
Amie R. Newins

Formerly Amie R. Schry

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EDUCATION & TRAINING

- 2013 – 2014 **Durham Veterans Affairs Medical Center**, Durham, NC
APA-Accredited Predoctoral Clinical Psychology Internship
- 2011 – 2014
Doctor of Philosophy **Virginia Polytechnic Institute and State University**, Blacksburg, VA
APA-Accredited Clinical Psychology Program
Dissertation Title: *Behavioral Responses and Risk Detection in Sexual Encounters: A Study on the Effects of Social Anxiety and a Brief Intervention*
Advisor: Susan W. White, Ph.D.
Dissertation Committee Members: Danny Axsom, Ph.D., Jungmeen Kim-Spoon, Ph.D., and Robert S. Stephens, Ph.D.
- 2009 – 2011
Master of Science **Virginia Polytechnic Institute and State University**, Blacksburg, VA
APA-Accredited Clinical Psychology Program
Thesis Title: *Social Anxiety as a Risk Factor of Sexual Victimization in College Women*
Advisor: Susan W. White, Ph.D.
Thesis Committee Members: Danny Axsom, Ph.D., and Bethany C. Bray, Ph.D.
- 2004 – 2008
Bachelor of Arts **Mercer University**, Macon, GA
Psychology (Minor: Criminal Justice)
Magna Cum Laude, with Departmental Honors, from the University Honors Program

ACADEMIC AND PROFESSIONAL POSITIONS

- 2016 – Present **Assistant Professor**
Department of Psychology, University of Central Florida, Orlando, FL
- 2015 – 2016 **Staff Psychologist**
Intensive Outpatient and General Outpatient Substance Use Disorders Programs, Hillandale II and Raleigh II Community Based Outpatient Clinics (Durham Veterans Affairs Medical Center), Durham and Raleigh, NC
- 2015 – 2016 **Medical Instructor**
Department of Psychiatry and Behavioral Sciences, Duke University School of Medicine, Durham, NC

2014 – 2015 **Postdoctoral Fellow**
Advanced Fellowship Program in Mental Illness Research and Treatment (MIRT), Veterans Affairs Mid-Atlantic Mental Illness Research, Education, and Clinical Center (MIRECC) and Durham Veterans Affairs Medical Center, Durham, NC

LICENSURE

2016 – Present **Licensed Psychologist in Florida**
License Number: PY 9640

2015 – 2016 **Licensed Psychologist in North Carolina**
License Number: 4909 (*Relinquished voluntarily due to moving out of state*)

ACADEMIC HONORS & AWARDS

2015 **IMR Research Week Poster Award, Fourth Place**, Institute for Medical Research, Inc., Durham VA (Role: mentor to undergraduate research assistant first author)

2014 **National Psychologist Trainee Register Credentialing Scholarship**, National Register of Health Service Psychologists

2010 – 2013 **Department of Psychology Galper Award/Travel Award**, Virginia Tech (\$2500 total awarded)

2012 **Graduate Student Assembly Graduate Research Development Program Award**, Virginia Tech (\$500 for dissertation research)

2010 – 2012 **Graduate Student Assembly Travel Fund Award**, Virginia Tech (~\$1300 total awarded)

2008 **Metzger Award for the Best Empirical Manuscript on a Psychological Topic**, Mercer University

2004 – 2008 **Presidential Scholarship**, Mercer University

2004 – 2008 **Honors Program Scholarship**, Mercer University

2004 – 2008 **President's List**, Mercer University (3 semesters)

2004 – 2008 **Dean's List**, Mercer University (6 semesters)

2005 **Gamma Iota Chapter Outstanding Scholarship Award**, Alpha Gamma Delta

2004 **Top Ten in Graduating Class**, A. W. Dreyfoos, Jr. School of the Arts

2004 **APA Teachers of Psychology in Secondary Schools Outstanding Student in Psychology**

PEER-REVIEWED PUBLICATIONS

1. Norberg, M. M., Newins, A. R., Mills, L., & Ham, L. S. (in press). Psychometric validation of the Anticipated Effects of Alcohol Mixed with Energy Drinks Scale. *Psychological Assessment*.
2. Kimbrel, N. A., Newins, A. R., Dedert, E. A., Van Voorhees, E. E., Elbogen, E. B., Naylor, J. C.,...Calhoun, P. S. (in press). Cannabis use disorder and suicidal behavior in Iraq/Afghanistan-era veterans. *Journal of Psychiatric Research*.
3. Calhoun, P. S., Schry, A. R., Dennis, P. A., Wagner, H. R., Kimbrel, N. A., Bastian, L. A.,...Straits-Tröster, K. (in press). The association between military sexual trauma and use of VA and non-VA healthcare services among female veterans with military service in Iraq or Afghanistan. *Journal of Interpersonal Violence*.

