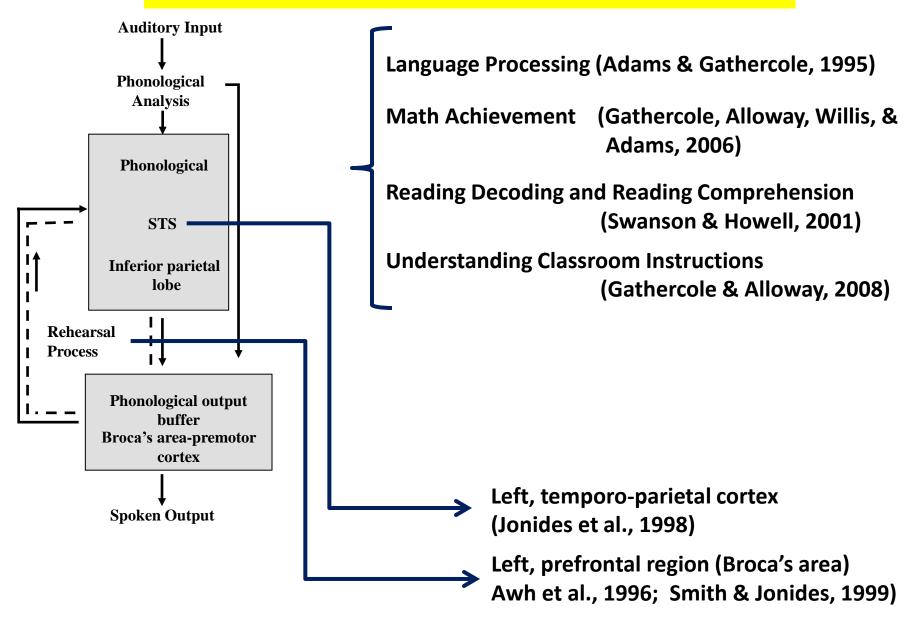


http://docsbrainblocks.com/images/dyslexia\_1.jpg

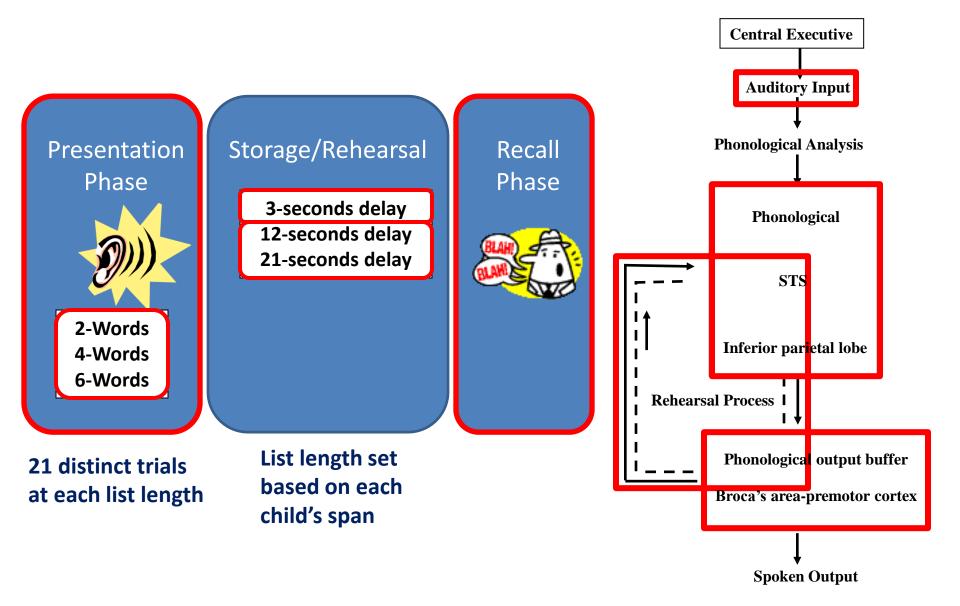


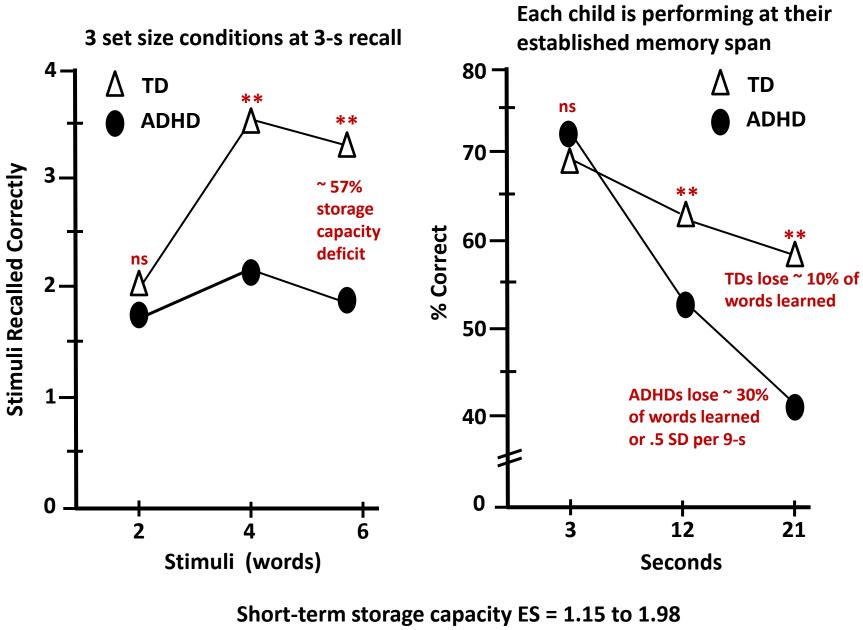
Baddeley, 2007

### Contribution of Phonological Processing to other abilities



## Phonological Memory Task



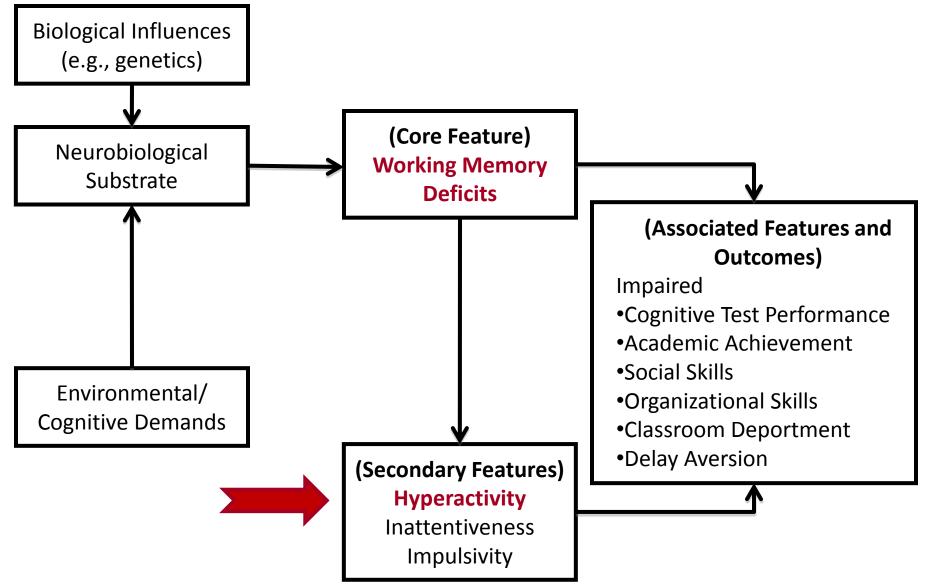


Articulatory rehearsal ES = .47 to 1.02

