

Stephanie A. Nairn, Ph.D.

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Assistant Professor of Sociology
University of Central Florida

Phone:

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EDUCATION

Doctor of Philosophy, Jan. 2023
Department of Sociology, McGill University
Thesis title: *A Paradigm Shift? An Empirical
Exploration of the Revival of Food Allergy
Immunotherapy in North America*

Master of Arts, Nov. 2011
Department of Sociology, Queen's University
Thesis title: *Learning to Live With Food Allergies:
Negotiating Risk and Appropriating Expertise in
Consumption Practices*

Bachelor of Arts (Hons.), Sociology and June 2009
Political Science
McMaster University

PUBLICATIONS, PEER REVIEWED

Nairn, S. A. (2022). Passive tolerance and productive uncertainties in food allergy immunotherapy biomedical practices. *Sociology of Health & Illness*, 1- 19. <https://doi.org/10.1111/1467-9566.13523>

Nairn, S. A. (2022). Creating an (ethical) epistemic space for the normalization of clinical and “real food” oral immunotherapy for food allergy. *Health*. <https://doi.org/10.1177/13634593221109679>

Nairn , S. et al. (2022). Interventions to Reduce Opioid Use in Youth At-Risk and in Treatment for Substance Use Disorders: A Scoping Review. *Canadian Journal of Psychiatry*. <https://doi.org/10.1177/07067437221089810>

Nairn, S. et al. (2022). Youth Perceptions of & Experiences with Opioids for Pain Management: Intersecting Stigmas & Ambivalence. *Canadian Journal of Addiction*. doi: [10.1097/CXA.000000000000145](https://doi.org/10.1097/CXA.000000000000145)

Nairn S., Stewart SH & Conrod, P (2022). An Exploration of Youth, Family & Provider-Identified Solutions to the Canadian Youth Opioid Health Threat - Editorial Commentary. *Canadian Journal of Addiction*. doi: [10.1097/CXA.000000000000152](https://doi.org/10.1097/CXA.000000000000152)

Nairn, S. et al. (2022). Lessons Learned from ‘A Day for Youth Voices on the Opioid Overdose Crisis’ and Future Directions for Research on the Youth Polysubstance Use Emergency in Canada. *Canadian Journal of Addiction*. doi: [10.1097/CXA.000000000000151](https://doi.org/10.1097/CXA.000000000000151)

Nairn, S. et al. (2022). Characterizing the Landscape of Organizations’ and Service Provider Needs During the Canadian Youth Polysubstance Use Health Crisis. *Canadian Journal of Addiction*. doi: [10.1097/CXA.000000000000150](https://doi.org/10.1097/CXA.000000000000150)

Jayasinha, R., **Nairn, S.** and Conrod, P. (2020). A Dangerous “Cocktail”: The COVID-19 Pandemic and the Youth Opioid Crisis in North America: A Response to Vigo et al. (2020). *Canadian Journal of Psychiatry*. doi:[10.1177/0706743720943820](https://doi.org/10.1177/0706743720943820)

Das, A. & **Nairn, S.** (2016). Religious Attendance and Physiological Problems in Late Life. *The Journals of Gerontology: Series B*. <https://doi.org/10.1093/geronb/gbu089>

Das, A., **Nairn, S.** (2014). Conservative Christianity, Partnership, Hormones, and Sex in Late Life. *Archives of Sexual Behaviour*. <https://doi.org/10.1007/s10508-014-0273-7>

Das, A., **Nairn, S.** (2013). Race Differentials in Partnering Patterns among Older U.S. Men: Influence of Androgens or Religious Participation?. *Archives of Sexual Behaviour*.

BOOK REVIEWS

Stephanie A. Nairn. Review of Gill, Michael. *Allergic Intimacies: Food, Disability, Desire, and Risk*. H-Sci-Med-Tech, H-Net Reviews. August, 2023.