4. Calhoun, P. S., **Schry, A. R.**, Wagner, H. R., Kimbrel, N. A., Dennis, P. A., McDonald, S. D.,...Straits-Tröster, K. (2016). The prevalence of binge drinking and receipt of provider drinking advice among U.S. veterans with military service in Iraq or Afghanistan. *The American Journal of Drug and Alcohol Abuse*, *42*, 269-278. doi: 10.3109/00952990.2015.1051185
5. Gentes, E. L., **Schry, A. R.**, Hicks, T. A., Clancy, C. P., Collie, C. F., Kirby, A. C., ...Calhoun, P. S. (2016). Prevalence and correlates of cannabis use in an outpatient VA posttraumatic stress disorder clinic. *Psychology of Addictive Behaviors*, *30*, 415-421. doi: 10.1037/adb0000154
6. **Schry, A. R.**, Beckham, J. C., VA Mid-Atlantic MIRECC Workgroup, & Calhoun, P. S. (2016). Sexual revictimization among Iraq and Afghanistan war era veterans. *Psychiatry Research*, *240*, 406-411. doi: 10.1016/j.psychres.2016.04.016
7. **Schry, A. R.**, Maddox, B. B., & White, S. W. (2016). Social anxiety and alcohol-related sexual victimization: A longitudinal pilot study of college women. *Addictive Behaviors*, *61*, 117-120. doi: 10.1016/j.addbeh.2016.05.022
8. **Schry, A. R.**, & White, S. W. (2016). Social anxiety and resistance techniques in risky sexual scenarios: A possible mechanism of increased risk of victimization. *Personality and Individual Differences*, *88*, 242-246. doi: 10.1016/j.paid.2015.09.022
9. Fulton, J. J., Calhoun, P. S., Wagner, H. R., **Schry, A. R.**, Hair, L. P., Feeling, N., ...Beckham, J. C. (2015). The prevalence of posttraumatic stress disorder in Operation Enduring Freedom/Operation Iraqi Freedom (OEF/OIF) veterans: A meta-analysis. *Journal of Anxiety Disorders*, *31*, 98-107. doi: 10.1016/j.janxdis.2015.02.003
10. **Schry, A. R.**, Hibberd, R., Wagner, H. R., Turchik, J. A., Kimbrel, N. A., Wong, M.,...Brancu, M. (2015). Functional correlates of military sexual assault in male veterans. *Psychological Services*, *12*, 384-393. doi: 10.1037/ser0000053
11. **Schry, A. R.**, Rissling, M. B., Gentes, E., Straits-Tröster, K., Kudler, H., Beckham, J. C., & Calhoun, P. S. (2015). The relationship between post-traumatic stress symptoms and physical health in a cross-sectional survey of Iraq and Afghanistan era veterans. *Psychosomatics*, *56*, 674-684. doi: 10.1016/j.psym.2015.07.010
12. White, S. W., **Schry, A. R.**, Miyazaki, Y., Ollendick, T. H., & Scahill, L. (2015). Effects of verbal ability and severity of autism on anxiety in adolescents with ASD: One-year follow-up after cognitive behavioral therapy. *Journal of Clinical Child and Adolescent Psychology*, *44*, 839-845. doi: 10.1080/15374416.2014.893515
13. **Schry, A. R.**, Norberg, M. M., Maddox, B. B., & White, S. W. (2014). Gender matters: The effect of social anxiety on alcohol-related consequences. *PLOS ONE*, *9*(12), e115361. doi: 10.1371/journal.pone.0115361
14. White, S. W., Smith, L., & **Schry, A. R.** (2014). Assessment of global functioning in adolescents with autism spectrum disorders: Utility of the Developmental Disability-Child Global Assessment Scale. *Autism*, *18*, 362-369. doi: 10.1177/1362361313481287
15. Cooper, L. D., & **Schry, A. R.** (2013). Does clinical practice inform clinical research? *The Clinical Psychologist*, *66*(4), 19-25.
16. **Schry, A. R.**, & Norberg, M. M. (2013). Factor structure of the Modified Timeline Followback: A measure of alcohol-related consequences. *Journal of Studies on Alcohol and Drugs*, *74*, 803-809.
17. **Schry, A. R.**, & White, S. W. (2013). Sexual assertiveness mediates the effect of social interaction anxiety on sexual victimization risk among college women. *Behavior Therapy*, *44*, 125-136. doi: 10.1016/j.beth.2012.09.001
18. **Schry, A. R.**, & White, S. W. (2013). Understanding the relationship between social anxiety and alcohol use in college students: A meta-analysis. *Addictive Behaviors*, *38*, 2690-2706. doi: 10.1016/j.addbeh.2013.06.014
19. **Schry, A. R.**, Roberson-Nay, R., & White S. W. (2012). Measuring social anxiety in college students: A comprehensive evaluation of the psychometric properties of the SPAI-23. *Psychological Assessment*, *24*, 846-854. doi: 10.1037/a0027398

20. White, S. W., **Schry, A. R.**, & Maddox, B. B. (2012). Brief report: The assessment of anxiety in high functioning adolescents with autism spectrum disorder. *Journal of Autism and Developmental Disorders*, 42, 1138-1145. doi: 10.1007/s10803-011-1353-3

BOOK CHAPTERS

1. White, S. W., **Schry, A. R.**, & Kreiser, N. L. (2014). Social worries and difficulties: Autism and/or social anxiety disorder? In T. E. Davis, III, S. W. White, & T. H. Ollendick (Eds.), *Handbook of autism and anxiety*. New York, NY: Springer.
2. White, S. W., & **Schry, A. R.** (2011). Social anxiety in adolescents on the autism spectrum. In C. A. Alfano & D. C. Beidel (Eds.), *Social anxiety disorder in adolescents and young adults: Translating developmental science into practice*. Washington, DC: American Psychological Association Books.

