# Angela Vergara, PhD

University of Central Florida, Department of Sociology 4000 Central Florida Blvd. Orlando, FL 32816 Angela.Vergara@ucf.edu

#### **PROFESSIONAL SUMMARY**

Angela Vergara is a Lecturer in the Department of Sociology at the University of Central Florida. Her areas of expertise include Latin American sociology, global and social inequalities, and reproductive health. Her research involves topics in Hispanic/Latinx race and ethnicity, gender and sexuality, mental health outcomes, and interwoven identities. Her current research focuses on gender differences, immigration status, culture, and language and the effects on the educational achievement gap, social class, health inequalities, and mental health accessibility in the Hispanic/Latinx population. Her teaching interests include qualitative research methods, health inequalities, and global inequalities.

#### EDUCATION

#### Ph.D. Sociology

University of Central Florida, Orlando, FL Dissertation: Puerto Rico After Hurricane Maria: Responses to Trauma and

Constructing a New Life in Central Florida

#### M.A. Experimental Psychology

St. John's University, New York, NY

Master's Thesis: Assessment of Dialectical Behavioral Therapy-PTSD for the Treatment of Post-Traumatic Stress Disorder and Non-Suicidal Self-Injury Behaviors in Adult Survivors of Childhood Sexual Abuse: An Examination of Treatment Efficacy.

#### **B.S.** Psychology

University of Central Florida, Orlando, FL Undergraduate Honors Thesis: What Do You Think of Others that Pursue Cosmetic Surgery? Influences Associated with Perceptions of Cosmetic Surgery.

Minor: Sociology

#### A.A. General Studies

Valencia College, Orlando, FL Psychology and Sociology

May 2015

#### **August 2012**

#### December 2009

**Summer 2020** 

#### **PUBLICATIONS**

- Cox, J. M., Stone, A., Vergara, A., Carter, S. K., & Carter, J. S. (2023). To See or Not to See: Latinx (In)Visibility at a Newly Designated Hispanic-Serving Institution. Humanity & Society, 0(0). <u>https://doi.org/10.1177/01605976231201657</u>
- Vergara, A., & Carter, S. K. (2021). # Amamantar: Representations of breastfeeding targeting Hispanic/Latinx populations on social media. Women's Studies International Forum (Vol. 87, p. 102498). Pergamon.

#### **PROFESSIONAL EXPERIENCE**

#### Lecturer

May 2022 – Present

NSF REU/RET Faculty Mentor University of Central Florida Department of Sociology

#### Undergraduate

- Research Methods (face-to-face and online)
- Data Analysis (face-to-face and online)
- Introduction to Sociology (face-to-face, online, and synchronous)
- Sociological Social Psychology (face-to-face and online)
- Race and Ethnicity (online only)
- Family Trends (online only)
- Global Inequalities and Society (online only)
- Sex and Gender (online only)
- Qualitative Methods (online only)
- Honors Medical Sociology (face-to-face)
- Careers in Sociology (online)

#### Graduate

- Topics in Social Inequality Global Inequalities and Society (synchronous)
- Health Inequalities (face-to-face)
- Qualitative Methods (face-to-face)

#### **Visiting Lecturer**

#### August 2019 – May 2022

University of Central Florida Department of Sociology

<u>Undergraduate</u>

- Research Methods (face-to-face and online)
- Data Analysis (face-to-face and online)
- Introduction to Sociology (face-to-face, online, and synchronous)

- Sociological Social Psychology (face-to-face and online)
- Race and Ethnicity (online only)
- Family Trends (online only)
- Global Inequalities and Society (online only)
- Sex and Gender (online only)
- Qualitative Methods (online only)

#### Graduate

• Topics in Social Inequality - Global Inequalities and Society (synchronous)

# **Adjunct Professor**

June 2022 – May 2023

Fall 2018 – May 2020

Valencia College – East Campus College of Behavioral and Social Sciences Department of Psychology and Sociology

- Introduction to Psychology (face-to-face and online)
- Developmental Psychology (face-to-face)
- Introduction to Sociology (face-to-face and online)

### **Adjunct Professor**

Valencia College/UCF Downtown College of Behavioral and Social Sciences Department of Psychology and Sociology

- Introduction to Psychology (face-to-face and online)
- Developmental Psychology (face-to-face)
- Introduction to Sociology (face-to-face and online)

### **Adjunct Professor**

Valencia College – West Campus College of Behavioral and Social Sciences Department of Psychology and Sociology

- Introduction to Psychology (face-to-face and online)
- Developmental Psychology (face-to-face)
- Introduction to Sociology (face-to-face and online)