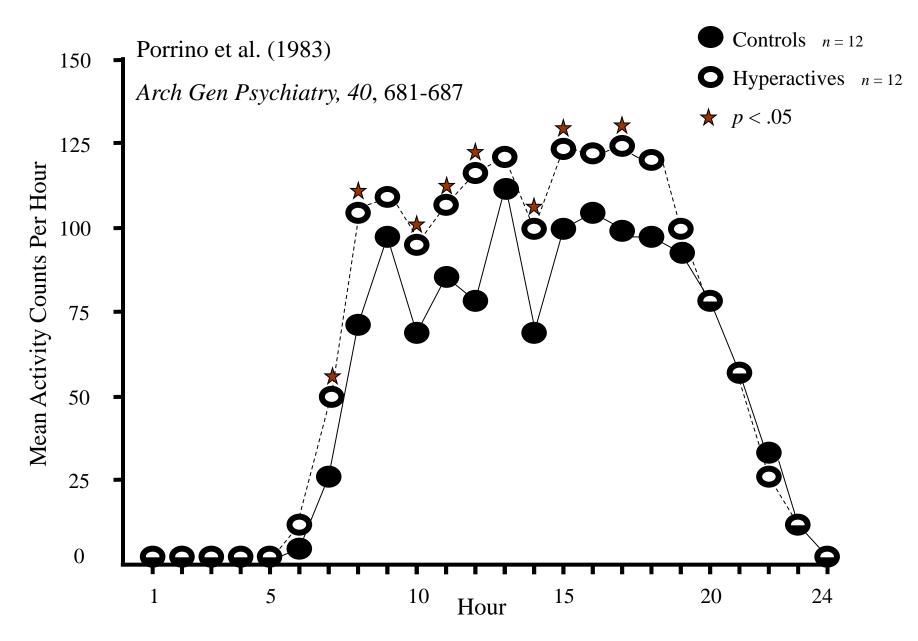
## Are components of working memory functionally related to hyperactivity?

Rapport, M.D., Bolden, J., Kofler, M.J., Sarver, D.E., Raiker, J.S., Alderson, R.M. (2009). Hyperactivity in Boys with Attention-Deficit/Hyperactivity Disorder (ADHD): A Ubiquitous Core Symptom or Manifestation of Working Memory Deficits? *Journal of Abnormal Child Psychology*, *37*, 521-534.