MANUSCRIPTS UNDER REVIEW, UNDER REVISION, & IN PREPARATION

1. Hopkins, T. A., **Newins, A. R.**, Wilson, S. M., & Calhoun, P. S. (under review). Military sexual trauma and barriers to healthcare usage among female veterans who served in Iraq and Afghanistan.
2. **Newins, A. R.**, Scarpa, A., & Wilson, L. C. (under review). The impact of sexual orientation on the relationship between ambivalent sexism and PTSD symptoms among survivors of child sexual abuse.
3. Brennan, C. L., Swartout, K. M., Goodnight, B. L., Cook, S. L., Parrott, D. J., Thompson, M. P., **Newins, A. R.**,...Leone, R. M. (under review). Evidence for multiple classes of sexually-violent college men.
4. Wilson, L. C., **Newins, A. R.**, & White, S. W. (under review). The impact of rape acknowledgment on survivor outcomes: The moderating effects of rape myth acceptance.
5. Wilson, S. M., **Newins, A. R.**, Medenblik, A. M., Kimbrel, N. A., Dedert, E. A., Hicks, T. A.,... Calhoun, P. S. (under review). Efficacy of smoking cessation treatments among women who smoke while pregnant: A meta-analysis.
6. **Newins, A. R.**, Tupler, L. A., Menon, A., Randle, E. E., Hong, J. Y., Krishnan, K. R. R., & Davidson, J. R. T. (in preparation). The role of specific feared events in college students with social anxiety disorder: Relationships with alcohol use disorders.
7. Norberg, M. M., **Newins, A. R.**, & Henry, A. (in preparation). The reliability and validity of the TLFB for AmED use.
8. Norberg, M. M., Ham, L. S., **Newins, A. R.**, & Chen, L. (in preparation). Psychometric evaluation of the Caffeinated Alcoholic Beverages Motives Questionnaire (CABMQ).
9. Norberg, M. M., **Newins, A. R.**, Ham, L. S., Henry, A., Mills, L., & Dennis, P. A. (in preparation). AmED use and negative alcohol-related consequences: An examination of possible mediators.

PAPER PRESENTATIONS & SYMPOSIA

1. **Schry, A. R.**, & White, S. W. (2016, April). *Ethics and Title IX issues in research on sexual assault*. Paper presented at the Virginia Tech Sexual Violence: An Interdisciplinary Conference, Blacksburg, VA.
2. Lawson, E., Henry, A., **Schry, A.**, & Norberg, M. (2015, September). *A load of (red) bull...Drinking motives accounting for adverse consequences of mixing alcohol with energy drinks?* Paper presented at the Australasian Conference of Undergraduate Research 2015, Perth, Australia.

3. White, S. W., **Schry, A. R.**, Miyazaki, Y., Ollendick, T. H., & Scahill, L. (2013, November). Deeper into CBT for anxiety in autism: Intra-individual factors predicting treatment response and long-term anxiety reduction. In M. D. Lerner (Chair), *Predictors of intervention response in youth with autism spectrum disorders: Moderators and mediators of psychosocial treatments for core and comorbid psychopathology*. Symposium conducted at the meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
4. **Schry, A. R.**, & White, S. W. (2011, November). Social anxiety and sexual victimization in college women. In **A. R. Schry** (Chair), *Social anxiety and health risk behaviors in adolescents and college students*. Symposium conducted at the meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
5. **Schry, A. R.** (2011, September). *Social interaction anxiety as a risk factor of sexual victimization in college women*. Presentation at the Virginia Tech Clinical Research Fair, Blacksburg, VA.
6. Pegram, S. E., **Schry, A. R.**, Bowden, E., & Plummer, J. P. (2010, August). Alcohol's influence on perceptions of alcohol-facilitated sexual assault. In E. S. Geller (Chair), *Community-based research exploring the human dynamic of alcohol abuse*. Symposium conducted at the meeting of the American Psychological Association, San Diego, CA.
7. Smith, R. C., Geller, E. S., & **Schry, A. R.** (2010, August). Relationships among intentions, alcohol consumption, and intoxication: A field study. In E. S. Geller (Chair), *Community-based research exploring the human dynamic of alcohol abuse*. Symposium conducted at the meeting of the American Psychological Association, San Diego, CA.
8. **Schry, A. R.** (2010, March). *Correlates of sexual victimization in college women*. Presentation at the Virginia Tech Clinical Research Forum, Blacksburg, VA.
9. **Schry, A. R.**, & White, S. W. (2009, February). *Measuring treatment impact in youth with autism*. Paper session presented at the meeting of the Southeastern Psychological Association, New Orleans, LA.

