**KRISTI ANN ALEXANDER, PH.D.**

Department of Psychology,

University of Central Florida

4111 Pictor Lane

Orlando, FL 32816

**Education**

Internship University of North Carolina School of Medicine, Chapel Hill, 1989-90

Clinical psychology pre-doctoral (APA-accredited)

Ph.D. University of Alabama, Tuscaloosa, AL; 1992

Major: Clinical Psychology (APA-accredited) Concentration: Clinical Child

Doctoral Dissertation: Accidental injuries in childhood: Comparison of the contributions from parents and children.

Chairperson: Robert D. Lyman, Ph.D.

M.A. University of Alabama, Tuscaloosa, AL; 1988

Major: Clinical Psychology (APA-accredited) Concentration: Clinical Child

Master’s Thesis: Evaluation of the "Children's Sick Room" program.

Chairperson: Michael C. Roberts, Ph.D.

B.A. Pitzer College, Claremont, CA; 1981

Major: Psychology

Honors: California State Scholar

**Present Employment**

Clinical Professor, Associate Director of Clinical Training, Department of Psychology,

University of Central Florida, Orlando, FL

**Professional Memberships**

American Psychological Association

Society of Pediatric Psychology

Society of Clinical Child and Adolescent Psychology

**Honors and Awards**

Faculty Development Grant, United Stated International University, 1997

University Research Fellowship, University of Toledo, 1992

Graduate Council Research Fellowship, University of Alabama, 1989

Graduate Council Travel Award, University of Alabama, 1988

Child Mental Health Fellowship, National Institute of Mental Health, 1985-1987

**License**

California: PSY 21660

**Publications**

#### Alexander, K., Ward, K., & Roberts, M. C. (2016). Information sources in clinical psychology. In J. Stein (Ed.), Neuroscience in biobehavioral psychology (pp. X-XXX). Philadelphia, PA: Eleviser.

#### Quach, D., Mano Jastrowski, K. E. & Alexander, K. (2016). A randomized controlled trial examining the effect of mindfulness meditation on working memory capacity in adolescents. Journal of Adolescent Health, 58 , 489-496. doi:10.1016/j.jadohealth.2015.09.024

Alexander, K. & Lightman, N. (2014). Injury prevention during childhood. In M. Bloom and T. P. Gullotta (Eds.), *Encyclopedia of Primary Prevention and Health Promotion* (2nd ed.) (pp. 752-762). New York: Springer.

Alexander, K. & Lightman, N. (2014). Injury prevention during adolescence. In M. Bloom and T. P. Gullotta (Eds.), *Encyclopedia of Primary Prevention and Health Promotion* (2nd ed.) (pp. 1303-1314). New York: Springer.

Lamb, J. D. & Alexander, K. (January, 2012 ) Television: A relationship with and on/off switch. *San Diego Psychological Association Newsletter.*

Alexander, K. & Roberts, M. C. (2002). Nonintentional injuries in childhood and adolescence (pg.145-177). In Turner, J. R. and Hayman, L. L.(Eds). *Health and Behavior in Childhood and Adolescence*. New York: Erlbaum.

Alexander, K. & Roberts, M. C. (2002). The prevention of unintentional injuries in childhood. In T. Gullotta and M. Bloom (Eds.), *Encyclopedia of Primary Prevention and Health Promotion*. New York: Plenum.

Alexander, K. & Roberts, M. C. (1998). Informational resources in psychology. In M. Hersen and A. S. Bellack (Eds.). *Comprehensive Clinical Psychology: Vol. 1. Foundations*. Kidlington, Oxford, UK: Elsevier Science.

Cone J. D., Alexander, K., Lichtszajn, J. L., & Mason, R. L. (1996). Reengineering clinical training curricula to meet the challenges beyond the Year 2000. *The Behavior Therapist, 19,* 65-70.

Pescara-Kovach, L. & Alexander, K. (1994). The link between food ingested and problem behavior: Fact or fallacy? *Behavioral Disorders, 19,* 142-148.

Roberts, M. C., Alexander, K., & Davis, N. J. (1991). Children's rights to physical and mental health care: A case for advocacy. *Journal of Clinical Child Psychology, 20,* 18-27.

Roberts, M. C., Alexander, K., & Fanurik, D. (1990). Evaluation of commercially available materials to prevent child sexual abuse and abduction. *American Psychologist, 45,* 782-783.