### Substance Abuse Counselor

Premium Counseling Group, LLC

- Clinical diagnostics associated with a substance abuse disorder
- Provide counseling and assessment services at the individual and group level
- Create and manage group therapy sessions utilizing Dialectical Behavioral Therapy, Motivational Interviewing, and other therapeutic techniques
- Provide mental health services in both English and Spanish

# April 2019 – December 2020

**January 2017 – August 2022** 

#### **Research Consultant Multilingual Translator in Spanish English**

Vega Nguyen Research Bellingham, WA

- Project: 2020 King County Housing Survey Investigator: Jenny Nguyen
- Performed various translation and interpretation duties from Spanish into English, including research texts, IRB proposals, survey metrics, and written text.
- Translated text projects, including legal documents, research packet content, articles, and data reports.
- Upheld strict confidentiality policy when translating personal and research material.
- Provided interpretation and transcription services as needed by the research team.

# Newsletter Editor and Social Media Content Manager

Society for the Study of Social Problems Society of Mental Health Division

Division Officer: Fernando Rivera, Ph.D.

- Newsletter Editor
- Social Media (Facebook, Twitter, Instagram, etc.) content manager

# **Research Assistant Qualitative Data Analyst and Multilingual Translator in Spanish and English** Department of Social Work University of Central Florida

Orlando, FL

Project: Strong Foundations Courts Investigator: Julie Stein, PhD

- Assessment of the court processes for governing the reunification of foster children with their families.
- Focus groups and phone interviews with employees and volunteers who work on child welfare cases that are passing through the courts.
- Discussions with participants will focus on their perceptions of the Conditions for Return model and the ways the practice of the model can be improved/strengthened.
- Performed various translation and interpretation duties from Spanish into English, including research texts, IRB proposals, survey metrics, and written text.
- Translated text projects, including legal documents, research packet content, articles, and data reports.
- Upheld strict confidentiality policy when translating personal and research material.
- Arranged concurrent translation during research interviews and focus groups to allow data collection.

August 2017 – August 2019

**Summer 2019** 

- Transcription of data in Spanish and English.
- Qualitative analysis of focus groups and interview data.

# Graduate Teaching Associate

June 2017 – May 2019

August 2016 – May 2017

University of Central Florida College of Sciences Department of Sociology

- Introduction to Sociology
- Sociological Social Psychology (face-to-face and online)
- Race and Ethnicity (online)

# Graduate Teaching Assistant

University of Central Florida College of Sciences Department of Sociology

- Contribute to the development of appropriate teaching materials to ensure content and methods of delivery meet learning objectives
- Participate in the assessment process using a variety of methods and techniques and provide effective timely and appropriate feedback to students to support their learning
- Supervise practical work advising on skills methods and techniques to assist the transfer of knowledge
- Health and Illness in Society

# **Research Analyst**

Multilingual Translator in Spanish-English Department of Sociology University of Central Florida Orlando, FL Title: Can Complementary and Alterna

Title: Can Complementary and Alternative Medicine (CAM) Act as a Point of Entry into the Healthcare System? Evaluating the Motivating Factors behind the Use of CAM services by the Hispanic/Latinx Population.

- Constructed Qualtrics Survey to seek to understand the processes associated with the decision to utilize Complementary and Alternative Medicine (CAM) by the Hispanic community.
- Develop semi-structured interviews and conducted face-to-face interviews with participants in both English and Spanish.
- Interpreted and analyzed quantitative and qualitative results.
- Upheld strict confidentiality policy when translating personal and research material.
- Arranged concurrent translation during research interviews and focus groups to allow data collection.
- Transcription of data in Spanish and English.

# August 2016

Clinical Assessment and Evaluation Multilingual Clinical Translator in Spanish-English Child HELP Partnership St. John's University Center for Psychological Service New York, NY

Executive Director and Founder: Elissa Brown, Ph.D.

*Project CONNECT (Community Networks Negotiating Evaluations and Counseling for Trauma)* is an approach developed by **Child HELP Partnership** to bridge science and practice in the field of children's mental health. The goal is to alleviate barriers to accessing mental health services for traumatized families. Building on established relationships with local multicultural communities, we bring the evidence-based treatment we provide at our clinic into community settings.

- Conducted suicide risk assessment interviews in both English and Spanish
- Conducted trauma interview and assessment in both English and Spanish
- Performed various translation and interpretation duties from Spanish into English, including clinical assessments and diagnosis, research texts, IRB proposals, survey metrics, and written text.
- Translated text projects, including legal documents, research packet content, articles, and data reports.
- Upheld strict confidentiality policy when translating personal and research material.
- Arranged concurrent translation during research interviews and focus groups to allow data collection.