POSTER PRESENTATIONS

1. Hopkins, T., **Schry, A. R.**, Wilson, S. M., & Calhoun, P. S. (2016, October). *Barriers to VA and mental health treatment among women veterans who experienced military sexual trauma*. Poster presented at the meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
2. **Schry, A. R.**, Fulton, J. J., Wilson-Barlow, L., & Ramos, K. (2016, October). *Disordered eating behaviors: The role of perceived societal pressure and emotion dysregulation*. Poster presented at the meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
3. **Schry, A. R.**, & Norberg, M. M. (2016, October). *Gender differences in the relationship between expectancies and use of alcohol*. Poster presented at the meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
4. Fulton, J. J., **Schry, A. R.**, Marcus, D. K., & Zeigler-Hill, V. (2015, November). *Risky sexual behaviors and self-esteem: The role of emotion dysregulation*. Poster presented at the meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
5. Fulton, J. J., **Schry, A. R.**, Calhoun, P. S., Wagner, H. R., Hair, L. P., Feeling, N., Elbogen, E., & Beckham, J. C. (2015, November). *The prevalence of posttraumatic stress disorder in Operation Enduring Freedom/Operation Iraqi Freedom (OEF/OIF) veterans: A meta-analysis*. Poster presented at the meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
6. **Schry, A. R.**, Rissling, M. B., Gentes, E., Hicks, T. A., Beckham, J. C., Kudler, H., Straits-Tröster, K., & Calhoun, P. S. (2015, November). *The relationship between posttraumatic stress symptoms and physical health*. Poster presented at the meeting of the International Society for Traumatic Stress Studies, New Orleans, LA.

7. **Schry, A. R.**, Kudler, H., Straits-Tröster, K., Beckham, J. C., & Calhoun, P. S. (2015, May). *The prevalence of binge drinking and receipt of provider drinking advice among U.S. veterans with military service in Iraq or Afghanistan*. Poster presented at the Institute for Medical Research, Inc. Research Week, Durham, NC.
8. Hicks, T. A., **Schry, A. R.**, Kudler, H. S., Straits-Tröster, K., Beckham, J. C., & Calhoun, P. S. (2015, May). *The relationship between posttraumatic stress symptoms and physical health in a cross-sectional survey of U.S. Iraq and Afghanistan era veterans*. Poster presented at the Institute for Medical Research, Inc. Research Week, Durham, NC.
9. **Schry, A. R.**, & White, S. W. (2015, April). *Social anxiety and risk of sexual victimization: An examination of two potential mechanisms for increased risk*. Poster presented at the meeting of the Anxiety and Depression Association of America, Miami, FL.
10. **Schry, A. R.**, Norberg, M. M., White, S. W., & Maddox, B. B. (2014, November). *Sex matters: The effect of social anxiety on alcohol-related consequences*. Poster presented at the meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
11. **Schry, A. R.**, & White, S. W. (2014, November). *Computer-based interventions: A possible new avenue for risk reduction programs for sexual victimization*. Poster presented at the meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
12. **Schry, A. R.**, Maddox, B. B., & White, S. W. (2013, November). *Psychological health and social relationships in college students: Effects of social anxiety and depression on group memberships and relationship status*. Poster presented at the meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
13. **Schry, A. R.**, Maddox, B. B., & White, S. W. (2013, April). *"It won't happen to me": Social anxiety predicts acceptance of myths about rape among college women*. Poster presented at the meeting of the Anxiety and Depression Association of America, La Jolla, CA.
14. **Schry, A. R.**, Lorenzi, J., Maddox, B. B., Neal, A., & Bray, B. C. (2012, November). *Predictors of rape acknowledgment in college women*. Poster presented at the meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
15. **Schry, A. R.**, & White, S. W. (2012, November). *Drinking motives: Why you drink affects how much you drink and how problematic your drinking is*. Poster presented at the meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
16. **Schry, A. R.**, & White, S. W. (2012, November). *Past victimization and current alcohol use as predictors of sexual victimization in college women*. Poster presented at the meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
17. Smith, L. A., **Schry, A. R.**, & White, S. W. (2012, May). *The DD-CGAS as a tool for the assessment of global functioning in treatment outcome research*. Poster presented at the International Meeting for Autism Research, Toronto, Canada.
18. **Schry, A. R.**, & White, S. W. (2012, April). *Social anxiety and alcohol-related problems: Does type of problem matter?* Poster presented at the meeting of the Anxiety Disorders Association of America, Arlington, VA.
19. White, S. W., **Schry, A. R.**, & Maddox, B. B. (2011, May). *The assessment of anxiety in high-functioning adolescents*. Poster presented at the meeting of the Association for Psychological Science, Washington, DC.
20. **Schry, A. R.**, & White, S. W. (2011, March). *Anxiety about social interaction as a unique predictor of alcohol-related problems in female college students*. Poster presented at the meeting of the Anxiety Disorders Association of America, New Orleans, LA.
21. **Schry, A. R.**, Roberson-Nay, R., & White, S. W. (2011, March). *Screening for social anxiety disorder in college students: Reliability and validity of the SPAI-23*. Poster presented at the meeting of the Anxiety Disorders Association of America, New Orleans, LA.
22. **Schry, A. R.**, Pugliese, C. E., & White, S. W. (2010, November). *Lack of assertiveness and social anxiety as risk factors for sexual victimization in college women*. Poster presented at the meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.