Roberts, M. C., Alexander, K., & Knapp, L. (1990). Motivating children to use seat belts: A program combining rewards and “Flash for Life.” *Journal of Community Psychology, 18*, 110-119.

Roberts, M. C., & Alexander, K. (1990). Programs and services for children's health care. *Child, Youth and Family Services Quarterly, 13,* 2, 13.

Alexander, K., Roberts, M. C., & Prentice-Dunn, S. (1989). A program evaluation of a sick child day care facility. *Children's Health Care, 18,* 225-231.

Alexander, K., & Roberts, M. C. (1988) Review of Fredericks, B. , Hardman, R. , Morgan, G. , & Rodgers, F. (1986). *A little bit under the weather: A look at care for mildly ill children*. Boston: Work/ Family Directions. In *Journal of Pediatric Psychology, 13*, 597-599.

**Paper Presentations**

Alexander, K., Ward, K., Cropper, R., Myers-Turnbull, A. & Eisen, J. (2015, April).  *Home safety assessment as a proxy measure of injuries.* Paper presented at Society of Pediatric Psychology Annual Conference. San Diego, CA.

Correia, C. & Alexander, K. (2015, April). *Relationship between culture, parenting, and unintentional injury in Mexican Americans.* Paper presented at Society of Pediatric Psychology Annual Conference. San Diego, CA.

Alexander, K. Chair (2015, April). *Innovations in Pediatric Unintentional Injury Research*. Symposium conducted at Society of Pediatric Psychology Annual Conference. San Diego, CA.

Namazi, S.,Alexander, K., Braje, S., & Kawahara, D. (2014, February). *A snapshot of social cognition as measured by social skills among Iranian American children: The role of parental acculturation.* Presented at the 42nd Annual Meeting of the International Neuropsychological Society in Seattle, WA.

Rabin, A., Swift, E., Alexander, K., & Foster, S. (2008, April). *What’s new in evidence based practices for children?* Paper presented at the annual meeting of the California Psychological Association. Anaheim, CA.

 Taub, J., Barakat, L., Bronstein, L., Mickelson, K. D., & Alexander, K. (2005, August). *Mothering in Academia*. Paper presented at the annual meeting of American Psychological Association. Washington,DC.

Alexander, K. & Roberts, M.C. (2003, August). *Mentoring across gender*. Paper presented at the annual meeting of the American Psychological Association. Toronto, ON.

Alexander, K. & Burrows, F.B. (2002, October). *The effects of parental involvement on social skills training for children with ADHD*. Paper presented at the Kansas Conference in Clinical Child and Adolescent Psychology. Lawrence, Kansas.

Alexander, K., Ebright, M., & Burrows, F. (1997, October) *Social Growth Project*. Paper presented at the Social Skills Symposium United States International University, San Diego, CA.

Alexander, K. (1995, September). *Mentoring students through research.* Paper presented at Fall Mini Conference, United States International University, San Diego, CA.

Alexander, K. (1994, June) *Relationship between postpartum stress and nonintentional injuries in preschool children.* Paper presented at the International Conference for Infant Studies, Paris.

Alexander, K., Reeker, J., & Knox, M. (1994, April). *Household safety and injuries in young children.* Paper presented at the Gulfcoast Regional Pediatric Psychology Conference, New Orleans.

Knox, M., & Alexander, K. (1994, April). *Sex differences in nonintentional injuries: The effects of parental socialization*. Paper presented at the Gulfcoast Pediatric Psychology Conference, New Orleans.

Alexander, K. (1993, May). *Working with adolescent mothers.* Invited paper presentation at GRADS teachers regional meeting. Tiffan, OH.

Alexander, K. & Gibson, C. I. (1993, April). *Nonintentional injuries in preschool children: The effects of maternal locus of control on household safety.* Paper presented at the Fourth Florida Conference on Child Health Psychology, Gainesville, FL.

Roberts, M. C. & Alexander, K. (1991, August). *Children's rights to Physical and mental health care.* Paper presented in Div. 37 symposium on *Child, Youth, and Family Advocacy* at the annual convention of the American Psychological Association, San Francisco, CA.

Alexander, K. , Roberts, M. C. , & Prentice-Dunn, S. (1988, June). *Evaluation of a sick child day care center.* Paper presented in C. Brown (discussant) Sick child day care symposium at the annual convention of the Association for the Care of Children's Health, Cleveland, OH.

**Poster Presentations**

Alexander, K., Eisen, J. L., & Ward, K. J.(August, 2015).  *Social skills group treatment study: The effects of social skills training on school age children’s behaviors.*  Poster presented at the American Psychological Association Annual Convention, Toronto, ON.

