General Body Meeting 2/23/21: **Navigating the Psychology Major**

* The Tracks
  + Clinical
    - The integration of science, theory, and clinical knowledge to understand, prevent, and relieve psychological distress or dysfunction and promote well-being.
  + Industrial/Organizational
    - Applies psychological principles and research to improve the overall work environment, including performance, communication, professional satisfaction and safety.
  + Human Factors
    - Studies the interaction between humans and machines/technology. Using psychological science to guide the design of products, systems and devices and increase performance and safety.
  + Neuroscience
    - Integrates the understanding of brain functioning on psychological responses. Highlights how physical responses to psychological issues can be used to treat mental health issues.
  + Experimental
    - Seeks to explore and understand human behavior through empirical research methods.
  + General
    - The broad study of the basic principles, issues, and methods underlying psychology.
    - Except the General Track! The General Track allows you to take any 5 courses taught by the Psychology
* Resources and Opportunities
  + Psych Advising
  + Career Services
  + Academic Advancement Programs
* Undergraduate Research
  + Directed Independent Research
    - Working under a faculty member to assist their research by completing an independent project. Can be 0, 1, or 3 credit hours.
  + Lab URA
    - Helping a faculty member or graduate student in their lab by collecting data, briefing participants, etc. Can be 0,1, or 3 credit hours.
    - To become a URA
      * Talk to professors
      * Psychology advising
      * RA Match
  + CAPS URA
    - UCF Counselling and Psychological Services takes one URA to help in mental health on campus research. Contact Dr. Larry Marks lmarks@ucf.edu for more information.
* Preparing for Graduate School
  + Explore possible careers
  + Research programs
  + Apply for programs
* Future Dates
  + Next GBM: Feb. 23rd at 4pm
  + Psi Chi Application Deadline: Feb. 23
* Interested in Showcasing your Research?
  + This will be an opportunity for members to share research they are working on with professors, for a thesis, or any other research with other students.
  + March 9th at 4pm
* Interested in Leadership
  + We will be taking applications for the UCF Psi Chi Executive Board for 2021 - 2022 soon