23. **Schry, A. R.**, & White, S. W. (2010, March). *Drinking as a coping tool for the management of social anxiety*. Poster presented at the Virginia Tech Clinical Psychology Research Fair, Blacksburg, VA.
24. **Schry, A. R.**, & White, S. W. (2010, March). *Drinking as a coping tool for the management of social anxiety*. Poster presented at the meeting of the Anxiety Disorders Association of America, Baltimore, MD.
25. **Schry, A. R.**, & Pratt, M. (2008, April). *Effects of brief physical exercise on short-term mood: Moderating effects of fitness level and type of exercise*. Poster presented at the Mercer University Undergraduate Research Symposium, Macon, GA.

INVITED PRESENTATIONS

1. **Schry, A. R.** (2015, July). *Social anxiety disorder: Diagnostic considerations*. Invited presentation at the VA Mid-Atlantic Mental Illness Research, Education, and Clinical Center, Durham, NC.
2. White, S., **Schry, A.**, Kreiser, N., Maddox, B., & Pugliese, C. (2012, March). *Quiet struggles: Social disability, autism, and anxiety in girls and young women*. Invited presentation at the Women and Mental Health Conference, Roanoke, VA.
3. **Schry, A.** (2010, August). *Administration, coding, and scoring of the Autism Diagnostic Interview – Revised (ADI-R)*. Presentation at the Virginia Tech Autism Clinic, Blacksburg, VA.
4. **Schry, A.**, & Kreiser, N. (2010, June). *Autism spectrum disorders*. Presentation at Camp Easter Seals, Salem, VA.
5. **Schry, A.** (2009, September). *Administration, coding, and scoring of the Autism Diagnostic Interview – Revised (ADI-R)*. Presentation at the Virginia Tech Autism Clinic, Blacksburg, VA.
6. Pugliese, C., & **Schry, A.** (2009, May). *Autism spectrum disorders*. Presentation at Camp Easter Seals, Salem, VA.

CLINICAL EXPERIENCE

Staff Psychologist in the Intensive Outpatient and General Substance Use Disorders Programs, VA Hillandale II Clinic, Durham, NC, and VA Raleigh II Clinic, Raleigh, NC

August 2015 – August 2016

Responsibilities: Provide individual and group therapy to patients with substance use disorders and comorbid conditions. Complete screening and intake assessments. Conduct psychological testing.

Assessment Clinician, VA Mid-Atlantic Mental Illness Research, Education, and Clinical Center, Durham, NC

August 2014 – August 2015

Responsibilities: Assessor for a study on post-deployment mental health in OEF/OIF veterans. Received extensive training on and achieved inter-rater reliability on the Structured Clinical Interview for DSM-IV, Axis I Disorders (SCID-I). Administered SCID-I to OEF/OIF veterans.

Supervisor: Patrick Calhoun, Ph.D.

Women's Health Clinic Clinician, Durham VAMC, Durham, NC

August 2014 – August 2015

Responsibilities: Conducted individual therapy with patients with various psychiatric disorders (e.g., PTSD, anxiety disorders, mood disorders, borderline personality disorder) and complex trauma (e.g., childhood abuse and military sexual trauma). Conducted intake

assessments and military sexual trauma assessments as part of consultations and treatment planning.

Supervisor: Kelly Caron, Ph.D.

Posttraumatic Stress Disorder Clinic Multidisciplinary Team Member, Durham VAMC, Durham, NC

February 2014 – July 2014

Responsibilities: Provided individual evidence-based psychotherapy (i.e., Cognitive Processing Therapy [CPT] and Prolonged Exposure [PE]) to veterans of all eras with military-related PTSD. Provided evidence-based group therapy (i.e., CPT, Couples Coping with Trauma, and Seeking Safety). Conducted evaluations to determine whether veterans met diagnostic criteria for PTSD using the Clinician Administered PTSD Scale (CAPS) and Personality Assessment Inventory (PAI).

Supervisor: Carolina Clancy, Ph.D., ABPP

Outpatient Mental Health Clinic Clinician, Durham, VAMC, Durham, NC

February 2014 – July 2014

Responsibilities: Conducted diagnostic and personality assessments for veterans with multiple diagnoses and complex problem combinations (e.g., PTSD, panic disorder, personality disorders, problematic anger and aggression, couple/marital conflict). Provided individual therapy to veterans with complex psychological presentations. Provided couples therapy to veterans experiencing marital difficulties. Co-led an anger management group. Designed and led a group on coping with anxiety and depression.

Supervisor: Jeffrey White, Ph.D.

Women's Health Clinic Multidisciplinary Team Member, Durham VAMC, Durham, NC

July 2013 – February 2014

Responsibilities: Conducted individual therapy with patients with various psychiatric disorders (e.g., PTSD, anxiety disorders, mood disorders, borderline personality disorder) and complex trauma (e.g., childhood abuse and military sexual trauma). Co-led psychoeducational group for trauma survivors; co-led DBT skills training group. Conducted military sexual trauma assessments as part of consultations and treatment planning.