### Dialectical Behavioral Therapy

### - Group Therapy Clinical Co-facilitator

Center for Motivation and Change

- Utilized DBT skills to co-facilitate group psychotherapy
- Preparation of clinical notes and diagnostic tools for facilitating clinician
- Maintain patients' clinical records and follow-ups associated with weekly therapy meetings

#### **Research Assistant**

### Multilingual Clinical Translator in Spanish-English Mount Sinai Medical Center, New York, NY Department of Psychiatry

Principal Investigator: Adriana Feder, MD

*Trajectories of Psychological Risk and Resilience in World Trade Center Responders* – the study aims to characterized longitudinal trajectories of World Trade Center (WTC) related Post-Traumatic Stress Disorder and depressive symptoms in WTC first responders through administering a web-based survey.

• Pre-screening for Post-Traumatic Stress Disorder.

# **January 2014 – July 2014**

June 2013 – June 2014

- Reaching out to WTC responders for their participation in our online survey and following up with participants who agreed to participate but have not completed the survey yet.
- Collect and record study data. Inputs information in the database.
- Conduct patient-oriented research and work with human subjects in research.
- Performed various translation and interpretation duties from Spanish into English, including clinical assessments and diagnosis, research texts, IRB proposals, survey metrics, and written text.
- Translated text projects, including legal documents, research packet content, articles, and data reports.
- Upheld strict confidentiality policy when translating personal and research material.
- Arranged concurrent translation during research interviews and focus groups to allow data collection.

# **Clinical Research Assistant**

Center for Motivation and Change, New York, NY

- Research and training reviewing assessments, entering data (MS Office, Excel, SPSS, etc.), conducting empirical literature searches and compiling reviews of relevant findings.
- Work with members of the clinical staff assisting with research on clinical issues.
- Management of case files and assisting with daily operations.
- Participation on behavioral therapy groups and preparing notes for the facilitating clinician.
- Attend weekly meetings including group discussions of case issues, review and discussion of cutting-edge research, and training in clinical techniques.
- Training and research in evidence supported treatments such as motivational interviewing, community reinforcement approach, and cognitive behavioral therapy/dialectical behavioral therapy.
- Screening for depression, generalized anxiety disorder, and suicide.

### **Undergraduate Honors in the Major Thesis**

### August 2011 – July 2013

University of Central Florida, Orlando, FL Burnett Honors College Department of Psychology

- The purpose of the study is to determine if there are differences in opinions of individuals who obtain, or want to obtain, cosmetic surgery versus individuals who have not had and do not wish to undergo elective surgery and to determine if reality television influences people's perceptions of those who obtain cosmetic surgery.
- Literature review of incidents of plastic surgery in relation to reality television, selfesteem, and external perceptions of cosmetic surgery.
- Development of survey questions to assess the level of cosmetic surgery acceptance in relation to self-esteem constructs.

# June 2013 – June 2014

### **Undergraduate Teaching Assistant**

University of Central Florida, Orlando, FL History and Systems of Psychology

• Collaborated on curriculum and exam development, met with students upon request, and graded all written work, including final exam papers.

#### **Undergraduate Research Coordinator**

University of Central Florida, Orlando, FL Department of Psychology

D.E.L.T.A Lab (Developing Effective Leaders, Teams, and Alliances Lab) Undergraduate Research Assistant Lead Experimenter

- Ran multi-team experiments (consisting of two 3-person teams)
- Supervise all technical necessities throughout research sessions
- Prepare equipment to conduct the experiment and participate in four-hour research sessions.
- Administered role-specific training for participants during the session.
- Content video coding of leadership processes
- Enter data and facilitate the data entry process.
- Participated in the recruitment and selection of new research assistants
- Training new research assistants on experimental procedures

### **Knights Pantry Coordinator**

University of Central Florida, Orlando, FL

- Manage incoming donations
- Attend to students
- Marketing Promotion and Food Drive for the Knights Pantry

### **Psychology Academic Advisor**

University of Central Florida, Orlando, FL

- Academic Advising
- Assist undergraduate psychology students with degree audit interpretation
- Help students explore career possibilities
- Create course overrides, course substitutions, and undergraduate agreement forms
- Oversee University policies are enforced

### **PROFESSIONAL CONFERENCE PRESENTATIONS (\*Student presentation)**

Vergara, A. (2023) Screaming to be Heard! Autoethnography, Intersectionality, the Medical Institution, and Chronic Illness. Society for the Study of Social Problems Annual Meeting. Philadelphia, PA