PUBLICATIONS, NON-PEER REVIEWED

Nairn, S., Stewart, S., Isaacs, J., & Conrod, P. *The Neglected Demographic - Youth, Family, and Provider-Identified Solutions to the Opioid Health Threat*. (A report prepared with graphic designer Carney Studios). Montreal, Canada.

Nairn, S. & Jayasinha, R. (2021, March). *Mental Health and Psychoactive Substance Consumption in Young People During the COVID-19 Pandemic*. [Online training module for mental health cross-training program for healthcare professionals]. The Douglas Research Centre. Montreal, Canada.

Nugus, P., **Nairn, S.**, Sofronas, M., Ihejirika, C., Isabel, M., Mondal, S. & Passos dos Santos, R. (2017). *Situating Electronic Medical Records (EMR) in Family Medicine Clinical Practice*, Report for the Family Medicine Unit, St Mary's Hospital Centre. Department of Family Medicine, McGill University, Montreal, Canada.

HONOURS

2018 University of Montreal research fellowship	\$40 000
2018 Wolfe Graduate Fellowship in Technological and Scientific Literacy (waived)	\$8 000
2015 FROSC Doctoral Scholarship	\$60 000
2013 Graduate Excellence Scholarship	\$16 500
2011 Ontario Graduate Scholarship	\$15 000
2010 The R. Samuel McLaughlin Fellowship	\$10 000
2008 The Dr. Harry Lyon Hooker Scholarship	\$1 500

AWARDS

2017 Graduate Mobility Award	\$1 200
2017 AllerGEN Nce Travel Award	\$920
2016 AllerGEN Nce Travel Award	\$835
2014 AllerGEN Nce Travel Award	\$500
2013 McGill Faculty of Arts Travel Award	\$1 000

2013 Graduate Mobility Award	\$340
2010 The New Transparency Centre Travel Award	\$500
2010 The New Transparency Centre Travel Award	\$500
2008 The T.H.B. Symons Prize in Canadian Studies	\$650
2005 The McMaster Award	\$1 200

GRANTS RECEIVED

April 2022	Co-investigator Canadian Institutes of Health Research	\$2 400 000*
July 2016	Co-applicant Social Science and Humanities Research Council Insight Grant	\$70 000

*Amount awarded to entire Quebec regional node

RESEARCH EXPERIENCE

Nov. 2022 – August 2023

Research Associate

Sainte-Justine Research Centre
& University of Montreal

- Responsible for research and coordination of all on-going opioid-related qualitative and early intervention research projects
- Developing, conducting, and publishing systematic literature reviews and articles in peer-reviewed journals
- Creating a North American registry of early interventions for substance use in youth
- Lead researcher in the development of knowledge translation activities and products for opioid-related interventions for youth
- Represent lab at key international and national conferences and other events
- Communicate with diverse stakeholders and media representatives with regards to on-going research projects
- Responsible for hiring qualified personnel to contribute to on-going research projects

October 2018 – October 2022

Lead researcher & coordinator

Sainte-Justine Research Centre

& University of Montreal

- Conducted focus group & interview research with youth
- Conducted and published systematic reviews of scientific and clinical literature
- Analyzed, synthesized, and presented data acquired from diverse youth populations in Canada
- Led and coordinated a pan-Canadian team of researchers, mentored and taught undergraduate student team members
- Developed and conducted a pan-Canadian survey of healthcare professionals

Sept. 2017 - Dec. 2017

Research Assistant

Desautels Faculty of Management,
McGill University

- Conducted semi-structured interviews with Canadian bank employees

May 2017 - May 2018

Research Assistant

Faculty of Medical Education,
McGill University

- Conducted semi-structured interviews with various clinical professionals
- Conducted systematic literature reviews of various topics e.g., youth transition to adult healthcare
- Prepared reports on literature reviews
- Presented results of reviews to clinical taskforce

Sept. 2012- June 2013

Lead Research Assistant

Department of Sociology,
McGill University

- Conducted literature reviews of sociological research
- Synthesized qualitative data, prepared, and published scientific articles
- Presented results of research at international conferences
- Mentored and coordinated research assistant team(s)