Supervisor: Kelly Caron, Ph.D.

Compensation and Pension (C&P) Assessor, Durham VAMC, Durham, NC

July 2013 – February 2014

Responsibilities: Conducted evaluations including assessment of military-related trauma exposure (e.g., combat and military sexual trauma), any mental health issue that developed during military service (e.g., depressive, anxiety, and psychotic disorders), and mental health issues related to medical conditions (e.g., chronic pain). Wrote integrated reports using information from veterans' military, medical, and psychological records, psychological testing results, and information from a clinical interview.

Supervisor: Michael Griffin, Ph.D., ABPP

Neuropsychological Assessor, Durham VAMC, Durham, NC

July 2013 – February 2014

Responsibilities: Conducted interviews with patients presenting for neuropsychological assessments (e.g., referral questions of Alzheimer's disease, vascular dementia, Parkinson's disease, neurological changes due to substance use or head trauma). Selected

neuropsychological testing batteries for patients. Wrote integrated reports using interview information and psychological testing results.

Supervisor: Karen Tucker, Ph.D.

Graduate Clinician, Virginia Tech Psychological Services Center, Blacksburg, VA
August 2009 – May 2011; May 2012 – May 2013

Responsibilities: Provided individual and couples therapy using empirically supported treatments (e.g., behavioral and cognitive-behavioral treatments) and treatments based on structural systems model for a variety of presenting problems (e.g., anxiety disorders, mood disorders, autism spectrum disorders). Administered psychological assessments and wrote integrated reports. Participated in individual and team supervision meetings.

Supervisors: George Clum, Ph.D. (August 2012 – May 2013); Lee Cooper, Ph.D. (May 2010 – May 2011; May 2012 – August 2012); Angela Scarpa-Friedman, Ph.D. (August 2009 – May 2010)

Graduate Clinician, Virginia Tech Child Study Center, Blacksburg, VA
August 2011 – August 2012

Responsibilities: Assessor for NIMH-funded research study examining the transmission of anxiety from mothers to their children. Received extensive training on and achieved interrater reliability for research purposes on the Anxiety Disorders Interview Schedule – DSM-IV (ADIS-IV), ADIS – Parent Version (ADIS-P), and ADIS – Child Version (ADIS-C). Administered ADIS-IV, ADIS-P, and ADIS-C to mothers and their children. Administered behavioral approach task (BAT) and computerized emotional Stroop task to children.

Supervisor: Thomas H. Ollendick, Ph.D.

Psychology Extern, Catawba Hospital, Catawba, VA
January 2012 – May 2012

Responsibilities: Participated in milieu group therapy (e.g., psychoeducational groups, music groups) for inpatients with severe mental illness. Observed initial assessments and assessments of capacity.

Supervisor: Yoon Jung, Ph.D.

Graduate Clinician & Clinic Coordinator, Virginia Tech Assessment Clinic, Blacksburg, VA
August 2011 – May 2012

Responsibilities: Administered psychological assessments (e.g., tests of intelligence, achievement, and memory, personality assessments, assessment of psychological symptoms, such as anxiety and depression) and wrote integrated reports. Tracked assessment clinic materials and inventory. Organized and led all chart reviews for entire Psychological Services Center.

Supervisor: Lee Cooper, Ph.D.

Graduate Clinician, University of Central Florida Anxiety Disorders Clinic, Orlando, FL
May 2011 – July 2011

Responsibilities: Provided behavioral therapy (i.e., exposure-based therapy) to individuals with various anxiety disorders (e.g., agoraphobia, obsessive compulsive disorder).

Supervisor: Deborah C. Beidel, Ph.D., ABPP

Graduate Clinician, Virginia Tech Autism Clinic
August 2009 – May 2011

Responsibilities: Conducted clinical assessments for children, adolescents, and adults with

suspected autism spectrum disorders and wrote integrated reports.
Supervisor: Susan W. White, Ph.D.

Independent Evaluator, Virginia Tech Psychosocial Interventions Lab
September 2008 – May 2009; December 2010 – May 2011

Responsibilities: Assessor for NIMH-funded research study. Received extensive training on and achieved interrater reliability for research purposes on the Anxiety Disorders Interview Schedule – Child/Parent Version (ADIS-C/P), Children’s Anxiety Rating Scale (CARS), Clinical Global Impressions Scale – Severity/Improvement (CGI), and Developmental Disability-Child Global Assessment Scale (DD-CGAS). Administered and assigned ratings on ADIS-C/P, CARS, CGI, and DD-CGAS.

Supervisor: Susan W. White, Ph.D.

Graduate Clinician, Virginia Tech Psychosocial Interventions Lab
May 2009 – December 2010

Responsibilities: Clinician for NIMH-funded research study. Received extensive training on and achieved interrater reliability within the lab for research purposes on the Autism Diagnostic Interview – Revised (ADI-R). Administered diagnostic assessments. Served as individual therapist and co-therapist for group therapy for adolescents with autism spectrum disorders and at least one co-morbid anxiety disorder.

Supervisor: Susan W. White, Ph.D.