#### August 2011

August 2010 – August 2011

**July 2011** 

**January 2011 – May 2012** 

- Vergara, A. & Fernandez, K. Rompiendo el Silencio! An Intersectional Approach to Understanding Hispanic/Latinx Women's Experiences with Domestic Violence. Society for the Study of Social Problems Annual Meeting. Philadelphia, PA
- Vergara, A., Stone, A., Cox, J., Carter, S.K., Carter, S. (2023) *Navigating the (non-Hispanic) White Space of a Hispanic Serving Institution of Higher Education.* Southern Sociological Society. Myrtle Beach, SC
- Ibanez, N.\* & Vergara, A. (2022) StonerTok: Effect of Cannabis Content and Social Acceptance via Tiktok. Sociology Student Research Showcase. Orlando, FL
- Senecharles, M.\* & Vergara, A. (2022) Representation of the Mental Health of Black Women. UCF Scholar Symposium. Orlando, FL
- **Vergara, A.** (2022) Screaming to be Heard! A Collaborative Autoethnography, the Medical Institution, and Chronic Illness. Southern Sociological Society. Birmingham, AL
- Vergara, A., Fernandez, K. & Londono, E. (2022) Rompiendo el Silencio! An Approach to Understanding Hispanic/Latinx Women's Experiences with Domestic Violence. Southern Sociological Society. Birmingham, AL
- Gallot, J.\* & Vergara, A. (2022) The Impact of Race/Ethnicity on Obstetric and Gynecologic Diagnoses and Treatment. Southern Sociological Society. Birmingham, AL
- Domech, CA.\* & Vergara, A. (2022) Exploring the History of Cuban Americans and the Responses to the July 2021Protest in Cuba. Southern Sociological Society. Birmingham, AL
- Vergara, A. (2022) Screaming to be Heard! A Collaborative Autoethnography, the Medical Institution, and Chronic Illness. Sociologists for Women in Society. Santa Ana Pueblo, NM
- Vergara, A., Fernandez, K. & Londono, E. (2022) Rompiendo el Silencio! An Approach to Understanding Hispanic/Latinx Women Experiences with Domestic Violence. Sociologists for Women in Society. Santa Ana Pueblo, NM
- Matos, E.\* & Vergara, A. (2021). Impact of Community Doulas on the Perinatal Outcomes of women of Color: A Meta-Analysis. Southern Demographic Association Annual Meeting. Postponed due to COVID-19.
- Vergara, A. (2021) Puerto Rico After Hurricane Maria: Responses to Trauma and Constructing a New Life in Central Florida. Southern Sociological Society Annual Meeting. Virtual Conference, April 2021.

- *Eisenstark, L.\* &* Vergara, A. (2021). *Sorority Women in STEM and Impostor Syndrome.* Southern Sociological Society Annual Meeting. Virtual Conference, April 2021.
- Cahow, J.\*, Bubriski, A., Vergara, A. (2021). The Girlhood Double-Standard: Girl's Perceptions of Gendered Classroom Expectations. Southern Sociological Society Annual Meeting. Virtual Conference, April 2021
- Matos, E.\* & Vergara, A. (2021). Impact of Community Doulas on the Perinatal Outcomes of women of Color: A Meta-Analysis. Southern Sociological Society Annual Meeting. Virtual Conference, April 2021
- Vergara, A. (2020). Netflix and the New Sociological Lens: Everyday Use of the Sociological Imagination. American Sociological Association Annual Meeting. Virtual Conference.
- **Vergara, A.** (2020). *Puerto Rico after Hurricane Maria: Overcoming Trauma and Constructing a New Life in Central Florida*. Society for the Study of Social Problems Annual Meeting. San Francisco, CA. Postponed due to COVID-19.
- Vergara, A., Carter, S. (2020). #Amamantar: Representations of Breastfeeding Targeting Hispanic/Latinx Populations. International Sociological Association. Porto Alegre, Brazil. Postponed due to COVID-19.
- Vergara, A., Rivera, F. (2020). Can Complementary and Alternative Medicine (CAM) Act as a Point of Entry into the Healthcare System? Evaluating the Motivating Factors behind the Use of CAM services by the Hispanic/Latinx Population. International Sociological Association. Porto Alegre, Brazil. Postponed due to COVID-19.
- Quamina, P.\* & Vergara, A. (2020). Difference in Racial Disparities in Childbirth Mortality Rates: Why are Black Women Dying? Southern Sociological Society. Jacksonville, FL. Postponed due to COVID-19.
- *Ellis, J.*\* & Vergara, A. (2020). *Can Daily Internet Use Cause Self-Reported Anxiety?* Southern Sociological Society Jacksonville, FL. Postponed due to COVID-19.
- Isaiah, J. A.\* & Vergara, A. (2020). Effects of LGB Awareness on LGB Mental Health. Southern Sociological Society. Jacksonville, FL. Postponed due to COVID-19.
- Matos, E.\* & Vergara, A. (2020). Content Analysis of Community Doulas' Impact on Women of Color with Low-income. UCF Showcase of Undergraduate Research Excellence (SURE). Cancelled due to COVID-19
- Vergara, A., Carter, S. (2019). #Amamantar: Representations of Breastfeeding Targeting Hispanic/Latinx Populations. Presented at the American Sociological Association Annual Meeting. New York, NY