### **Working Memory Model of ADHD**



### Mean Weekday Hourly Activity Scores



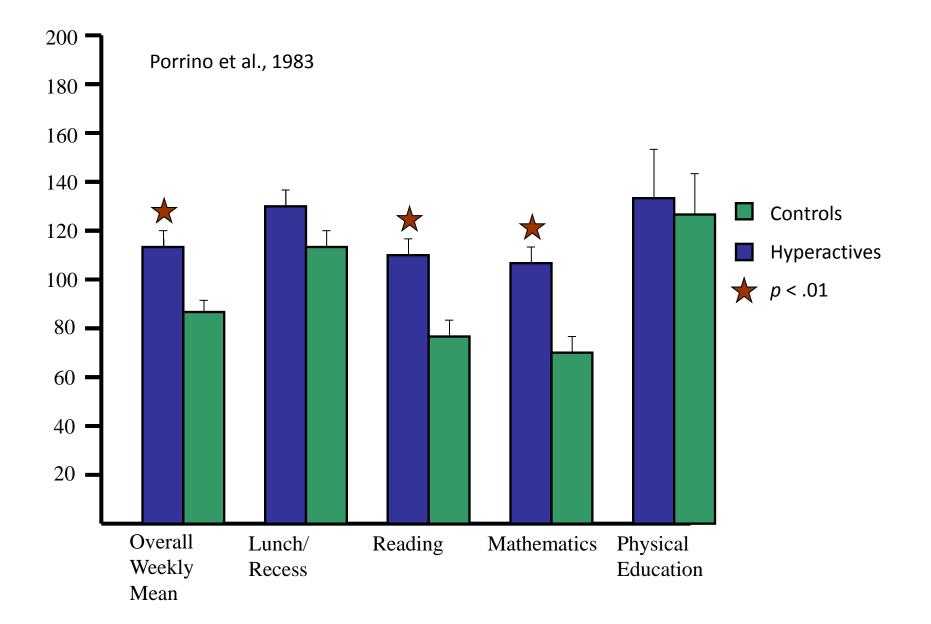
"Little evidence was found, however, to support the hypothesis that hyperactivity is simply an artifact of the structure and attentional demands of a given setting." p.681

"... a substantial ubiquitous increase in simple motor behavior is a clear characteristic of this group." p. 685

"In a variety of situations with differing degrees of structure and attentional demand, hyperactives showed consistently higher levels of motor movement than did their normal controls." p. 686

Porrino et al. (1983). Archives of General Psychiatry, 40, 681-687.

### Mean Hourly Activity Scores During the Week



### **DEPENDENT MEASURES AND TECHNIQUES**

### **ACTIGRAPHS**

Ambulatory Monitoring, Inc. MicroMini Motionlogger<sup>®</sup>

SETTING: Low PIM Mode [intensity of movement] [Proportional Integrating Measure]

SAMPLING RATE = 16 samples per second collapsed into 1-minute epochs

### Placement: both ankles; non-dominant wrist





### **Experimental Design**

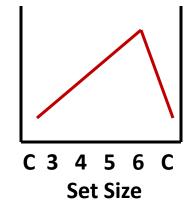
Phonological WM (21 consecutive trials) at 4 set sizes (3, 4, 5, 6) [programmed using SuperLab 2.0]

Visuospatial WM (21 consecutive trials) at 4 set sizes
(3, 4, 5, 6) [programmed using SuperLab 2.0]

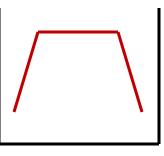
All tasks administered in counterbalanced order across 4-week Saturday assessment sessions.

## **Primary Hypothesis**

If activity level is functionally related to PH/VS subsidiary system processes, we would expect movement to vary systematically as greater demands are imposed on the storage/rehearsal systems.

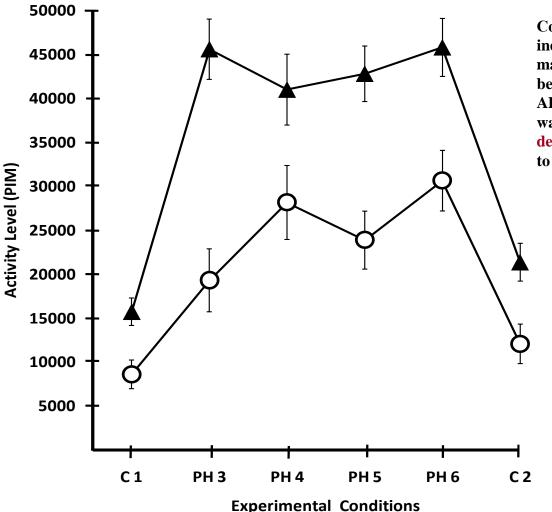


If activity level is functionally related to Central Executive processes, we would expect movement to increase from control (minimal CE or storage demands) to WM demand conditions, but not vary between set size conditions because no additional demands are placed on the CE when only the number of stimuli increase (i.e., no additional processing demands are imposed).



C 3 4 5 6 C Set Size

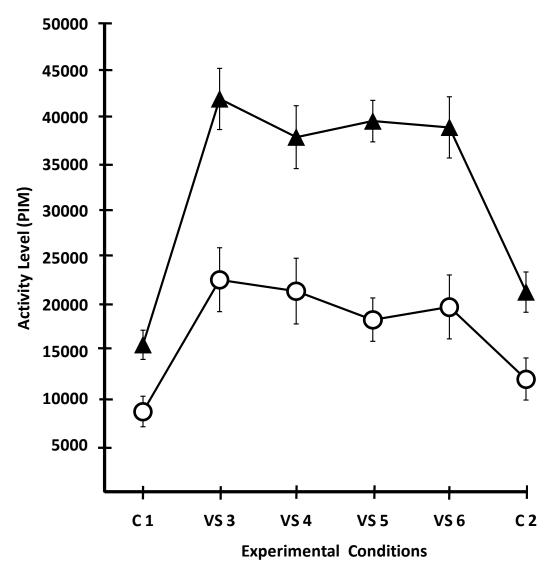
#### **Activity Level Assessed During the PH and Control Conditions**



Computation of Hedges' g indicated that the average magnitude difference between children with ADHD and TD children was 1.49 standard deviation units (range: 0.93 to 2.10).

