“Understanding Your Psychology Degree Audit” Transcription

**“2019 myknight audit for psychology BS”**

This presentation is going to go over how to look through your myKnight Audit.

After you pull up your myKnight Audit on MyUCF, you will see that underneath your name, you will have your major, track, and catalog year showing. On the interactive audit, you don’t need to “collapse all” or “expand all” to view requirements that you’re still missing. You can also pull up a PDF if you need to share, write notes, or save your audit.

If you do not have an AA degree from a public college in Florida, you will need to meet the General Education Program courses for UCF. If you have classes that are already completed from another school that you think should count towards the GEP requirements and are not showing on your audit, you can have them evaluated on the academic services website. If you have additional questions about meeting your GEP requirements, just contact the College of Sciences Advising Services Office.

For most of the general education program requirements, it doesn’t matter which classes you choose for each of the sections except for a few. For example, in the General Education Program #8 requirement, make sure that you’re taking a statistics class. Either STA2014C or STA2023. STA2023 does require College Algebra as a prerequisite, this is the class that we recommend for psychology majors. This class is not available online with UCF, so if you’re an online student you’ll be taking it elsewhere. But you can take it online with another FLorida school using FloridaShines.org.

For the General Education Program #9, of course you’re going to take a General or Introduction to Psychology course if you have not done so already. For the GEP #11 section, you can choose any science that’s listed. As long as you don’t choose Astronomy or Chem Fundamentals 1, they’ll count for the psychology major as well. For the General Education Program #12, you need a biology class for the psychology major. So as long as you take BSC1005 or BSC2010C, it will count for the psych major as well. Again, this class is not available online through UCF so you can take it elsewhere using FloridaShines.org.

Everyone earning a bachelor's degree is going to complete at least 120 credit hours. 48 of those hours need to be upper level, 3000 and higher. To meet your psychology requirements and your gen-ed requirements, you might have to complete some more credit hours just to reach the 120 or 48 upper level. Just be careful you’re not taking too many credits that you run into issues with financial aid or excess hours.

Next on your audit is your GPAs. Your UCF GPA is all of the courses you’ve taken at UCF, it starts at a 0 before your first semester, so be sure to start off strong. Your Overall GPA underneath this is everything you’ve ever taken in college.

Now on your audit, we’re finally getting into the Psychology Major Requirements. The first requirement listed is the college level foreign language. Yes, you need college level language, high school level does not satisfy this requirement. If you’re already fluent or pretty proficient in a language, you can test out with the University Testing Center. Or if you know enough, you can jump into Level 2 or even higher and be done with the requirement with just one class. But, if you’ve only done two years of high school level or if you don’t know the language then start off with Level 1 before moving on to required Level 2 to meet this [requirement].

Next on the audit is the Psychology Core Requirements. All classes for psychology must be a C or higher, that means it cannot be a C-. Of course, you need General Psychology. You need a biology [class], BSC1005 or BSC2010C are offered face-to-face at UCF. BSC2010C: General Biology 1, is more for students going on into a nursing, health, medical, or science field like neuroscience. If you’re not going towards any of those fields, then BSC1005 is perfectly fine. For statistics, it’s recommended for psychology majors that you take STA2023: Stat Methods 1 (the prereq for that is College Algebra) especially if you’re going on to a psychology field that involves research. Otherwise, you can take STA2014C to meet the requirement to move onto the next stats class needed for psychology.

Next, the Advanced Core Requirements are listed. You will complete all of these classes. Some of them can be completed in any order, but others do have a specific order in which you’ll want to complete them. For example, PSY2023 or 3024: Psychology Career Readiness 1, should be completed your first semester as a psychology major after you’ve completed General Psychology. Then, in your second semester, you’ll take Career Readiness 2: PSY3074. In your last semester, you’ll take PSY4049: Psychology Capstone. All three of those classes are S or U graded (Satisfactory or Unsatisfactory) meaning they don’t affect your GPA. They’re also only available online and each are two credits, so if you need to be full time at at least 12 credit hours, make sure you’re balancing appropriately. You want to complete the statistics courses in order, first is that basic statistics that we’ve already covered, then you'll take Stats in Psychology, and third will be Research Methods in Psychology. You’ll want to take these classes consecutively as much as possible, as they all build on top of eachother. Courses of Developmental Psychology can be completed sooner than later. Social Psychology, Physiological Psychology, and Cognitive Psychology can be completed in any order. You’ll want to take PSY4604: History and Systems closer to your senior year. You’ll cover [the] history of psychology so this can be a good review class for you if you waited on it. Every psychology major will take one Diversity Elective. There are four options for you to choose from. Psychology students also need to choose a track, which organizes five elective courses of their choice. Choose a track based off of your interest area. You can choose Clinical, Industrial Organizational, Human Factors, Neuroscience, Experimental, or just the General Track. Each track is five courses.

The Clinical Track is about studying, diagnose, and treatment of mental, emotional, and behavioral disorders. For this track, you need an Abnormal Psychology course and four clinical-related electives.

The Industrial Organizational Psychology, or I/O Psychology Track, is about understanding productivity, management, and employee working styles to improve the quality of life related to the workplace. For this track, you need the Intro to I/O Psychology course and four relevant electives. For the Human Factors Track, this is about applying human behavior to design and use of products, systems, tools, and environments for comfortable human use. You need the Principles of Human Factors Psych class and four of the relevant courses.

For the Neuroscience Track, this is about understanding how the brain affects cognitive function and behavior. For Neuropsychology, you do need to take Psychological Psychology first. Besides Neuropsych, you’ll take four of the relevant courses. For the Experimental Track, you get to choose any five of the relevant courses. This is focusing on design, analysis, and dissemination of research through experimentation related to behavior.

For the General Track, you can choose any five psychology courses that you wish. For the full list, check out our website! If you’re not sure which track you want to choose, you could always start with the General Track and take some elective courses and see if that helps guide your path. Or, if you’d like all five of the other tracks then you can choose one from each to create the General Track! It doesn’t matter which track you chose and you can change your track at any time before graduation at MyUCF.

Last on the audit is the Math and Science Elective courses, choose two Math/Science Electives that are listed. For the General Education Program #11, that will count as one of your science electives and then you just need one more. You will want to complete your Math/Science classes sooner rather than later.

If you have any questions about meeting your psychology requirements, just contact the Undergraduate Psychology Advising Center at psychadvising@ucf.edu!