- Vergara, A., Rivera, F. (2019). Can Complementary and Alternative Medicine (CAM) Act as a Point of Entry into the Healthcare System? Evaluating the Motivating Factors behind the Use of CAM services by the Hispanic/Latinx Population. Presented at the Society for the Study of Social Problems Annual Meeting. New York, NY.
- Vergara, A., Carter, S. (2019). #Amamantar: Global Breastfeeding Representations Targeting Hispanic/Latinx populations. Presented at the Southern Sociological Society Annual Meeting. Atlanta, GA.
- Vergara, A. (2019). *Netflix and the New Sociological Lens: Everyday Use of the Sociological Imagination*. Upcoming presentation at North Central Sociological Association Annual Meeting. Cincinnati, OH.
- Vergara, A., Carter, S. (2018). #Amamantar: Social Media Representations of Breastfeeding Targeting Hispanic/Latinx Populations. Presented at the 98<sup>th</sup> Annual Meeting of the Southwestern Social Science Association. Orlando, FL
- Vergara, A., Rivera, F. (2018). Another Way Forward: An Exploration of Complementary and Alternative Medicine (CAM) and Psychological Distress in the Hispanic Community. Presented at 68<sup>th</sup> Annual Meeting of the Society for the Study of Social Problems. Philadelphia, PA.
- Nicholson, H., Vergara, A. (2017). Factors Affecting Telemedicine Use in Mental Health Facilities Throughout the U.S. Presented at the Graduate Research Forum at University of Central Florida, Orlando, FL.
- Rivera, F., **Vergara, A.** (2012). *Complementary and Alternative Medicine: A pathway or an alternative for the Hispanic community.* Presented at the Showcase of Undergraduate Research Excellence at University of Central Florida, Orlando, FL.
- Cohn, M., Remy, C., Vergara, A., Wax, A. (2011). *Is there a stigma associated with gender composition in teams? An in-depth analysis of gender bias in peer evaluations.* Presented at the Showcase of Undergraduate Research Excellence at the University of Central Florida, Orlando, FL.

#### **STUDENT ONE-ON-ONE MENTORSHIP (\* Undergraduate/Graduate Thesis Chair)**

- Yazdiya, Abigail. University of Central Florida. Burnett Honors College. Honor Undergraduate Thesis Chair\*. Spring 2023.
- Ommi, Elizabeth. University of Central Florida. Burnett Honors College. Honor Undergraduate Thesis Chair\*. Spring 2023.
- Guadalupe, Jean. University of Central Florida. Burnett Honors College. Honor Undergraduate Thesis Chair\*. Spring 2023.

- Gabriel, Daniel. University of Central Florida. Burnett Honors College. Undergraduate Thesis Committee Member. Spring 2023
- Carson, Saphronia. University of Central Florida. *Constructions of Pregnant and Fetal Bodies in Dobbs v. Jackson Women's Health Organization* Graduate Thesis Committee Member. Spring 2023.
- Lugo, Maria. University of Central Florida. Burnett Honors College. Honor Undergraduate Thesis Chair\*. Fall 2022.
- Jacobs, Eliana. University of Central Florida. *Diabetes Mellitus Among Black/African Americans: A Critical Discourse Analysis of Epigenetics Research*. Honors Undergraduate Thesis Committee Member. Fall 2022.
- Combs, Sean. University of Central Florida. *It is Deaf, not Death! Social Inequalities and Health.* Graduate Independent Study Faculty Advisor. Fall 2022
- Alonso Domech, Carolina. University of Central Florida. *History of the Cuban Diaspora and Responses to July 2021 Protest in Cuba: An in-depth Examination of an Emerging Social Movement.* Masters Thesis Chair\*. Fall 2022
- Matos, Emely. University of Central Florida. A Critical Intersectional Analysis of Back Doulas' Experiences in Maternal Healthcare. Graduate Thesis Committee Member. Summer 2022
- Damarla, Akhila. University of Central Florida. *Culturally Responsive Care and Patient-Centred Attitudes in the Medical Institution*. Undergraduate Independent Study Faculty Advisor. Summer 2022
- Watkins, Chloe. University of Central Florida. Are Social Factors Hindering Infant and Maternal Survivability rates for African Americans in the United States? Committee Chair Masters Comprehensive Examination. Department of Biomedical Sciences. Summer 2022
- Gallot, Jennifer. University of Central Florida. *The Impact of Race/Ethnicity on Obstetric and Gynecologic Diagnoses and Treatment*. Undergraduate Independent Study Faculty Advisor. Summer 2022
- Senecharles, Maya. University of Central Florida. *Representation of the Mental Health of Black Women*. Undergraduate Directed Research Faculty Advisor. Spring 2022
- Cal, Camila. University of Central Florida. *La Carroza Dorada*. Department of English Honors Undergraduate Thesis Committee Member. Spring 2022.