June 2012 - August 2012

Research Assistant

Department of Bioethics,
McGill University

- Conducted literature reviews of clinical and sociological research

July 2012 – May 2012

Research Assistant

Social Studies of Medicine,
McGill University

- Conducted literature reviews of clinical and sociological research

October 2011 – April 2012

Research Assistant

School of Public Health
& Community Medicine,
University of New South Wales

- Conducted systematic literature reviews of clinical, legal, and sociological literatures
- Synthesized and analyzed results
- Prepared reports on results of literature reviews

PAPER PRESENTATIONS

Nairn, S. *An Exploration of Youth, Family, and Provider-identified Solutions to the Canadian Youth Opioid Health Threat.* Presented at the International Association for Youth Mental Health biannual conference. Copenhagen, Denmark, (Sept. 29-Oct. 1st, 2022).

Nairn, S. *Youth Perceptions of & Experiences with Opioids for Pain Management: Intersecting Stigmas & Ambivalence.* Paper presented at the Research in the Emergency Department Symposium (9th Edition), CHU Sainte-Justine, Université de Montréal, (May 19th, 2022).

Nairn, S. *Youth Perceptions of & Experiences with Opioids for Pain Management: Intersecting Stigmas & Ambivalence.* Paper presented at the Department of Surgery, CHU Sainte-Justine, Université de Montréal, (April 20th, 2022).

Nairn, S. *Interventions to Reduce Opioid Use in Youth At-Risk and in Treatment for Substance Use Disorders: A Scoping Review.* Paper presented at the University of British Columbia Addictions and Concurrent Disorders Research Group “Let’s Talk Overdose” Virtual Conference, (April 6 & 7th, 2022).

Nairn, S. *Youth Perceptions of & Experiences with Opioids for Pain Management: Intersecting Stigmas & Ambivalence.* Paper presented to the Médecine de

l'adolescence department, CHU Sainte-Justine, Université de Montréal, (February 8th, 2022).

Nairn, S. *Landscapes of Interventions & Treatments for Youth At-risk for Opioid Use, and Youth-identified Solutions to the Opioid Overdose and Health Crisis.* Presented to the Pan-Canadian Joint Consortium for School Health, (January 11th, 2022).

Nairn, S. *The Canadian Youth Opioid Overdose Crisis & Youth-identified Solutions for Healthcare Providers.* Presented to the Association for the Faculties of Medicine of Canada (AFMC), (February 18th, 2021).

Nairn, S. *The Canadian Youth Opioid Overdose Crisis & Youth-identified Solutions for Healthcare Providers,* Presented to the Opioid Response Partners Network of Health Canada, (February 16th, 2021).

Nairn, S. *The Canadian Youth Opioid Overdose Crisis: A focus on solutions,* Presented to the Controlled Substances Directorate (CSD), Health Canada, (December 7th, 2020).

Nairn, S. *The Canadian Youth Opioid Overdose Crisis - Improving Interventions and Identifying Agents of Change.* Chaired panel and paper presented to the Canadian Society of Addiction Medicine (CSAM), International Society of Addiction Medicine (ISAM) Annual Conference, (November 12-15, 2020).

Nairn, S. *A Review of the Evidence: Interventions & Treatments for Youth At-Risk of Opioid Addiction,* Society for Research on Adolescence Biannual Conference 2020, San Diego, California (conference cancelled).

Nairn, S. *Youth Perceptions of Opioid(s) in Contemporary Media,* Paper presented at the United Nations Commission on Narcotic Drugs (CND) 2020, **United Nations**, Vienna, Austria (March 4th, 2020).

Nairn, S. *The Peculiar Biomedical Puzzle of Immunotherapy for Food Allergy,* Paper presented at the Canadian Sociological Association, Social Sciences and Humanities Congress 2019, University of British Columbia, Vancouver, BC, Canada, (June 3rd, 2019).

