General Body Meeting 2/23/21: **Navigating the Psychology Major**

* The Tracks
	+ Clinical
		- The integration of science, theory, and clinical knowledge to understand, prevent, and relieve psychological distress or dysfunction and promote well-being.
	+ Industrial/Organizational
		- Applies psychological principles and research to improve the overall work environment, including performance, communication, professional satisfaction and safety.
	+ Human Factors
		- Studies the interaction between humans and machines/technology. Using psychological science to guide the design of products, systems and devices and increase performance and safety.
	+ Neuroscience
		- Integrates the understanding of brain functioning on psychological responses. Highlights how physical responses to psychological issues can be used to treat mental health issues.
	+ Experimental
		- Seeks to explore and understand human behavior through empirical research methods.
	+ General
		- The broad study of the basic principles, issues, and methods underlying psychology.
		- Except the General Track! The General Track allows you to take any 5 courses taught by the Psychology
* Resources and Opportunities
	+ Psych Advising
	+ Career Services
	+ Academic Advancement Programs
* Undergraduate Research
	+ Directed Independent Research
		- Working under a faculty member to assist their research by completing an independent project. Can be 0, 1, or 3 credit hours.
	+ Lab URA
		- Helping a faculty member or graduate student in their lab by collecting data, briefing participants, etc. Can be 0,1, or 3 credit hours.
		- To become a URA
			* Talk to professors
			* Psychology advising
			* RA Match
	+ CAPS URA
		- UCF Counselling and Psychological Services takes one URA to help in mental health on campus research. Contact Dr. Larry Marks lmarks@ucf.edu for more information.
* Preparing for Graduate School
	+ Explore possible careers
	+ Research programs
	+ Apply for programs
* Future Dates
	+ Next GBM: Feb. 23rd at 4pm
	+ Psi Chi Application Deadline: Feb. 23
* Interested in Showcasing your Research?
	+ This will be an opportunity for members to share research they are working on with professors, for a thesis, or any other research with other students.
	+ March 9th at 4pm
* Interested in Leadership
	+ We will be taking applications for the UCF Psi Chi Executive Board for 2021 - 2022 soon