CLINICAL SUPERVISION EXPERIENCE

Supervisor, University of Central Florida Psychology Clinic, Orlando, FL
August 2016 – Present

Responsibilities: Serve as supervisor for one section of clinical practicum. Provide individual and group supervision to five graduate students. Review video recordings of selected portions of sessions.

Peer Supervisor, Virginia Tech Psychological Services Center, Blacksburg, VA
August 2012 – May 2013

Responsibilities: Co-created first year introduction to practicum syllabus and co-led completion of this syllabus with two first-year students. Served as peer supervisor for one first-year and one second-year student. Conducted live supervision of therapy sessions and reviewed all progress notes, intake reports, discharge reports, and assessment reports.

Supervisor: George Clum, Ph.D.

Peer Supervisor, Virginia Tech Psychological Services Center, Blacksburg, VA
May 2012 – August 2012

Responsibilities: Served as peer supervisor for four first-year students. Met weekly with each student for individual supervision and reviewed all progress notes, intake reports, discharge reports, and assessment reports.

Supervisor: Lee Cooper, Ph.D.

SPECIALIZED CLINICAL TRAINING

August 2014

Motivational Interviewing Training

Trainer: Samantha Kettle, Psy.D., Durham VAMC

- August 2013 – April 2014 **Cognitive Processing Therapy Consultation for VA Provider Status**
Consultant: Carolina Clancy, Ph.D., ABPP, Durham VAMC
- August 2013 **Cognitive Processing Therapy Training**
Trainer: Carolina Clancy, Ph.D., ABPP, Durham VAMC
- August 2013 **Prolonged Exposure Therapy Training**
Trainer: Eric Crawford, Ph.D., Durham VAMC
- April 2012 **Face Your Fears: How to Conduct Good Exposure Therapy Across Diagnoses**
Presenter: David F. Tolin, Ph.D., ABPP, Anxiety Disorders Association of America Conference
- February 2012 **Therapeutic Options of Virginia (TOVA) Training**
Presenters: Bill Jackson, LPC, & Kim Mack, CNA, Catawba Hospital
- November 2011 **Exposure Therapy for Anxiety: Basics and Beyond Workshop**
Presenters: Jonathan S. Abramowitz, Ph.D., Brett Deacon, Ph.D., & Stephen P. Whiteside, Ph.D., Association for Behavioral and Cognitive Therapies Convention
- December 2010 **Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) Workshop**
Trainer: Rochelle F. Hanson, Ph.D., Virginia Tech

RESEARCH EXPERIENCE

Director, University of Central Florida Stress, Health, and Anxiety Research Lab (SHARE Lab),
Orlando, Florida
August 2016 - Present

Project Manager & Graduate Research Assistant, Virginia Tech Psychosocial Interventions Lab,
Blacksburg, VA
May 2010 – May 2011

Responsibilities: Ensured IRB protocols for lab studies were followed; assisted with completion of IRB paperwork and NIMH grant progress reports. Trained independent evaluators on assessment measures. Trained new study clinicians on obtaining consent/assent and administration of clinical interview and Wechsler Abbreviated Scale of Intelligence (WASI). Assisted lab manager with duties, as needed.

PI: Susan W. White, Ph.D.

Lab Manager & Graduate Research Assistant, Virginia Tech Psychosocial Interventions Lab,
Blacksburg, VA
May 2009 – May 2010

Responsibilities: Completed phone screenings with parents of potential participants. Obtained consent/assent. Scored measures and entered data. Managed lab schedule and inventory. Trained independent evaluators on all measures. Supervised undergraduate research assistants.

PI: Susan W. White, Ph.D.

Research Assistant, Virginia Tech Center for Applied Behavior Systems, Blacksburg, VA
May 2009 – November 2009

Responsibilities: Served as co-supervisor of two field study undergraduate students conducting studies on alcohol use in downtown Blacksburg.

PI: E. Scott Geller, Ph.D.

Lab Manager & Research Assistant, Virginia Tech Psychosocial Interventions Lab, Blacksburg, VA
September 2008 – May 2009

Responsibilities: Recruited participants and completed phone screenings with parents of potential participants. Obtained consent/assent. Scored measures and entered data. Managed lab schedule and inventory. Supervised undergraduate research assistants.

PI: Susan W. White, Ph.D.

Research Assistant, Virginia Tech Center for Applied Behavior Systems, Blacksburg, VA
August 2008 – May 2009

Responsibilities: Attended weekly lab leader meetings and weekly lab meetings with undergraduate research assistants. Assisted with data collection for various lab projects.

PI: E. Scott Geller, Ph.D.

Honors Level Undergraduate Research Project, Mercer University Psychology Department, Macon, GA

January 2007 – May 2008

Project Title: Effects of Brief Physical Exercise on Short-Term Mood: Moderating Effects of Fitness Level and Type of Exercise

Supervisors: Miranda Pratt, Ph.D., & Kirsten Bradbury, Ph.D.

Individual Empirical Research Project, Mercer University Psychology Department, Macon, GA
September 2006 – December 2006

Project Title: Viewing Images of Thin Models Possibly Reduces Women's Body Image

Course Instructor: Kirsten Bradbury, Ph.D.