Lightman, N. & Alexander, K. (2015, April). *The contribution of temperament and parenting style to children’s risk for unintentional injury.* Poster presented at Society of Pediatric Psychology Annual Conference. San Diego, CA.

Davis, B. & Alexander, K. (2014, November). *Social information processing in adolescent sexual offenders*. Poster presented at the annual meeting of the International Society for Traumatic Stress. Miami, FL, USA.

Alexander, K., Myers-Turnbull, A., Eisen, J., Cropper, R. E., & Ward, K. J. (2014, October). *The effects of Facebook on depression in early adolescence.* Poster presented at the National Conference in Clinical Child and Adolescent Psychology. Lawrence, KS.

Alexander, K., Ward, K. J., Cropper, R. E., & Myers-Turnbull, A., (2014, October). *The relationship between hyperactivity and unintentional injury in children.* Poster presented at the National Conference in Clinical Child and Adolescent Psychology. Lawrence, KS.

Namazi, S., Alexander, K., Braje, S., & Kawahara, D. (2014, August). *Ethnic-racial socialization, perceived discrimination, and self-esteem among Iranian American youth.* Poster presented at the annual meeting of American Psychological Association. Washington, D.C.

Miggantz, E. L. & Alexander, K. (2013, August). *Social information processing, anxiety sensitivity, and depression in socially anxious adolescents.* Poster presented at the annual meeting of American Psychological Association. Honolulu, HI.

Namazi, S.,Alexander, K., Braje, S., & Kawahara, D. (2013, August). *An appropriate ethnic-racial socialization measure for children.* Poster presented at the 2013 American Psychological Association Convention, Honolulu, HI.

Maginot, T. & Alexander, K. (2013, April) *Perceptions of teasing and weight stigma in normal, overweight, and obese children.* Poster presented at The National Conference in Pediatric Psychology, New Orleans, LA.

Giglio, S. & Alexander, K. (2012, October). *An exploration of the relationship between parent’s religious coping, parenting, and children’s social competence.* Poster presented at the Kansas Conference of Clinical Child and Adolescent Psychology, Lawrence, KS.

Lebovits, M. & Alexander, K. (2010, October). *The relationship between parental psychological control and social competence in early adolescence.* Poster presented at the Kansas Conference of Clinical Child and Adolescent Psychology, Lawrence, KS.

Bonwell, K. S. & Alexander, K. (2010, October). *Post-partum depression and infant development.* Poster presented at the Kansas Conference of Clinical Child and Adolescent Psychology, Lawrence, KS.

Alexander, K., Namazi, S., & Giglio, S. (2010, August). *Development and assessment of the Child Development Questionnaire.* Poster presented at the annual meeting of American Psychological Association. San Diego, CA.

Sanzo, M., Alexander, K., & Dorian, M. (2010, August). *Psychometric assesment of self-transcendence.* Poster presented at the annual meeting of American Psychological Association. San Diego, CA.

Zdradzinski, E. & Alexander, K.. (2010, August). [*Cruelty to animals, aggression, and empathy in Adolescent Males*](http://forms.apa.org/convention/viewabstract.cfm?id=102463)*.* Poster presented at the annual meeting of American Psychological Association. San Diego, CA.

Alexander, K., Namazi, S., & Giglio, S. (2009, August). *Child development knowledge, parenting, and judgements of appropriate supervision.* Poster presented at the annual meeting of American Psychological Association. Toronto, Ontario.

Patel, N. & Alexander, K. (2008, August). *Social information processing in socially anxious adolescents*. Poster presented at the annual meeting of American Psychological Association. Boston, MA.

Alexander, K., Reeker, J, & Namazi, S. (2008, April).  *The impact of child age on mothers' judgments regarding supervision*.  Poster presented at the National Conference on Child Health Psychology.  Miami, FL.

Bachman, K. S. & Alexander, K. (2006, October). *The impact of marital discord and divorce on adolescent social skills*. Poster presented at the Kansas Conference of Clinical Child and Adolescent Psychology, Lawrence, KS.

Alexander, K. (2004, April). *Measuring household safety: Are we HAPI now?* Poster presented at the National Conference on Child Health Psychology. Charleston, SC.

Alexander, K. (1997, April). *Managed Care and Pediatric Psychology: Implications for training.* Poster presented at the Florida Conference on Child Health Psychology, Gainesville, FL.