Mendez, Aixa. University of Central Florida. Qué pasa? BASTA! The Adventure of Colonialism

*in Puerto Rico at the Wake of Hurricane Maria*. Graduate Independent Study Faculty Advisor. Fall 2021

- Namur, Douglas. University of Central Florida. *Social Inequalities Comprehensive Examination Study Guide*. Graduate Independent Study Faculty Advisor. Fall 2021
- Matos, Emely. University of Central Florida. *Content Analysis of Community Doulas' Impact on Women of Color with Low-income*. Graduate Directed Research Faculty Advisor. Fall 2021 \*Resulting coauthored paper presented at SDA Annual Meeting, October 2021
- Cahow, Juliet. University of Central Florida. Department of Sociology. *The Girlhood Double-Standard: Girl's Perceptions of Gendered Classroom Expectations*. Student Scholar Symposium Faculty Mentor Spring 2021 \*\$500 Scholarship winner in Social Sciences category
- Eisenstark, Lyndsey. University of Central Florida. Department of Sociology. *Sorority Women in Stem and Impostor Syndrome*. Student Scholar Symposium Faculty Mentor Spring 2021
- Quamina, Pavia. University of Central Florida. Department of Sociology. *Differences in Racial Disparities for Childbirth Mortality Rates: Why are Black Women Dying?* Student Scholar Symposium Faculty Mentor Spring 2021
- Cahow, Juliet. Burnett Honors College. *The Girlhood Double-Standard: Girl's Perceptions of Gendered Classroom Expectations*. Honors in the Major Thesis Co-Chair Fall 2020 – Spring 2021
- Poulsen, Julie. University of Central Florida. *The Sociology of Media and Culture*. Research Faculty Advisor. Fall 2020
- Matos, Emely. University of Central Florida. Content Analysis of Community Doulas' Impact on Women of Color with Low-income. Undergraduate Independent Study Faculty Advisor. Summer 2020

\*Resulting coauthored paper presented at SSS Annual Meeting, April 2021

#### **INVITED PRESENTATIONS**

Faculty Keynote Speaker, *Social Media, Bias, and Breastfeeding: A Latinx Psychosociological Approach.* Department of Sociology and Anthropology Spring 2023 Colloquium. Co-Sponsored by the Psychology Department, CLACS, and WGSS. St. John's University, New York, NY. Spring 2023 Invited Faculty Panelist, *The Hispanic/Latinx Experience in the United States*. FAMU Law Review-Hispanic American Law Student Association (HALSA) Symposium. College of Law. Florida A & M University. Orlando, FL. Spring 2023

Invited Lecturer, January 2023: "Hispanic/Latinx; Culture and Identity in the United States". Undergraduate Student Workshop. College of Business and Public Management. School of Criminal Justice and Public Administration. Kean University. Union, NJ

Invited Lecturer, September 2022: "Hispanic/Latinx Culture and Racial/Ethnic Stereotypes: Acculturation and Assimilation: Criminal Justice System, Health Care, and the Workforce". Undergraduate Student Workshop. College of Business and Public Management. School of Criminal Justice and Public Administration. Kean University. Union, NJ

Invited Lecturer, March 2022: "Medical Sociology Training: Health Inequities and Sociological Factors Affecting Health Care Access" Multicultural Association of Pre-Health Students at UCF. University of Central Florida. Orlando, FL

Invited Speaker, December 2021: "Emotional Regulation and Distress Tolerance During the Holidays" QLatinx. Orlando, FL

Invited Lecturer, November 2020: "Medical Sociology and Minority Health" Department of Sociology and Criminology & Law. Undergraduate Student Workshop. University of Florida. Gainesville, FL.