Nairn, S. *The Peculiar Biomedical Puzzle of Immunotherapy for Food Allergy.* Paper presented at the Canadian Society for Allergy, Asthma and Clinical Immunology Annual Conference, The Prince George Hotel, Halifax, Nova Scotia, Canada (September 12-16, 2018).

Nairn, S. *A Review of the Literature on Pediatric Transition to Adult Care,* Paper presented to the Joint Task Force on Pediatric Transition to Adult Care, McGill

University Health Centre, Montreal, Quebec, (October 18th, 2017).

Nairn, S. *Religious participation and stress-induced physiological weathering in late life.* Paper presented at the American Sociological Association annual meeting, Hilton and Sheraton New York, NY, United States (August, 2013).

Nairn, S. *Contemplating Pleasures and Enacting Tensions: The Everyday Experience of Food Allergy.* Paper presented at the Canadian Sociological Association annual meeting, Victoria, BC, Canada, (June, 2013).

Nairn, S. *"Why Risk It?": (de)constructing diagnoses and negotiating food allergy in everyday Life.* Paper presented at the Third Biennial Bilingual CSSH Conference Sociological - Contributions to Health Equity, The National Hotel and Suites, Ottawa, Ontario, Canada (October, 2012).

Nairn, S. *Learning to Live With Food Allergies: Negotiating Dangers and Deconstructing Risks.* Paper presented at the University of New South Wales (The Kirby Institute for Infection and Immunity in Society) Dangerous Consumption Colloquium, Sydney, NSW, (November, 2011).

Nairn, S. *An Introduction to Understanding the Everyday Experience of Food Allergy.* Thesis presented to Queen's University Department of Sociology Graduate Symposium, Kingston, Ontario, Canada, (April, 2011).

Nairn, S. *Surveillance as Symbolic Resources: On the Representations of Surveillance in the Culture Industries.* Queen's University Department of Sociology Seminar Series, Kingston, Ontario, Canada, (February, 2011).

Nairn, S. *The Visibility and Trivialisation of the Trojan Horse? Surveillance Representation in Advertising and Popular Culture,* Paper presented at A Research Workshop: The Political Economy of Surveillance, Milton Keynes, United Kingdom, (September 2010).

Nairn, S. *Problematizing 'surveillance': Exploring Subjectivities,* The Fourth Biannual Surveillance and Society/SSN Conference, London, United Kingdom, (April 2010).

POSTER PRESENTATIONS

Nairn, S. *Youth Perceptions of Opioids for Pain Management - Intersecting Stigmas and Ambivalence.* Canadian Pain Society 43rd Annual Scientific Meeting, Fairmont Banff Springs Hotel, (May 10-12th, 2023).

Nairn, S. *Youth-Identified Solutions to the Canadian Youth Opioid & Polysubstance Use Health Crises.* Poster presented at the University of British

Columbia Addictions and Concurrent Disorders Research Group “Let’s Talk Overdose” Virtual Conference, (April 6 & 7th, 2022).

Nairn, S. *Race Differentials in Partnering Patterns Among Older Men: Influence of Androgens or Religious Participation?* Poster presented at the Population Association of America annual meeting, Sheraton New Orleans Hotel, LA, United States, (April, 2013).

Nairn, S. *Negotiating Food Allergy/Intolerance in Contemporary Consumer Culture.* Poster presented at the British Sociological Association Food Study Group Conference 2012: Food and Society, The British Library Conference Centre, London, United Kingdom (July, 2012).

KNOWLEDGE MOBILIZATION

Op-Ed(s):

Nairn, S. & Conrod, P. (2022, December). Prioritizing Youth Voices Amidst the Opioid Overdose and Health Crises. *Abilities* magazine. Canada.

Nairn, S. & Conrod, P. (2020, August). Stop Shaming and Blaming Youth for COVID-19. [Op-Ed]. *Montreal Gazette*. Montreal, Canada.