Ebright, M. & Alexander, K. (1997, April). *Child temperament and mothering.* Poster presented at the Florida Conference on Child Health Psychology, Gainesville, FL.

Alexander, K., Ebright, M., & Reeker, J. (1995, April). *Judgments about supervision for children to prevent injury: Role of child development knowledge and locus of control.* Poster presented at the Fourth Florida Conference on Child Health Psychology, Gainesville, FL.

**Workshops**

Alexander, K. (2012, May*). Helping children with attentional problems: Tips for parents and teachers.* Presented at the McGill School of Success, San Diego, CA.

Alexander, K. (2010, May*). Child behavior problems: Signs and Symptoms.* Presented at the McGill School of Success, San Diego, CA.

Alexander, K. (2009, May*). Why do children misbehave?* Presented at the McGill School of Success, San Diego, CA.

Alexander, K., Ingham, M., & Gorman, C. (2007, November). *Coping with Trauma in the Aftermath of the Fires.* Presented at community meeting coordinated by IVAT; San Diego, CA.

Alexander, K. (1990, November). *Behavior management in the handicapped preschoolers’ classroom.* Presented at 43rd Annual Conference on the Exceptional Child, Charlotte, NC.

Alexander, K., & Still, B. (1990, March). *Temperament and child management skills.* Presented at Wake County Early Childhood Conference, Raleigh, NC.

Alexander, K. (1990, February). *Issues in failure-to-thrive infants and families.* Presentation to Exchange Club Child Abuse Prevention Center of Wake County, Raleigh, NC.

Alexander, K. (1989, November). *Child* *development and special-needs children and families.* Presentation to Exchange Club Child Abuse Prevention Center of Wake County, Raleigh, NC.

**Research Grants**

Nonintentional injuries in preschool children: The effects of maternal locus of control on household safety. University Research and Fellowship Program. Granted by the Office of Research of the University of Toledo. Spring, 1992 (Funded: $7500).

Accidental injuries in childhood: Comparison of the contributions from parents and children. Graduate Council Research Fellowship. Granted by the Graduate School of the University of Alabama. Summer, 1989 (Funded: $4000).

**Editorial Experience**

Ad Hoc Reviewer

*Clinical Pediatrics*

*Clinical Practice in Pediatric Psychology* (APA)

*Health Psychology* (APA)

*Journal of Applied Developmental Psychology*

*Journal of Clinical Child and Adolescent Psychology,*

*Journal of Pediatric Psychology*

*Professional Psychology: Research and Practice* (APA)

Reviewer for *Children Within Cultures: Developmental Psychology from an International Perspective.* Prentice Hall.

Chapter Reviewer for Roberts, M. C. (Ed.). *Handbook of Pediatric Psychology.* Guilford.

Chapter Reviewer for Roberts, M. C., & Walker, C. E. (Eds.). *Casebook of Child and Pediatric Psychology.* Guilford.

**Professional Activities and Service**

Committee Member, California Mental Health Loan Assumption Program, Spring 2016

Grant Reviewer, Social Sciences and Humanities Research Council of Canada, Spring 2016

Chair, Faculty Search Committee, Clinical Ph.D. program, Spring 2014

Chairperson, Institutional Review Board, Alliant International University, 2006 - 2016.

Planning Committee Member, National Conference for Society of Pediatric Psychology (SPPAC), 2014-2015

Assistant Clinical Ph.D. program director, 2009-2010

Reviewer for Lizette Peterson Homer Injury Prevention Grant, 2009-2013

Reviewer for Div. 54 small grant and student research awards, 2005 – 2007

Family Track coordinator, 2005-2006.

Committee Member, Institutional Review Board, Alliant International University, 2001 - 2006.

Faculty Sponsor, Psi Chi, Department of Psychology and Family Studies, United States International University, 1995-2001.

Chair, Institutional Review Board, U. S. International University, 1996 - 1998.

Committee Member, Institutional Review Board, United States International University, 1995 -1998.

Committee Member, Quality of Dissertations, United States International University, 1994 - 1997.

Committee Member, Clinical Psychology Curriculum, Comprehensive Examination, Department of Psychology & Family Studies, U. S. International University, 1994.

Committee Member, Clinical Faculty Search, Developmental Faculty Search, Social Faculty Search, Psychobiology Faculty Search, Admissions, Undergraduate Awards, Library Representative, Academic Advisor, Department of Psychology, University of Toledo, 1991 - 1994.

Chair, Admissions Committee, Department of Psychology, University of Toledo, 1992.