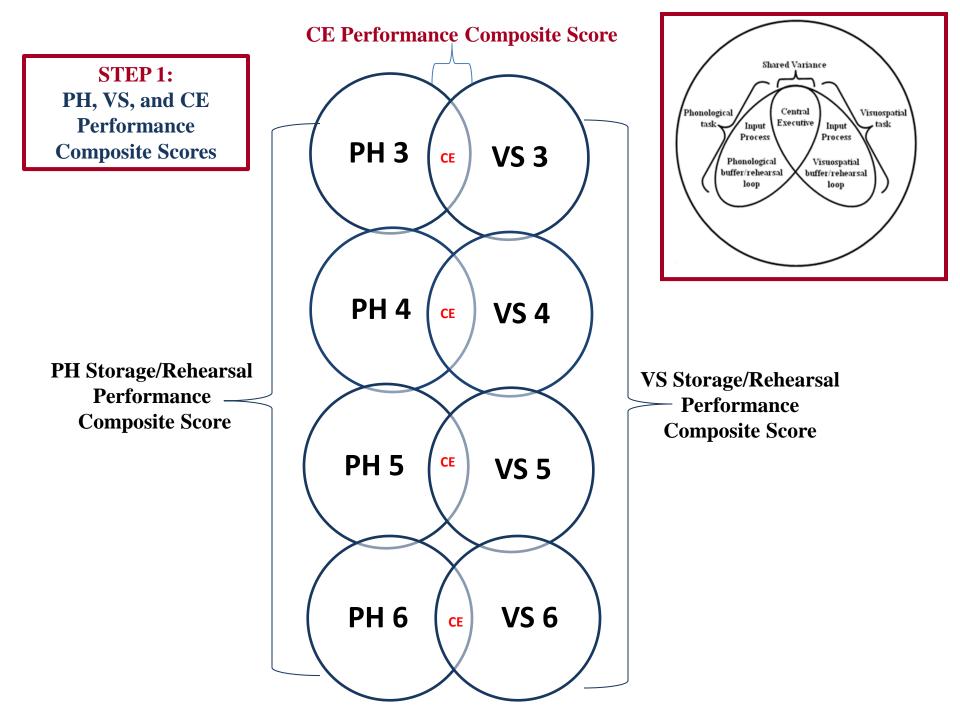
Total extremity activity level (right foot, left foot, and non-dominant hand) expressed in PIM (Proportional Integrated Measure) units for children with ADHD (*triangles*) and typically developing children (*circles*) under control (C1, C2) and four phonological set size (PH 3, 4, 5, 6) working memory task conditions. *Vertical bars* represent standard error.

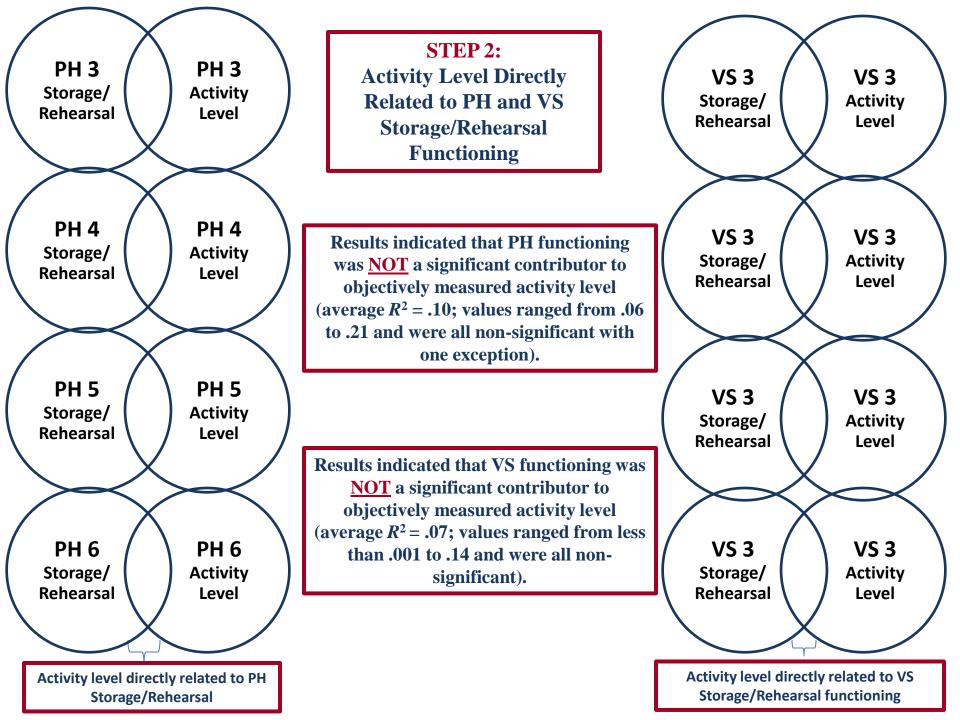
#### **Activity Level Assessed During the VS and Control Conditions**