Fact Sheets:

Coping with Distressing Situations, Trauma and Resilience, the PreVenture Program

<https://www.yarayouth.ca/resources>

Videos:

Trauma and Resilience, Coping with Negative Thinking

<https://www.yarayouth.ca/resources>

Interviews:

Stop Shaming and Blaming Youth for COVID-19, live radio interview, *The Aaron Rand Show* (CJAD), Montreal, Canada. https://omny.fm/shows/cjad-800/stop-blaming-and-shaming-young-people-about-covid?in_playlist=cjad-800!the-aaron-rand-show

Teens prescribed opioids lack guidance, input on medication use, Canada-wide study finds, *Montreal Gazette*, Montreal, Canada.

<https://montrealgazette.com/news/local-news/teens-prescribed-opioids-lack-guidance-input-on-medication-use-canada-wide-study-finds>

Opioid crisis impacting young and old alike, says researcher Nairn, *Westmount Independent*, Westmount, Quebec, Canada.

TEACHING EXPERIENCE

August 2023 - present

Assistant Professor

University of Central Florida

Department of Sociology

Course title: Medical Sociology (Honours)

Jan. 2018 - June 2018

Lecturer

McGill University,

Dept. of Medical Education

Course title: Transition to Clinical Practice: Observing Healthcare in Action

- Prepared and gave lectures on topics relating to ethnography and qualitative research in medicine
- Facilitated group discussion(s)
- Assisted students to develop ethnographic research skills in practice
- Graded research papers and student presentations

Jan. 2017 - Apr. 2017

Teaching Assistant

McGill University

Dept. of Sociology

Course title: Sociology of Jews in North America

- Attended lectures
- Held office hours for students, advised students on essay writing, discussed and clarified topics in course
- Graded essays and assignments

Sept. 2016- Dec. 2016

Teaching Assistant & Guest Lecturer

McGill University, Dept. of Sociology

Course title: The Sociology of Mental Disorder

- Prepared and gave lectures on topics relating to women's mental health and peer support
- Interviewed live guests during lectures
- Held office hours for students

- Graded essays and exams

Sept. 2012 - April 2016

Teaching Assistant & Occasional Lecturer

McGill University, Dept. of Sociology

Course titles: Health & Illness, Sociology of Culture, Technology & Society, Socialization, Sociology of the Welfare State, the Sociology of Mental Disorder

- Held office hours
- Met with students and assisted them with assignment preparation, development of arguments, and provided guidance to improve writing and presentation skills
- Held tutorial classes, prepared and presented brief lectures and other engaging activities
- Prepared exam questions, graded exams, invigilated exams
- Gave lectures on diverse topics included food and society, socialization

July 2011 - Nov. 2011

Teaching Assistant

The University of Sydney,

School of Social & Political Sciences

Course title: The Sociology of Childhood and Youth

- Held tutorials
- Developed tutorial content and prepared engaging learning activities for students
- Graded assignments and exams
- Held office hours for students to discuss course topics and assisted with development of student writing and presentation skills

Sept. 2009 - April. 2011

Teaching Assistant

Queen's University, Dept. of Sociology

Course titles: Introduction to Sociology, Social Theory, Introduction to Consumer Culture

- Prepared tutorials for students, held office hours and assisted students in learning and understanding course material, graded assignments and exams

Sept. 2009 - April 2009

Teaching Assistant

McMaster University

Course title: Introduction to Sociology

- Prepared and held tutorials
- Facilitated group discussions and activities during tutorials
- Graded assignments and exams

EDITORIAL & PEER REVIEW ACTIVITIES

July 2023 - present

Reviewer

Psychiatric Research and Clinical Practice

Sept. 2022 - present

Reviewer

International Journal of Mental Health Nursing

Aug. 2022- present

Reviewer

Health: An Interdisciplinary Journal for the Social Study of Health, Illness, and Medicine