Committee Member, Research Review, Behavior Management, Bittersweet Farms, OH, Spring 1992.

Committee Member, Early Intervention Conference Planning, Adolescent Pregnancy Task Force, Toledo Hospital, Toledo, OH, 1992 - 1994.

Intern Representative, Training Committee, Department of Psychiatry, University of North Carolina - Chapel Hill, School of Medicine, Summer 1990.

Clinical Child Seminar Coordinator, Department of Psychology, University of Alabama, 1988.

Student Representative, Undergraduate Instruction committee, Clinical-Child Faculty Search, Department of Psychology, University of Alabama, 1987-1988.

**Teaching Experience**

1998 - 2016 Associate Professor, CSPP Clinical Ph.D. program, Alliant International University, San Diego, CA (formerly known as Department of Psychology and Family Studies, United States International University, San Diego, CA

1994 - 1998 Assistant Professor, Department of Psychology and Family Studies,

United States International University, San Diego, CA

1991 - 1994 Assistant Professor, Department of Psychology, University of Toledo, Toledo, OH

1986 - 1989 Instructor, Department of Psychology, University of Alabama, Tuscaloosa, AL

**Clinical Experience**

8/07 – Present Licensed Psychologist

Private practice

Psychotherapy and assessment for children, adolescents, and adults.

1/94 - 8/94 Psychological Assistant

West Center, Toledo, OH

Supervisor: Charlene Cassel, Ph.D.

Assessment and treatment of children, adolescents, and adults.

9/90 - 8/91 Psychological Assistant

Project Enlightenment, Raleigh, NC

Supervisor: Charles Kronberg, Ph.D.

Assessment of preschool and Kindergarten children. Early intervention services to adolescent mothers and their high risk infants.

9/90 - 8/91 Clinical Research Assistant, Early Intervention Effectiveness Project

Department of Human Resources, State of North Carolina

Supervisors: Pat Vandiviere, Lenoir Behar, Ph.D.

Conducted comprehensive evaluations of young children (0 to 3) and their families.

9/89 - 8/90 Psychology Intern

Department of Psychiatry

University of North Carolina, Chapel Hill, NC

Supervisors: Charles Kronberg, Ph.D.; Sally Flagler, Ph.D.; &

Melissa Johnson, Ph.D.

Treatment, assessment, and consultation for individuals from infancy through adulthood in inpatient and outpatient settings. Primary focus on provision of services to children and families. Specialty training in infant assessment, assessment and interventions with multiply-handicapped children, and individuals with autism; pediatric psychology consultation and liaison.

8/86 - 7/87 Unit Psychological Consultant

Brewer-Porch Children's Center, Tuscaloosa, AL

Supervisor: Robert D. Lyman, Ph.D.

Behavioral treatment planning for school-age children in residential treatment. Consultation to interdisciplinary staff, crisis management, and therapy

8/86 - 5/87 Psychotherapy Trainee

Indian Rivers Mental Health Center, Tuscaloosa, AL

Supervisor: Karen Turnbow, Ph.D.

Therapy and assessment of children, adolescents, and families in a community mental health center.

1/86 - 4/86 Psychological Consultant

Genesis House (Teaching Family home); Early Childhood Day Care Center, Tuscaloosa, AL

Supervisor: Michael C. Roberts, Ph.D.

Consultation with staff at two facilities for children: Residential treatment facility for adjudicated adolescents and preschool program for children with special needs.

8/83 - 5/88 Psychotherapy Trainee

University of Alabama Psychology Clinic;

Crestview Treatment Center,

DCH Regional Medical Center, Tuscaloosa, AL

Supervisors: Clinical Faculty

Therapy and assessment of child, adolescent, couples, families, and adults.

6/84 - 1/85 House parent

Brewer-Porch Shelter Care, Tuscaloosa, AL

Supervisors: Robert D. Lyman, Ph.D.

Full-time, live-in house parent in temporary shelter for adolescents. Consultation with juvenile justice system and social service agencies.

10/83 - 3/84 Interviewer, N.I.M.H. Diagnostic Interview Schedule

College of Community Health Sciences, University of Alabama

Supervisor: Roland P. Ficken, Ph.D.

Conducted assessments for validation of Diagnostic Interview Schedule (DIS).

9/80 -6/81 Psychology Trainee

Tri-City Community Mental Health Center, Pomona, CA

Supervisor: Susan Serlin, Ph.D.

Practicum with schizophrenic adults in day treatment program at CMHC