# Jessica Sproat

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#### **Education**

University of Central Florida, Orlando, Florida Bachelor of Science in the College of Sciences

Major: Psychology

Minor: Criminal Justice, Statistics

Current GPA: **3.7/4.0** Graduation: May 2015

#### Honors

• Active Minds- Secretary

• Psi Chi National Honor Society in Psychology

• Florida Bright Futures Scholarship

• Phi Eta Sigma National Honor Society

• Sigma Alpha Pi National Honor Society of Leadership and Success

## **Experience**

#### **Mental Health Association of Central Florida**

Intern/Referral Specialist/Guardian Advocate Fall 2013

- Professionally and politely answer phone calls from clients
- Research resources to give as referrals for clients
- Contact providers and update their information in our database
- Contact clients after referrals were given to make sure everything is taken care of
- Meet with clients that are baker acted into psychiatric hospitals, advocate for their needs, and sign off on medication

## **UCF Anxiety Clinic**

Research Assistant Summer 2013-Present

- Experience the procedure for exposure therapy with young clients who have anxiety disorders
- Help plan how to go over certain topics in therapy

## **UCF Psychology Peer Advising Department**

Clerical Position Summer 2013-Present

- Provide detailed answers to questions for students who come into the department, call the department, or e-mail the department
- File paperwork
- Help students go over there degree audit and find appropriate classes

#### **Institute of Simulation and Training**

Research Assistant Summer 2013

- Run 2.5 hour experiments with students
- Find scholarly articles related to current research
- Complete audio transcriptions
- Code data on a 1-7 scale for seven categories

#### **Institute for Social and Behavioral Sciences**

Research Assistant Summer 2013-Present

• Survey students around the UCF campus to provide information for research

## The Center for Applied Human Factors in Aviation

Research Assistant Summer 2013

• Conduct 2 hour experiments with students

#### **Skills**

- Computer skills: Proficient in Microsoft Word, Excel, and Powerpoint
- Experience in office settings, answering multi-phone lines, and preparing/filing paperwork
- Research experience: familiar with SPSS and databases used to find scholarly articles

## **Other Work**

## Pizza Hut

Customer Service Representative 5/2011-6/2013

## The Center

Volunteer Summer 2013

## Alternative Break Program-Volunteer UCF

Volunteer

#### Volunteer UCF

• Provide meals to individuals who are homeless downtown