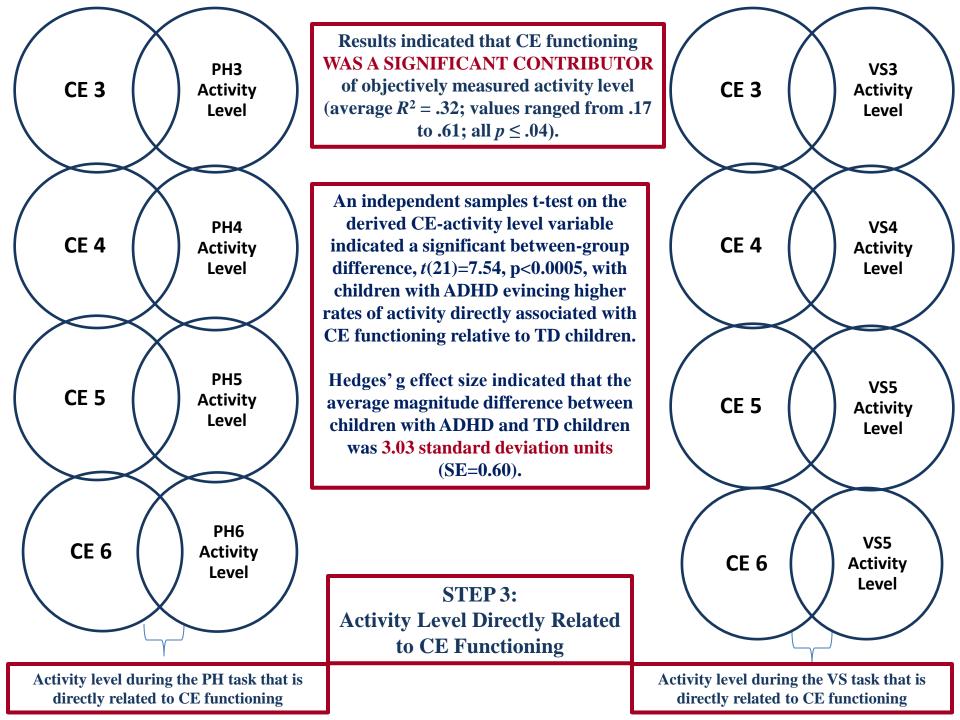


Hedges' g effect size indicated that the average magnitude difference in activity level between children with ADHD and TD children during visuospatial WM tasks was **1.83 standard deviation units** (range=1.47 to 2.67).

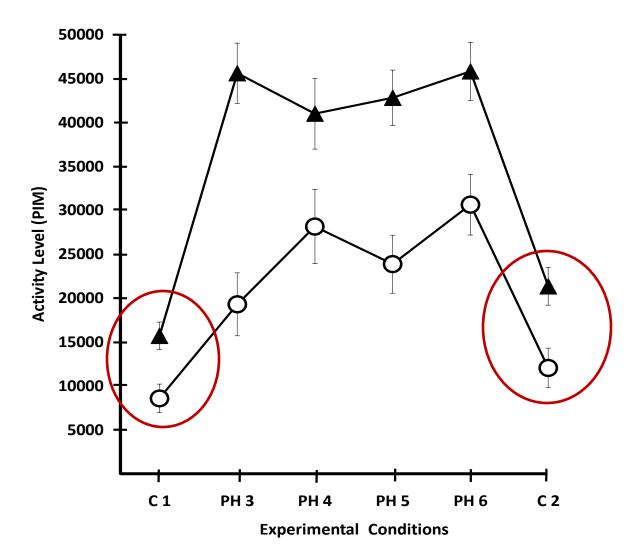
Total extremity activity level (right foot, left foot, and non-dominant hand) expressed in PIM (Proportional Integrated Measure) units for children with ADHD (*triangles*) and typically developing children (*circles*) under control (C1, C2) and four visuospatial set size (VS 3, 4, 5, 6) working memory task conditions. *Vertical bars* represent standard error.