Invited Faculty Panelist, October 2020: "Latinos Stand Together Against Covid" UCF Student Government & Latino Medical Association. University of Central Florida. Orlando, FL

Invited Faculty Presenter, October 2020 - Present: Professional Development Seminar Faculty Mentoring Panel Session. University of Central Florida. Orlando, FL

Invited Faculty Panelist, September 2020: "What's in a Name? Latin/a/o/x a Discussion" Virtual Event. Orlando, FL

Panelist, February 2020: "Decolonizing your Syllabus: Creating a Curriculum" Department of Sociology. Graduate Student Workshop. University of Central Florida. Orlando, FL.

Invited Lecturer, January 2020: "Minorities in American Society: Hispanic/Latinx Population" Department of Sociology and Criminology & Law. Undergraduate Student Workshop. University of Florida. Gainesville, FL.

Invited Lecturer, September 2019: "Minority Population: Hispanic/Latinx in America" Department of Sociology. University of Central Florida. Orlando, FL.

Invited Faculty Presenter, Summer 2018: "Stress, Emotions, and Healthy Communication: A Biopsychosocial Approach to Health". 6<sup>th</sup> Hispanic Health Conference. New York, NY. Arlington, TX. Commerce, CA.

#### PUBLIC SOCIOLOGY

Invited Speaker, October 2022: "Uniquely Sociology" Department of Sociology Podcast. https://www.youtube.com/watch?v=hxGgXsPBDTo

Interview Article, April 2022: "Mujeres Latinas e Hispanas enfuerzan representación en puestos de liderazgo y posiciones administrativas" <u>http://www.nicholsonstudentmedia.com/knightly\_latino/mujeres-latinas-e-hispanas-enfuerzan-representaci-n-en-puestos-de-liderazgo-y-posiciones-administrativas/article\_6dbb3dd0-962c-11eb-8bc4-e704299a46ed.html</u>

Invited Panelists, March 2022: "Race, Ethnicity, and Sex" The Sex Café Podcast. https://rss.com/podcasts/thesexcafe/455527/

Newspaper Article, March 2022: "Let's talk about sex: UCF professor hosts Sex Cafe Podcast" <u>https://www.orlandosentinel.com/news/education/os-ne-ucf-professor-podcast-about-sex-20220405-h3q66mq2pncbpazeotrqk24obe-</u> story.html?fbclid=IwAR0pRRJoWnh6bOKjzSZwAEPSL3XjXQuYm87BQ6Ax0tqEmrw <u>G8kZZ14cw5NY</u>

#### UNIVERSITY SERVICE

#### Leadership Positions

NSF REU/RET Faculty Mentor. Citizen Science GIS. Department of Sociology, Spring 2022 - Present.

Chair, PR/Social Media Committee. Department of Sociology, Spring 2021 – Present.

Member, Departmental Graduate Comprehensive Examination: Social Inequalities Grading Committee. Department of Sociology, Spring 2021 – Present

Member, Departmental Graduate Program Committee. Department of Sociology, Spring 2021 – Present

Co-Chair, Honors in the Major Thesis Program. Sociology Department Mentor. Burnett Honors College. Fall 2020 – Spring 2021

#### Professional Service

Moderator, *Breakfast with Scholars: Mindfulness and Well-being in Academia*. Sociologists for Women in Society. New Orleans, LA. Spring 2023

Moderator, *Navigating the Conflicts Around Scholar Activism: Co–Sponsored by the Student Caucus and Academic Justice Committee*. Sociologists for Women in Society. New Orleans, LA. Spring 2023

Faculty Presenter, First Year Experience at UCF. Transfer Students and Family Orientation. Well-Being at UCF. (In Spanish). University of Central Florida. Fall 2022

Anonymous (double-blind) Peer Reviewer. UCF Research Foundation – Understanding and Advancing Racial Equity on Social Media. Fall 2022.

Anonymous (double-blind) Peer Reviewer. Sociological Inquiry, Summer 2022.

Mentor, Alpha Kappa Delta. Spring 2022.

Faculty Judge, UCF Student Scholar Symposium. College of Sciences. University of Central Florida. Spring 2022

Presider, Experiences with Interpersonal Violence. Southern Sociological Society Annual Meeting. April 2022.

Moderator, Rethinking Feminist Sociologies in the Era of Global Pandemics. Southern Sociological Society. Birmingham, AL Spring 2022

Committee Member, Undergraduate Honors Thesis Program. English Department Mentor. Burnett Honors College. Fall 2021 – Spring 2022

Sociology Faculty Representative, Department of Sociology, Co-Listed Courses Collaboration Initiative. UCF/VC Downtown. Fall 2021

Faculty Facilitator, Syllabi Workshop. Department of Sociology. University of Central Florida. Spring 2021

Presider & Discussant, Reproductive Experiences on the Margins \*Co-Sponsored by SWS – South and SSS Committee on Gender and Sexuality. Southern Sociological Society Annual Meeting. Virtual Conference, April 2021.