April 2021 - present

Associate Editor

Canadian Journal of Addiction

PROFESSIONAL MEMBERSHIPS & ACTIVITIES

March 2013 - present

Member

Canadian Sociological Association

May 2013 - present

Member

American Sociological Association

Jan. 2019 - Oct. 2019

Consultant

Canadian Society of Allergy and Clinical Immunology Oral Immunotherapy clinical practice guideline working group

January 2014- Sept. 2016

Ambassador

The Youth Movement - The Royal Victoria Hospital Foundation, Montreal, Quebec

Duties: Assisted in organization of events for youth, recruited speakers for public lecture events

July 2012 - Sept. 2019

Member

AllerGEN Students and New Professionals Network

Jan. 2013- July 2015

Quebec/Atlantic Regional Director

AllerGEN Students and New Professionals Network

Duties: Attended monthly meetings, organized and planned activities for annual new professionals conference, assessed suitability of applicants for membership in ASNPN

Sept. 2009 - Sept. 2012

Member

The Surveillance Studies Centre, Queen's University

Duties: Presented current and on-going research to members of the centre, provided feedback on members' research

Oct. 2017- August 2018

Committee Member

Taskforce for the creation of an adolescent transition clinic at the McGill University Health Centre, Montreal, Quebec

Duties: Presented current research on youth-to-adult transitions in healthcare, consultations with other members of taskforce

Jan. 2014 - Sept. 2017

Departmental Representative

Association of McGill University Research Employees Union

Duties: Advised departmental members about collective agreement, attended semi-annual meetings

Sept. 2013- Sept. 2015

Chair

Social and Cultural Events McGill Sociological Students Association

Duties: Organized social and cultural events for students of the Sociology department

Sept. 2012- Sept. 2013

Student Representative

Department of Sociology, McGill University Hiring Committee
Duties: Reviewed and assessed applications for faculty positions, voted on behalf of graduate students during hiring process

SERVICES PROVIDED TO COMMUNITY

Sept. 2018 - June 2023

Profiled Artist/Workshop Facilitator**

ArtistsInspire/English Language Arts Network of Quebec

Facilitate multi-day dance workshop(s) for English and Indigenous minority schools in Quebec

**I have received over 15 000 CAD in micro-grant funding from the Government of Canada to provide workshops to students across the province of Quebec

Jan. 2018 - June 2023

Dance teacher

City of Westmount, Quebec Sports & Recreation

GROOVE for adults, youth & children

Sept. 2018- March 2020

Dance teacher

Y des Femmes (YWCA), Montreal, Quebec

GROOVE for vulnerable groups

Sept. 2017- June 2018

Dance teacher

Walkley Community Centre, Montreal, Quebec

GROOVE for families & children

Sept. 2016 - April 2017

Dance teacher

McGill University Athletics and Recreation

GROOVE for students

Oct. 2007

Deputy Returning Officer

Ontario Provincial Election

Duties: Facilitated voting process for constituents, counted votes and ballots, reported on vote total(s)

Nov. 2006

Deputy Returning Officer

Hamilton Municipal Election

Jan. 2006

Deputy Returning Officer
Canadian Federal Election

VOLUNTEER SERVICE TO COMMUNITY

Oct. 2012 - Sept. 2017

Mentor

Big Brothers Big Sisters of Montreal

Westmount Park Elementary School, FACE School

Duties: Met with protegee every week throughout the school year, assisted with homework, provided social and emotional support

Sept. 2013

Student Life Ambassador

McGill University

Duties: Advised incoming students about various topics related to university culture, offered advice about university experiences and general discussions about local culture and local communities

Sept. 2008- Aug. 2009

Volunteer

Participation House/Able Living, Hamilton, Ontario

Duties: Accompanied a resident of participation house to recreational activities, provided companionship and assisted in the performance of activities and everyday tasks

June 2008 - Sept. 2009

Volunteer

New Democratic Party of Canada, Chris Charlton M.P.

Duties: Answered phone calls from constituents, directed them to helpful websites for further information, prepared new citizenship certificates