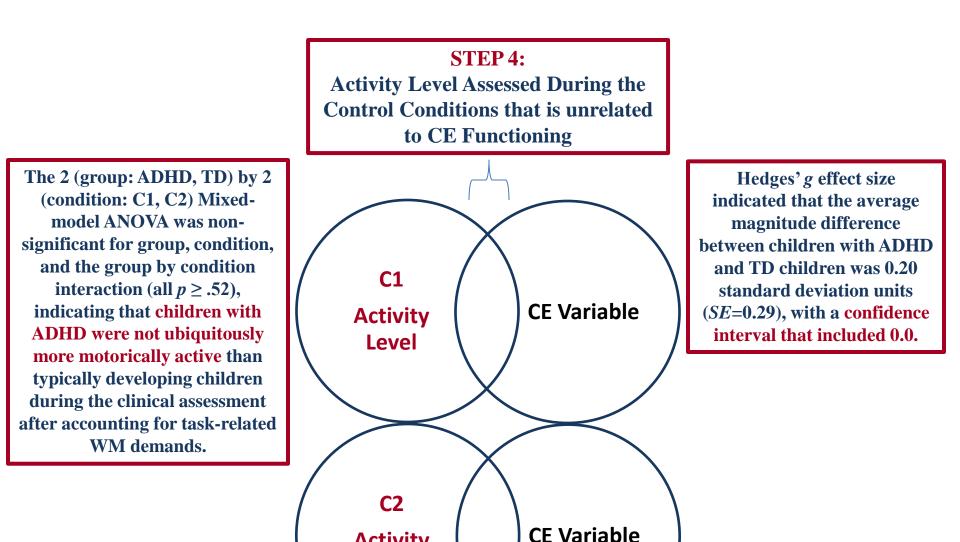




#### Activity Level Assessed During the PH and Control Conditions



Total extremity activity level (right foot, left foot, and non-dominant hand) expressed in PIM (Proportional Integrated Measure) units for children with ADHD (*triangles*) and typically developing children (*circles*) under control (C1, C2) and four phonological set size (PH 3, 4, 5, 6) working memory task conditions. *Vertical bars* represent standard error.

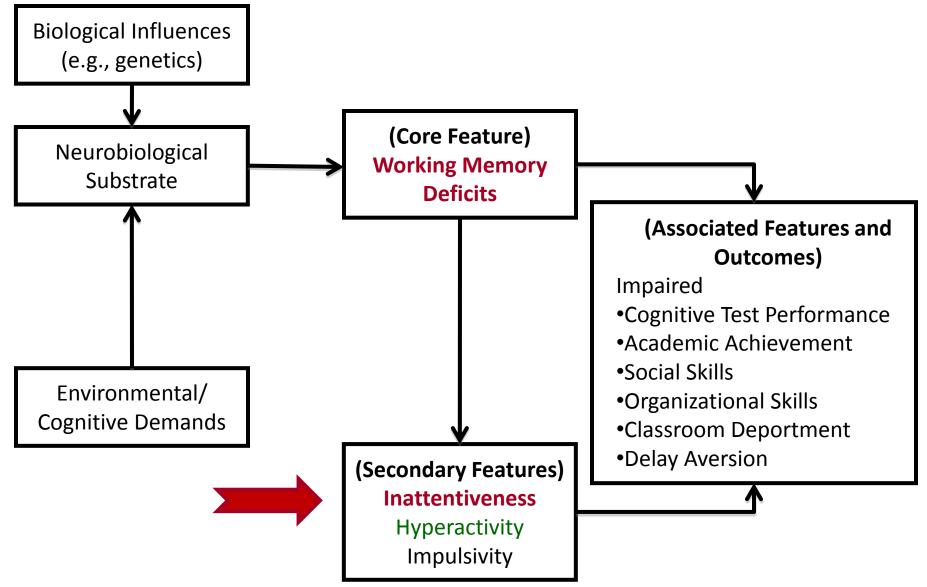


Activity Level

# **Findings Summary**

- All children are significantly more active when engage in tasks requiring working memory.
- Children with ADHD are significantly more active than TDs when engaged in tasks requiring WM.
- Children with ADHD are not significantly more active than typically developing children after controlling for the influence of WM [not ubiquitously hyperactive]
- Central Executive functioning (not storage/rehearsal) is functionally related to children's activity level.
- Differences in children's activity level during WM task may reflect underlying differences in arousal.

#### **Working Memory Model of ADHD**



#### **Dependent Measures and Techniques**

**Noldus Observer** 

#### Mutually exclusive Behavioral Codes

Oriented to task

#### Head is directed within 45° vertically/horizontally of the center

of the monitor.

#### Observers

- Two coders per tape
- Observers pre- trained to exceed 80% agreement
- Interrater reliability
  - = .94; Kappa = .88

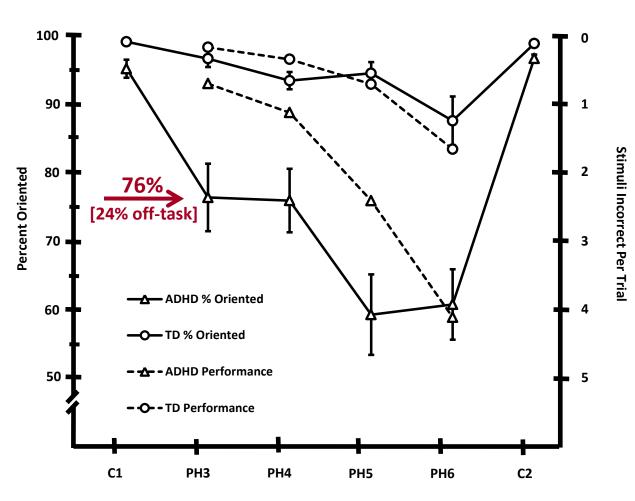
Image: Second control     File   Edit   View   Customize   Data   Tools   Video   Window   Help     Image: Control   Image: Cont									
RECORD 309 310 311 312 313 314 315 316 317 318 319 320 321 322 323 <	00 00 00 00 00 00 00 00 00 00 00 00	08:42.5 08:44.1 08:49.2 08:49.6 08:49.6 08:49.9 08:51.2 08:52.4 08:52.8 08:52.8 08:55.2 08:55.2 09:00.9 09:00.9 09:00.9	BEHAVI E- G-M HeadStil HeadMor G-M Mov Ch-Swing FootMov Voc Hea Ch-Stil VocQuiel FootStil G-M Stil E- G-M HeadStil E- G-M					Image: Speed   Image: Speed	Max End
Codes: Behavior									
[Orient]		[Head]	10.0	[Hands]	[Feet]	[GrossMov]	[ChairMov]	[OutChair]	[Vocal]
1 = Oriented		3 = HeadStil		7 = HandStil	a = FootStil	d = G-M Stil	q = Ch- Stil	p = In-Chair	g = VocQuiet
2 = NoOrient		4 = HeadMove		8 = HandMove	b = FootMove	e = G-M Move	r = Ch-Swing	o = OutChair	h = Voc Hear
z = Break		5 = E-Head		9 = E-Hand	c = E-Foot	f=E-G-M	s = E-Chair	n = E-Ochair	i=E-Vocal
4						1			