TEACHING EXPERIENCE

Undergraduate Courses Taught at UCF

Principles of Behavior Modification (EAB 3703)

Graduate Courses Taught at UCF

Clinical Practicum (CLP 7943C)

Spring 2013 **Graduate Teaching Assistant**, Abnormal Psychology (Undergraduate – PSYC 3014), Virginia Tech

Mean of overall instructor rating = 5.78 (out of 6)

Responsibilities: Served as instructor of record for one section of abnormal psychology.

Fall 2012 **Graduate Teaching Assistant**, Abnormal Psychology (Undergraduate – PSYC 3014), Virginia Tech

Mean of overall instructor rating = 5.68 (out of 6)

Responsibilities: Served as instructor of record for one section of abnormal psychology.

Fall 2011 **Graduate Teaching Assistant**, Psychological Assessment (Graduate – PSYC 6254), Virginia Tech

Responsibilities: Led administration demonstrations for assessment measures taught in the course. Assisted in grading all assignments. Managed volunteer recruitment for practice administrations.

Course Instructor: Lee Cooper, Ph.D.

Spring 2011 **Teaching Assistant**, Advanced Research Methods in Clinical Psychology
(Undergraduate – PSYC 4364), Virginia Tech
Responsibilities: Presented multiple lectures on various topics in clinical
psychology, including applying to graduate school in clinical
psychology, conducting psychological assessments, and moderator and
mediator variables in clinical psychology research.
Course Instructor: Matthew Fritz, Ph.D.

PROFESSIONAL AFFILIATIONS

2016 – Present **Member**, Women’s Issues in Behavior Therapy Special Interest Group,
ABCT
2015 – Present **Member**, Association for Behavioral and Cognitive Therapies (ABCT)
2014 – 2015 **Postdoctoral Member**, Anxiety and Depression Association of America
(ADAA)
2013 – 2015 **Student Member**, Women’s Issues in Behavior Therapy Special Interest Group,
ABCT
2012 – 2015 **Student Member**, Society for a Science of Clinical Psychology (SSCP)
2011 – 2015 **Student Member**, Anxiety Disorders Special Interest Group, ABCT
2014 – 2015 **Student Member**, Association for Psychological Science (APS)
2009 – 2015 **Student Member**, Association for Behavioral and Cognitive Therapies (ABCT)
2009 – 2013 **Student Member**, Anxiety and Depression Association of America (ADAA;
formerly Anxiety Disorders Association of America)
2012 – 2013;
2008 – 2011 **Student Affiliate**, American Psychological Association (APA)
2008 – 2009 **Student Affiliate**, Southeastern Psychological Association (SEPA)
2007 – 2008 **Member**, Psi Chi

PROFESSIONAL, UNIVERSITY, & DEPARTMENTAL SERVICE

2016 – 2018 **Psychology Department Representative**, Recognition and Scholarship
Committee, College of Sciences, University of Central Florida
2016 – Present **Member**, Data Analysis Committee, Title IX Advisory Council, University of
Central Florida
2016 – Present **Member**, Title IX Advisory Council, University of Central Florida
2016 **Program Committee Member**, ABCT
2015 – 2016 **Research Mentor**, Durham VAMC Internship Program
2015 – 2016 **Professional Development Mentor**, Durham VAMC Internship Program
2015 **Abstract Reviewer**, ADAA Poster Submissions
2014 – 2015 **Psychology Postdoctoral Fellow Representative to Training Committee**,
Durham VAMC
2013 – 2014 **Psychology Intern Representative to Training Committee**, Durham VAMC
2013 **Grads-on-Demand Volunteer**, Virginia Tech Graduate-Undergraduate
Mentoring Program
2013 **Psychology Department Peer Mentor**, Virginia Tech
2013 **Abstract Reviewer**, Virginia Tech Graduate Student Assembly Research
Symposium
2011 – 2013 **Proposal Reviewer**, Virginia Tech Graduate Research Development Program
2011 – 2012 **Clinical Psychology Program Student Representative**, Virginia Tech

2010 – 2011

Editorial Board, *The New School Psychology Bulletin*

Ad Hoc Journal Reviews

Acta Psychopathologica
Addictive Behaviors
Alcoholism: Clinical and Experimental Research
American Journal of Preventive Medicine
The American Journal on Addictions
Annals of Epidemiology
Applied Developmental Science
Autism: International Journal of Research and Practice
Behavior Therapy
Cultural Diversity and Ethnic Minority Psychology
Current Psychology
Developmental Psychology
Health Psychology
Journal of Anxiety Disorders
Journal of Clinical Child and Adolescent Psychology
Journal of Clinical Psychology
Journal of Interpersonal Violence
Journal of Nervous and Mental Disease
Journal of Personality Assessment
Journal of Psychoactive Drugs
Journal of Sex and Marital Therapy
Journal of Social and Clinical Psychology
Journal of Studies on Alcohol and Drugs
Journal of Women's Health
PLOS ONE
Psychiatry Research
Psychology Trauma: Theory, Research, Practice, and Policy
SAGE Open
Substance Abuse
Training and Education in Professional Psychology

REFERENCES

Available upon request