Presider, Racializing Women's Health. Southern Sociological Society Annual Meeting. Virtual Conference, April 2021.

Faculty Member, High Impact Practices (HIP) Course Coach Scholarship Program. Division of Student Learning and Academic Success. University of Central Florida. Spring 2021.

\* Spring 2021: Data Analysis Class: Mentor two student coaches

- 1. Undergraduate student received a scholarship of \$300
  - 2. Graduate student received scholarship of \$300

Faculty Member, SWS Latin Liberatory Praxis Group. Sociologist for Women in Society. Spring 2021 – Present

Faculty Research Mentor, Honors Independent Research Program. UCF/Valencia College Downtown. Fall 2020 – Present

Anonymous (double-blind) Peer Reviewer. *The Pegasus Review: UCF Undergraduate Research Journal*, 2020

Presider, Latina/Latino Sociology Roundtables. Table: Institutions and Community. American Sociological Association Annual Meeting. Virtual Conference, August 2020.

Teaching Development

UCF Summer Faculty Development Institute: Hispanic Serving Institution Track. Spring 2023

Introduction to Sociology (SYG2000) Quality Online Course Designation. Center for Distributed Learning. Fall 2021

Alpha Kappa Delta and Teaching & Learning. Workshop on Teaching Theory. Spring 2021

TLC-z Teaching with Lecture Capture: Zoom Edition Certificate. Faculty Development. Center for Distributed Learning. Spring 2021.

Alpha Kappa Delta and Teaching & Learning. Workshop on Teaching Research Methods. Spring 2021.

Essentials of Online Teaching Certification. Orlando, FL. Center for Distributed Learning. Summer 2020. University of Central Florida.

Digital Professor Certification. Orlando, FL. Faculty Development. Summer 2020. Valencia College.

Summer Faculty Development Conference. Orlando, FL. 2020 Diversity Track: Diversity and Inclusion: Navigating Difficult Conversations on Campus. Summer 2020. University of Central Florida. Cancelled due to COVID-19.

Women Faculty Mentoring and Networking Community. Orlando, FL. New Women Faculty Track. Spring 2020. University of Central Florida

Faculty Development. Orlando, FL. SEED I: Seeking Educational Equity and Diversity Track. Summer 2019. Valencia College

#### Other University Service

Graduate Faculty Member, College of Graduate Studies. Applied Sociology, Domestic Violence, and Medical Sociology MA track. Sociology PhD. Fall 2020 – Present

#### **FELLOWSHIPS**

Summer Mentor Fellowship University of Central Florida Department of Sociology Advisor: Fernando Rivera, Ph.D.	Summer 2016
CERTIFICATIONS	
<ul> <li>Collaborative Institutional Training Initiative (CITI) Certified</li> <li>University of Central Florida, Orlando, FL</li> <li>Completed training</li> </ul>	2017 – Present
<ul> <li>Collaborative Institutional Training Initiative (CITI) Certified</li> <li>Mount Sinai School of Medicine, New York, NY</li> <li>Completed training</li> </ul>	2014
<ul> <li>Question, Prevent, Refer (QPR) Suicide Prevention Gatekeeper</li> <li>University of Central Florida, Orlando, FL</li> <li>Completed training</li> </ul>	2010
<ul> <li>Family Educational Rights and Privacy Act (FERPA)</li> <li>University of Central Florida, Orlando, FL</li> <li>Completed training</li> </ul>	2010

#### AWARDS

- UCF Graduate Student Research Paper Award
- UCF Graduate Student Research Paper Award
- Summer Mentorship Program
- UCF Dean's List
- OIS Study Abroad Scholarship Award
- Golden Knight (Peer Advisor Mentoring Program)
- UCF Scholars Award

### **EXTRACURRICULAR ACTIVITIES**

#### **Professional Memberships**

- American Sociological Association
- Society for the Study of Social Problems
- Southern Sociological Society
- Sociologist for Women in Society South
- American Psychological Association
- Tau Sigma National Honor Society
- Alpha Kappa Delta
- Psychological Society at the University of Central Florida

### SKILLS

#### Languages

• Fluent in English, Spanish, and working knowledge in French

#### **Computer Skills**

- Microsoft Office Applications Experienced in Word, PowerPoint, Excel, and Publisher
- PAWS Statistics 18 Software
- STATA Statistic Software
- DARS Degree audit system
- NVIVO

May 2020 May 2019 Summer 2016 Spring 2011 – Summer 2012 Summer 2011 Spring 2011 Fall 2011 – Spring 2012