### Working Memory and Children's Inattentive behavior

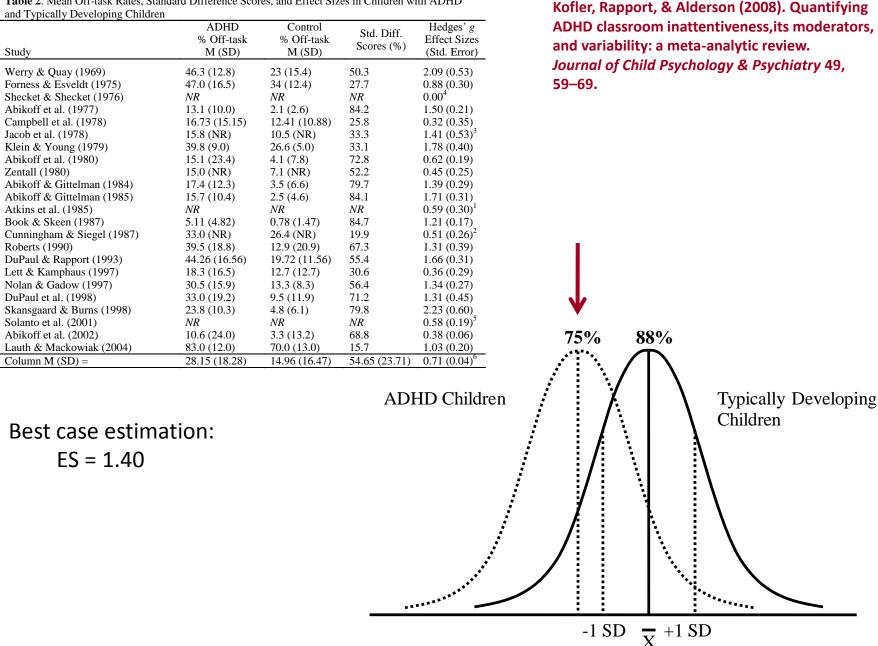
Hypotheses: Inattentiveness may be associated with any of the following deficiencies:

- I. Deficient CE processes [internal focus of attention]
- II. Exceeding child's storage capacity [STS]
- **III.** Deficiencies in both the CE and PH/VS storage capacity
- **IV. Ubiquitous inattentiveness unrelated to WM processes**

# Tier I: Attentive behavior and phonological memory load



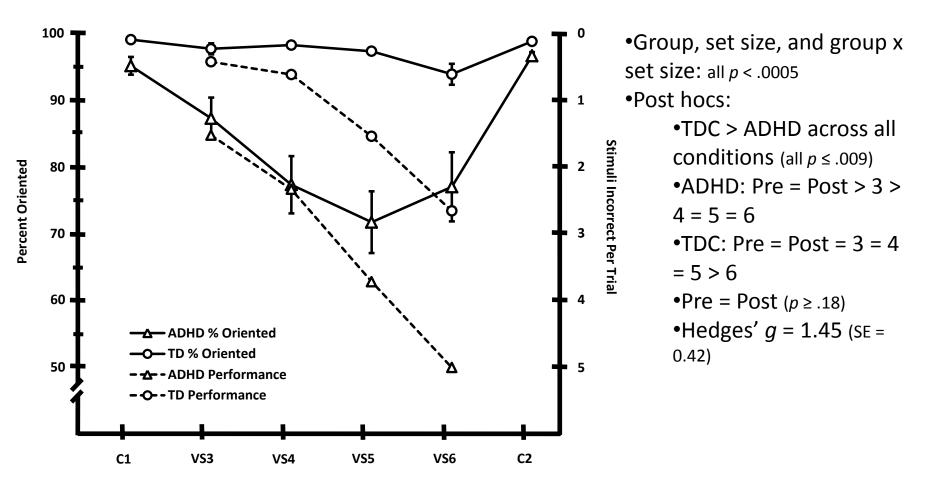
•Group, set size, and group x set size: all p < .0005•Post hocs: •TDC > ADHD across all conditions (all  $p \le .009$ ) •ADHD: Pre = Post > 3 = 4 > 5 = 6 •TDC: Pre = Post > 3 = 4 = 5 > 6 •Pre = Post ( $p \ge .18$ ) •Hedges' g = 1.55 (SE = 0.42)



Average Percent On-task

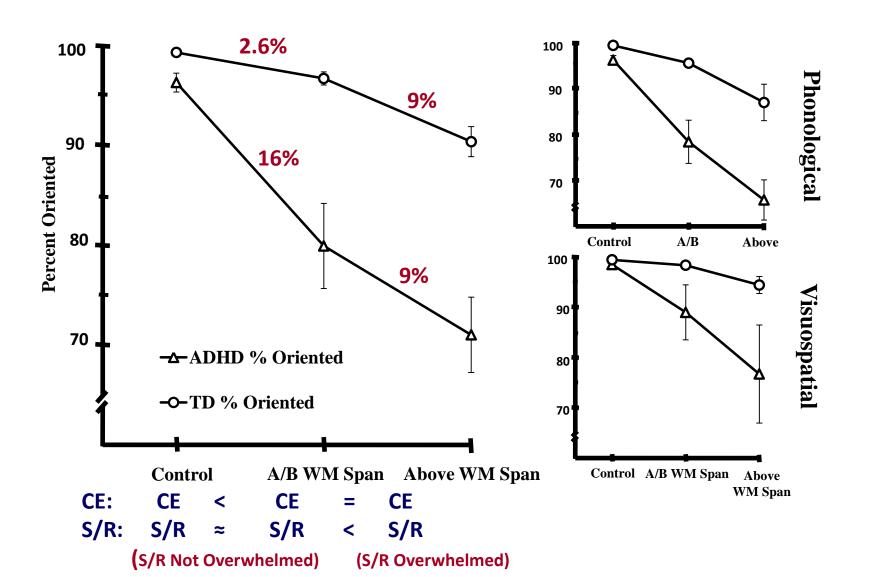
Table 2. Mean Off-task Rates, Standard Difference Scores, and Effect Sizes in Children with ADHD and Typically Developing Children

# Tier I: Attentive behavior and visuospatial memory load

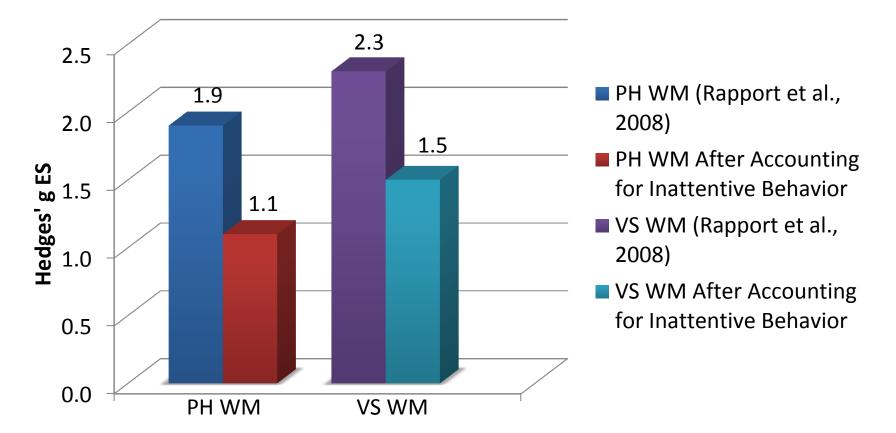


#### **WM Components and Attentive Behavior**

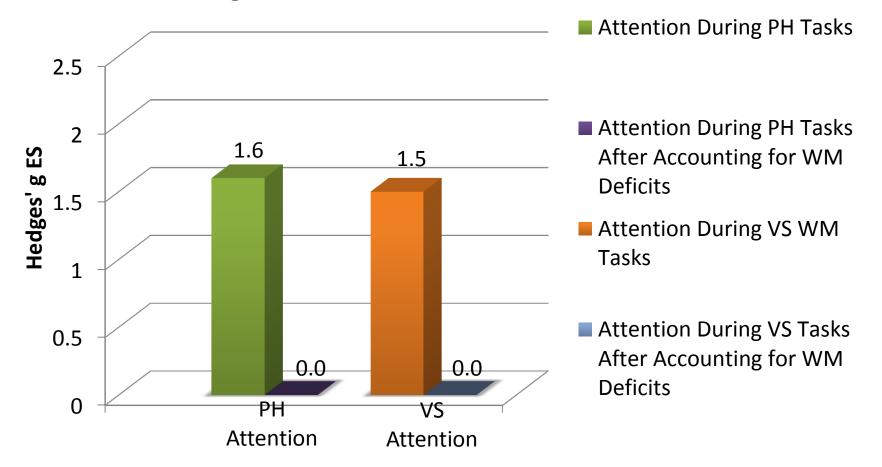
[2 (group) x 3 (conditions) mixed-model ANOVA]



#### **Magnitude of Working Memory Deficits in ADHD**



#### **Magnitude of Attention Deficits in ADHD**



## **Summary**

- Initial inattentiveness in ADHD reflects underlying deficits in CE processes – most likely the internal focus of attention
- Exceeding WM storage capacity results in similar rates of inattentiveness in children with ADHD and typically developing children
- WM deficits remain after accounting for betweengroup differences in inattentiveness.
- Between-group inattentiveness differences are no longer significant after accounting for WM differences

